



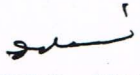

Republic of the Philippines
DEPARTMENT OF EDUCATION
REGION XI
City Schools Division of Digos
City of Digos

Office of the City Schools Division Superintendent

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MEMORANDUM No. 016, s. 2016

TO : PUBLIC SCHOOLS DISTRICT SUPERVISORS,
ELEMENTARY AND SECONDARY SCHOOLS
ADMINISTRATORS

FROM : 
DEE D. SILVA, DPA, CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge 

SUBJECT : HEALTH AND NUTRITION SECTION REMINDERS
FOR YEAR 2016

Date : January 8, 2016

Please be reminded of the following, to wit;

1. NUTRITIONAL STATUS (Year End Report)

- Submit Year End Nutritional Status Report on or before February 19, 2016 to your respective District Nurse or District Health Coordinator and February 26, 2016 to Health and Nutrition Office.

**2. COMBINED MASS DRUG ADMINISTRATION
(known as National School Deworming Day before)**

- January 27, 2016 will be the Simultaneous Combined Mass Drug Administration (Deworming Activity) from Preschool to Grade 6 pupils and Grade 7 only to Schisto Endemic Schools.
- Albendazole tablets for Non- Schistosomiasis Endemic Schools and Albendazole and Praziquantel for Schistosomiasis Endemic Schools.
- All schools must secure PARENTS CONSENT/ NOTIFICATION one week before the Deworming Activity (January 27, 2016).
- Division Health and Nutrition Section will announce the schedule of the release of deworming tablets and other activity related information.

**3. TEACHING AND NON-TEACHING PERSONNEL ANNUAL
MEDICAL CHECK-UP AND LABORATORY TEST**

- Both Teaching and Non-Teaching Personnel are advised to have the annual laboratory test starting January 11, 2016 with the following:
 1. X-ray
 2. Urinalysis
 3. FBS (required)
- other optional laboratory tests like Lipid Profile, Creatinine, Uric Acid Test etc...
- Dental Check-up is required every 3 years.
- Submit Form 86/ Health Profile and original laboratory results per school to Health and Nutrition Section Office on or before February 26, 2015

4. For information and compliance

