



Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF DIGOS CITY

OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

DIVISION MEMORANDUM
No. 050, s. 2022

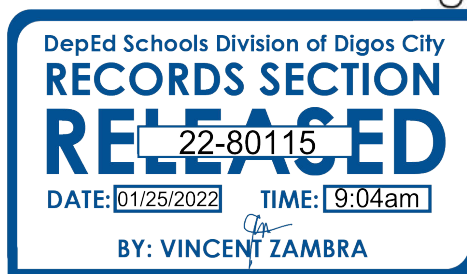
January 24, 2022

MENTAL HEALTH WEBINAR SERIES FOR TEACHERS

To: Public Schools District Supervisors
Health and Nutrition Unit
Public Elementary School Administrators
Junior and Senior High School Administrators
Elementary and Secondary School Clinic Teachers
All Others Concerned

1. This has reference to the Unnumbered Memorandum from ALLAN G. FARNAZO, Director IV, Office of the Regional Director, Department of Education, dated January 24, 2022 re. **MENTAL HEALTH WEBINAR SERIES FOR TEACHERS**, a Psychosocial and Mental Health Webinar for Teachers, organized by United Nations on Drugs and Crime (UNODC) with support from International Narcotics and Law Enforcement Affairs (INL), and US State Department.
2. In line with this, there will be a Webinar Series on January 25, 2022 (Tuesday) at 2:00 pm via online platform and will continue until March 2022.
3. This endeavor intends to mitigate the negative impact of Covid 19 in at risk communities and schools. Specifically, this series will delve into understanding how prolonged fears affect mental health and well-being, provide techniques in creating a work-life balance and equip teachers with skills to properly respond to early signs of stress and deterioration of mental health.
4. Participants are advised to register at this link: <https://docs.google.com/forms/d/1YtT53Wf6-GZmT6M1rgOarbf9SO4nZe-HJPdMnSIDzE/edit>.
5. For immediate and appropriate action.

CRISTY C. EPE
Schools Division Superintendent



Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002
(082) 553-8396 | (082) 553-8376 | (082) 553-9170 | (082) 553-8375
(082) 553-8396 | (082) 553-8376
www.depeddigocity.org | digos.city@deped.gov.ph



Republic of the Philippines
Department of Education
DAVAO REGION

Office of the Regional Director

MEMORANDUM

To : Schools Division Superintendents

Subject: MENTAL HEALTH WEBINAR SERIES FOR TEACHERS

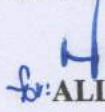
Date : January 24, 2022

Attached is a copy of the Memorandum from the Office of the Undersecretary for Field Operations dated January 17, 2022 with the subject **“Mental Health Webinar Series for Teachers”**, which endorses the invitation letter from Ms. Jo-Ann De Belen, Senior National Programme Officer, United Nations Office on Drugs and Crime (UNODC), dated January 11, 2022, regarding the Psychosocial and Mental Health Webinar for Teachers, organized by the UNODC, with support from the International Narcotics and Law Enforcement Affairs (INL), and US State Department.

This endeavor intends to mitigate the negative impact of COVID-19 in at-risk communities and schools. Specifically, this series will delve into understanding how prolonged fears affect mental health and well-being, provide techniques in creating a work-life balance, and equip teachers with skills to properly respond to early signs of stress and deterioration of mental health. The webinar series will commence on January 25, 2022 (Tuesday) at 2:00pm via online platform and will continue until March 2022.

Interested participants may register at this link:
https://docs.google.com/forms/d/1YtT53Wf6_-GZmT6M1rgOarbf9SO4nZe-HJpDmNsiDzE/edit.

Immediate and wide dissemination of this Memorandum is desired.


s: **ALLAN G. FARNAZO**
Director IV

Enclosed: As stated
ROE/smtc



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147

