

Republic of the Philippines

Department of Education

Region XI SCHOOLS DIVISION OF DIGOS CITY





December 7, 2016

Division Memorandum No. <u>756</u> series 2016

TO:

District Supervisors

Secondary School Principals

Junior and Senior High Schools

OICs Secondary Annexes

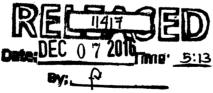
RE:

Annual Red Cross Youth Camp

- 1. Herewith are photocopied attachments of this Memorandum re: invitation from the local Red Cross to the annual Red Cross Youth Camp at Malalag Central Elem. School, Malalag, Davao del Sur on January 27-29, 2017.
- 2. Participation is voluntary and parent consent is necessary before a student/pupil can join the camp.
- 3. Please see attachments for more information.
- 4. For immediate dissemination.

DEE D. SILVA, DPA, CESO VI Schools Division Superintendent

uapEd Schools Division of Diges





Republic of the Philippines Bepartment of Education

DepEd ORDER No. **53**, s. 2015 16 NOV 2015

GRANT OF SERVICE CREDITS TO TEACHER-ADVISERS OF RED CROSS YOUTH COUNCILS (RCYC)

To: Undersecretaries
 Assistant Secretaries
 Bureau and Service Directors
 Regional Directors
 Schools Division Superintendents
 Public and Private Elementary and Secondary Schools Heads
 All Others Concerned

- 1. The Department of Education (DepEd) recognizes the Red Cross Youth (RCY) as one of the official co-curricular organizations in the schools as stipulated in DepEd Order No. 38, s. 2005 entitled Recognition of the Red Cross Youth as Official Co-Curricular Organization in the Schools. One of the major services of the Philippine National Red Cross (FNRC) is its mission to educate and empower the children and youth in the spirit of Red Cross, through constructive meetings and effective leadership, and provide opportunities for directing and harnessing their energy and idealism into worth humanitarian activities.
- 2. In this connection, DepEd encourages the organization of the RCYC in all public elementary and secondary schools with at least one teacher-adviser and 43 youth members as provided in DepEd Memorandum No. 102, s. 2011 entitled Establishment of the Red Cross Youth Council and Training of Teachers in the Different Red Cross Services. The teacher advisers are expected to participate in the different Red Cross trainings such as First Aid, Basic Life Support (or Cardiopulmonary Resuscitation) and Disaster Management.
- 3. Recognizing the efforts and support of the teacher-advisers of the RCYC, they are hereby granted service credits of not more than ten days, exclusive of the allowable 15 days for every year pursuant to DepEd Order No. 53, s. 2003 entitled *Updated Guidelines on Grant of Vacation Service Credits to Teachers* for their participation in RCYC activities provided that the activity is recognized and authorized by the schools division superintendents (SDSs).
- 4. The school heads shall submit to the SDS the request for the grant of service credits clearly indicating the RCYC activity participated in by the teacher-adviser. The discretion to determine the number of service credits that may be allowed for participation in the RCYC activity is vested with the SDS.

Immediate dissemination of and strict compliance with this Order is directed.

BR. ARMIN A. LUISTRO FSC

References:

DepEd Order: (Nos. 38, s. 2005 and 53 s. 2003)
DepEd Memoradum (No. 102, s. 2011)
To be indicated in the Perpetual Index under the following subjects:

••



PHILIPPINE RED CROSS – DAVAO DEL SUR CHAPTER Quezon Ave., Zone I, Digos City, Davao del Sur Tel. # (082) 553 - 2832 email: davao.sur@redcross.org.ph

seped Schools Division of Dia

Date: DEC 0 1 2016 me: 5 200 24

December 1, 2016

MS. DEE D. SILVA, CESO VI OIC, Office of the Schools Division Superintendent DepEd Digos City Division

Dear Ma'am Silva,

Humanitarian greetings from the RED CROSS of Davao del Sur!

We are pleased to inform you that Philippine Red Cross - Davao del Sur, Youth Department will be holding the 16th Red Cross Youth Camp on January 27-29, 2017 with the theme "Molding Young Leaders in the Spirit of Volunteerism". Venue will be at Malalag Central Elementary School, Malalag Davao del Sur.

The activity aims to provide an avenue for the youth, to develop the spirit of volunteerism, discuss and exchange ideas on relevant issues and problems affecting the community and most especially to build friendship and camaraderie among the participants.

During the significant occasion, there are wide range of activities in state of the campers, to wit; Health Advocacies, First Aid Competition, Quiz Bee Larong Pinoy Games, Search for Mr. and Ms. RCY 2017, Poster Making Contest and Pop Dance Competition.

Relative thereto, may we seek approval from your office for the said activity. Furthermore, may we request for the circulation of the activity to the different schools and grant of service credit to Teachers/Advisers.

Thank you very much for your indefatigable support to the humanitarian ideals of the Red Cross.

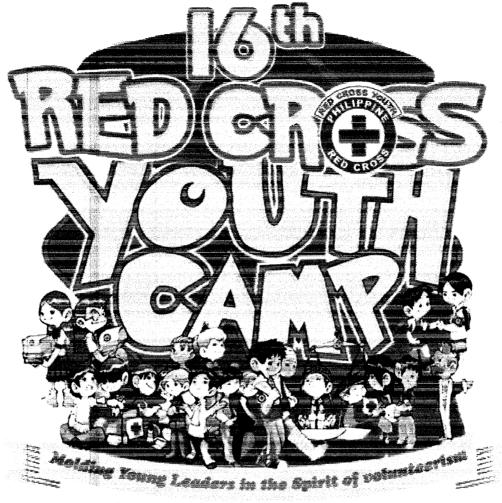
Attached herewith the Camp Guidelines and Mechanics.

Very truly your

ABERTO, RMT MPA HELEN DI

Chapter Administrator

DAVAO DEL SUR



January 27-29, 2017 @ Malalag Central Elementary School

REGISTRATION PROCEDURE:

Participants paying on/or before January 26, 2017 may avail of the early registration of only Php.500.00. On- site registration is Php. 550.00.

Registration form with the attachments and confirmation sheet should be forwarded to the Chapter on or before $\underline{J_{ANUARY}}$ 20, 2017 to facilitate early preparation.

Note: Issue check payment to <u>PHILIPPINE RED CROSS</u>. The official receipt shall be issued to the paying council during the camp or upon registration.

ARRIVAL AND DEPARTURE:

Participants must be at the camp venue on or before 6 o'clock in the morning of January 27, 2017 and shall depart at 4:00 in the afternoon of January 29, 2017.

ALLOCATION OF DELEGATES:

Each council can bring as many as they want (RCY member and Teachers) as long as they are registered with the camp and to our MAAB and with a parent consent and approval from their respective school administrators;

WHO CAN JOIN?

- Active bona fide member of the RCY Council.
- Between 10-25 years old.
- Recommended by the council adviser and approved by the principal
- With Medical Certificate.

FOOD AND ACCOMMODATION:

Accommodation will be strictly in tents. Participating councils are required to bring their own tents to accommodate their delegation. Participating council may possibly install their tents ahead of schedule. Individual participants should bring their own sleeping gears and personal needs. *Note: There will be assigned rooms in every council and can be use only for emergency evacuation only.*

Each delegation should bring their own provision of food for the whole duration of the camp.

What to bring:

- Tent/s to accommodate 30 campers or more
- Food enough for the whole duration of the camp
- Cooking utensils
- Sleeping gadgets
- Slippers, rubber shoes
- Clothing suitable for the activity
- Thick cloths, jackets and sweaters
- Toiletries
- Notebook and pen
- Emergency lamps and flashlights
- First Aid Kit
- Handy Water Jug
- Pail and wash basin
- Council Banner
- RCY Type A uniform and B uniform, if available

Note: No wearing of steeveless and short pants during formal sessions.

For inquiries please visit the Philippine Red Cross at Quezon Avenue, Digos City or call the following numbers: (082) 553-2832 or at CP# 09285013106

CONFIRMATION STUB

The _______Council ____will send ___ will not send delegates to the Red Cross Youth Camp and will participate on the following contests: (kindly check the contests your council wishes to participate).

First Aid Competition (Elem & HS)

Poster Making Contest (Elem & HS)

Pop Dance Competition (Elem & HS)

Search for MR and MS RCY 2017 (HS Only)

Quiz Bee (Written Type) (HS & Elem)

Signature over Printed Name of Adviser

Signature over Printed Name of Principal

PROGRAM OF ACTIVITIES

FITA FT	TROGRAM OF ACTIVITIES			
TIME	ACTIVITY			
0:00 11:00 13:5	DAY 1			
8:00-11:00AM	ARRIVAL AND REGISTRATION			
	DISTRIBUTION OF CAMP KITS			
10:003737	PITCHING OF TENTS			
12:00NN	LUNCH BREAK			
1:00-4:00PM	1. RULES AND CAMP GUIDELINES			
	2. ORIENTATION			
	3. BANNER HANGING BY COUNCIL			
	4. ORIENTATION OF PARTICIPANTS			
	5. Area Assignment			
4:00-6:00PM	DINNER			
6:30-10:00PM	OPENING PROGRAM			
	INTERMISSION -			
	POP DANCE COMPETITION PROPER (ELEMENTARY & HS)			
11:00PM ONWARDS	LIGHTS OFF			
DAY 2				
6:00-7:00	WAKE UP CALL			
	MORNING EXERCISE : ZUMBA			
8:00-11:00	POSTER MAKING CONTEST			
8:00-12:00	FIRST AID COMPETITION (ELEM & HS CATEGORY)			
8:00-12:00	BASIC FIRE FIGHTING LECTURE (HS & ELEM. CATEGORY)			
8:00-12:00	CLIMATE CHANGE ADAPTATION LECTURE (HS & ELEM)			
12:00	LUNCH BREAK			
1:00-4:00	CONTINUATION			
	FIRST AID COMPETITION (HS CATEGORY)			
	BASIC FIRE FIGHTING LECTURE (ELEM. CATEGORY)			
	CLIMATE CHANGE ADAPTATION LECTURE (HS & ELEM)			
5:00-6:00	DINNER			
6:00-11:00	SEARCH FOR MR & MS. RCY 2016 (HS)			
	INTERMISSION			
	-			
11:00DM Overvino	I I CHIMO OFF			
11:00PM ONWARDS	LIGHTS OFF			
	DAY 3			
7:00-8:30	EUCHARISTIC MASS CELEBRATION			
9:00-11:00	AMAZING RACE (SUB CAMP),			
0.00 22.00	LARONG PINOY			
11:00-12:00	LUNCH BREAK			
1:00-3:00	CLOSING PROGRAM AND AWARDING CEREMONY			
*-44 4-44	INTERMISSION -			
	n in analytical for the t			
HOME SWEET HO	ME ***** HOME SWEET HOME ***** HOME SWEET HOME			
· · · · · · · · · · · · · · · · · · ·				

RCY CAMP 2016 DAVAO DEL SUR CHAPTER

GUIDELINES FOR THE COMPETITIONS

GENERAL RULES AND REGULATIONS

- 1. The competitions are open to all bona fide RCY volunteers who are officially member and enrolled in the school they represent.
- 2. Duly accomplished of confirmation stub must be submitted to the PRC-Davao del Sur Chapter two (2) weeks before the competition.
- 3. Each council must have only one (1) entry in each category and participants may join at least two (2) events.
- 4. The list of names of the participants for each event must be submitted to the PRC-Davao del Sur Chapter two (2) weeks before the competition.
- 5. Coaches or trainer of the participants must come from the same school/council being represented.
- 6. In case of a tie, the panel of arbiters or board judges shall determine the best possible method of evaluating then contestants' performances.
- 7. There shall be no repeat performances from any of the contestants in any of the events except for cases of technical problems.
- 8. Any violation of the general and specific rules shall result to disqualification.
- 9. Complaints must be done in writing. No verbal complaints shall be entertained by any of the executive committee. Once the winners have been declared by the chairperson of the board of judges and/ or the emcee, it becomes final and irrevocable.
- 10. The decision of the board of judges is final and irrevocable.

SPECIFIC RULES

EVENT: FIRST AID COMPETITION (ELEMENTARY & HIGH SCHOOL CATEGORY)

CONTEST RULES AND MECHANICS:

- 1. The contestants must be a RCY member officially representing the school.
- 2. The group must have ten (10) members including the team leader.
- 3. All members should be physically and mentally fit.
- 4. All members must have passed the Basic First Aid Training Course.
- 5. There will be 4 events in which participating teams are going to complete against each other the scope of skills and application per event shall follow: Station I-BANDAGING RELAY, Station II- TRANSFER RELAY, Station III- SITUATIONAL ANALYSIS, Station IV- QUIZ BEE

MECHANICS:

- 1. All events shall be held simultaneously. Competition areas or stations will be designated. Drawing of lots will be done to determine the team's order of execution and stations.
- 2. There will be one (1) judge assigned in each event/station. The decision of the board of judges is final and irrevocable.
- 3. All materials will be provided by the Philippine Red Cross. (triangular bandages, spine board, dressing, helmet)

- 4. Participating council must bring their own gloves, mask and goggles.
- 5. Participating council must wear their respective uniforms.
- 6. No protests will be entertained. However, comments and or suggestions may be considered for the future competitions. (if necessary or possible.)
- 7. General evaluation of the game pointing out common mistakes, lapses, and giving of corresponding corrections will be scheduled prior to the closing ceremonies.
- 8. Playing members are not allowed to carry any mobile phones and or other handy communication gears like hand-held radios, during any given event/hit.
- 9. Any non-playing team members are to stay outside the designated competition area while Coaches will be given a designated area to stay.
- 10. Scoring is by point system. The team that accumulates the highest number of points in all events shall be declared winner
- 11. Cheating or any acts of foul play in any of the events shall automatically disqualify the entire team from the competition.
- 12. A whistle or any louder signal will be used to signify the start and end of each 10-minute hit.
- 13. Maximum of ten (10) minutes will be allowed for a team to perform each problem/scenario their will be a maximum of (5) minutes interval between hits.
- 14. The following are grounds for disqualification of a team from the event where they are caught:
- Misbehavior of the members (arguing, using of foul words) which causes delay to the game:
- Loud instructions of the team leaders that causes confusions or destruction of other teams;
- Coaching through any means of transmittal (signal/s of the hand or any other body parts
- 15. There are 3 loud whistles to be heard during the event.

1 ST LONG WHISTLE	START OF THE EVENT	OF GIVEN
PERFORMANCE		
2 ND SHORT WHISTLE	- WARNING. (LAST ONE MINUTE)OF	THE GIVEN
PERFORMANCE		
3 RD LONG WHISTLE	END OF THE EVENT OF	THE GIVEN
PERFORMANCE		

16. In events the following rules shall apply.

1. BANDAGING RELAY:

- The standard rule of any relay game shall be observed in this event. That is: the first player in line runs first and performs the problem given by the judge then goes back and touches the next player in line who will perform next. He/she then positions at the end of the line, and so on. The team throughout of the event shall maintain straight line in their respective places according to the sequence of their numbers.
- At the sound of the starting signal, the time of the event starts, and the team member in front of the line runs towards the judge and gets the problem and performs the necessary procedures.
- > The process goes on until the problems are performed or the 10 minutes allotted time. Numbers of team members must be maintain in sequence all the time during the event.

2. TRANSFER RELAY:

- > At the sound of the starting signal, the time of the event starts, and the team member in front of the line runs towards the judge and gets the problem and performs the necessary procedures.
- ➤ If the required procedure is a "CARRY", the player/s carry/ies the patient toward the "TURNING POINT" (center between the starting line and the working area) then go/es back to the judges (working area) to unload the patient.
- ➤ If the procedure requires two or more team members, the player signals the needed additional manpower. The teammate/s next in line must be the one to respond to the call (help).
- After performing the required procedure, the player/s run/s back to the starting line and tap the hand of the next teammate who in turn would go and performs the next required procedure. The player who has just completed the procedure will position at the end of the line.
- > The process goes on until all the problems are performed or the 10 minute allotted time for the event expires. Numbers of team members must maintain in sequence all the time at the starting line.

3. SITUATIONAL ANALYSIS:

- Each team will have 1 problem and they are given 2 minutes to discuss the problem during the 5 minutes break, then after that they will be given 10 minutes to perform first aid on their victims.
- ➤ All competing team are required to form a single line at the designated STARTING point before the event.
- The team will be graded starting from the time the given signal was started up to the complete endorsement of patient to one of the judges acting as physician. The ENDORSEMENT will be done at the designated point (between starting line and working area).
- > Time of completion of task will be is recorded once the team goes back to the starting line and the last member to arrive raises his/her hand/s.
- > Once the master timer sounds of the ten minutes signal, all team members shall go back to their respective starting lines.

4. QUIZ BEE:

➤ Will have 1 station. Each station has 40 questions to be answered within 10 minutes.

Criteria for judging:

- b. Transfer relay -------100%

 Correct sequences or procedure 25%

 Correct application and techniques 25%

 Victims' coordination- 25%

 Decision Making and team work-25%

d. Quiz bee -----100%

Important reminders:

- Points will be deducted as follows:
 - ABC compromised
 - Designated numbers of the team members
 Not maintained in sequence at the starting line

For Bandaging only

- > No dressing/s
- Knot used is not a square knot
- Ends not tucked
- Too loose or too tight
- Not the correct technique but the purpose of the bandaging is met
- Bandaging is applied on the wrong side (for example wound on the right arm is indicated but the bandage is applied on the left)

EVENT: **POP DANCE COMPETITION** (ELEMENTARY AND HIGH SCHOOL CATEGORY)

CONTEST RULES AND MECHANICS:

- 1. The contestants must be a RCY member officially representing the council (school).
- 2. The group must have eight (8) as the minimum and fifteen (15) as the maximum number of participants in the category.
- 3. The group can dance any pop song/remix of their choice.
- 4. At least two copies of the tape/cd/flash drive of the music to be used during the performance must be submitted to the program committee on the first day of the camp during registration.
- 5. Participants are given a minimum of two (2) and a maximum of four (4) minutes for their presentation. The time allotment includes entrance and exit. There will be a one (1) point deduction from the average points for every one (1) minute overtime or under time.
- 6. Hazardous stunts are highly discouraged.
- 7. Props may be used, but not necessary.
- 8. Props should be limited to those that are used during the dance performance and should be carried by the dancers.
- 9. Stage blocking must be done one (1) hour prior to the start of the competition.
- 10. All contestants must be at the venue one (1) hour before the contest proper.
- 11. In case of a tie, the board of judges shall convene and break the tie through point system.
- 12. The chairperson of the board of judges or emcee shall proclaim or announce the winner.
- 13. The decision of the Board of Judges is final and irrevocable.

CRITERIA FOR JUDGING:

PERF	ORMANCE	50%
•	Mastery	20%
•	Synchronization/Coordination	10%
•	Stage Projection	10%
•	Entertainment value/crowd appeal	10%
CHOR	REOGRAPHY	30%

. •	Difficulty of Dance Steps	.10%
•	Dance sequence	10%
•	Floor Pattern.	.10%
MUSI	C & THEME	10 %
•	Musicality	5%
•	Timing and moves related to the music	5 %
DEPO	RTMENT	10%
•	Discipline during and after the performan	nce

EVENT: POSTER MAKING CONTEST (ELEMENTARY AND HIGH SCHOOL CATEGORY)

CONTEST RULES AND MECHANICS:

- 1. The contestant must be a RCY member officially representing the Council (school).
- 2. The participant will be provided with ¼ illustration board.
- 3. The participant will bring their own coloring materials and all coloring medium are acceptable.
- 4. The poster must be based on the theme: "MOLDING YOUNG LEADERS IN THE SPIRIT OF VOLUNTEERISM"
- 5. The poster making will be done strictly in a span of three (3) hours.
- 6. All contestants must be at the venue one hour before the contest proper.
- 7. In case of a tie, the board of judges shall convene and break the tie through point system.
- 8. The chairperson of the board of judges or emcee shall proclaim or announce the winner.
- 9. The decision of the Board of Judges is final and irrevocable.

CRITERIA FOR JUDGING:

RELEVANCE TO THE THEME	40%
ORIGINALITY	35%
IMPACT-	
(NEATNESS, PRESENTATION AND COLOR HA	ARMONY)25%

EVENT: SEARCH FOR MR. & MS. RCY 2017 CONTEST RULES AND MECHANICS:

EVENT: SEARCH FOR MR. & MRS. RCY 2016

- 1. The contestants must be a RCY member officially representing the council (school).
- 2. The candidate must be a high school level.
- 3. Must be proficient in English and Filipino. Candidates may wear minimal make-up during the competition.
- 4. Candidates are allowed to have two (1) personal assistant (RCY Adviser) during the competition.
- 5. Candidate's personal assistant must be a bona fide member of the council (school).
- 6. Must provide his/her Creative Attire (using recyclable materials), denim wear and camp Shirt, type A RCY uniform and appropriate outfit for talent portion.
- 7. The denim wear and Camp shirt will be worn during the introduction of the contestant and production number. Candidate will present themselves and the council being represented. They are rated according to their design and fitting (50%) & Poise and bearing (50%).
- 8. For the talent competition, talent presentation shall not exceed three (3) minutes excluding entrance and exit. Usage of fire and big props on stage is prohibited. Skill talents rendition is encouraged but must not endanger the candidate. It should be solo performance. Uses of back-up performers are allowed. They are to be rated according to

I

- their Mastery & Execution (70%), Gracefulness and certainly during performance (20 %) and Audience Appeal (10%).
- 9. All candidates must submit their least two (2) copies of the tape/cd/flash drive of the music to be used during the performance one (1) hour before the program proper of the talent competition.
- 10. In the creative attire competition all candidates will be in their creative attire using recyclable materials. They will be rated according to its creative design (40%), Poise and bearing (30%) & innovativeness and creativity (30%).
- 11. In the RCY uniform competition all candidates must wear the official type A uniform of the Red Cross Youth (see attached design). They will be rated according to poise and bearing (50%), beauty of face and body (50%).
- 12. In the Question and Answer competition all candidates are given three (3) minutes to answer the question given by the judge whom they picked. They will be rated according to Wit (60%) & Ease and confident (40%).
- 13. The top five candidates will be chosen according to these criteria: Talent (20%), Creative Attire (20%), Denim wear & camp shirt (20%), RCY uniform (20%) & Question and Answer (20%).
- 14. The top five (5) candidates will be declared as Mr. & Ms. RCY 2016, 1st Runner Up, 2nd Runner Up, 3rd runner Up and 4th Runner Up.
- 15. The Minor Awards are Mr. & Ms. Congeniality, Best in Talent, Best in Denim Wear & Camp Shirt and Best in RCY Uniform.
- 16. The Major Awards are Mr. & Ms. Red Cross Youth 2016, 1st Runner Up and 2nd Runner Up, 3rd runner Up and 4th Runner Up.
- 17. All contestants must be at the venue one (1) hour before the contest proper. Late entries will be disqualified from the competition.
- 18. In case of a tie, the board of judges shall convene and break the tie through point system.
- 10. The chairperson of the board of judges or emcee shall proclaim or announce the winner.
- 11. The decision of the Board of Judges is final and irrevocable.

EVENT: QUIZ BEE (HI & ELEM.)

CONTEST RULES AND MECHANICS:

- 1. All contestants will answer the same set of question in writing.
- 2. Questions will be given through test paper. The question is composed of either English or Tagalog.
- 3. The allotted time for the each round in only 15 minutes only. After 15 minutes, the quiz master will be announcing the time ends.
- 4. There are four (4) rounds in each competition namely:
- Easy, Average, Difficult and Clincher. The Clincher round takes place only if there is a tie.
- 7. Points are assigned for each question answered correctly:
 - Easy question 1 point
 - Average question 2 points
 - Difficult question 3 points
 - Clincher question 5 points
- 8. In the Easy Round, ten (10) questions will be asked; in the Average Round ten (10) questions; in the Difficult Round, ten (10) questions, and in the Clincher Round, three (3) questions.
- 8.1: Contestant/Participants which have 7 points above will proceed to the Average Round. Each round score will revert back to zero.
- 8.2: Contestant/Participants which have 14 points above will proceed to the Difficult Round. Each round score will revert back to zero.
- 8.3: Contestant/Participants which have the highest will be declared as the winner.
- 9. The contestant who gets the highest number of points is automatically declared the Champion.
- 10. Should there be a tie among the contestants getting the highest score or second (2nd) highest score, the contest continues to the Clincher Round to determine the Champion.
- 11. The total number of points of tied contestants will revert back to zero(0). (When proceeding to next rounds).

- 12. In the Clincher Round, as many questions may be asked. Each question is assigned five (5) points. The contestant who first (1st)gets fifteen (15) points is declared the Winner.
- 13. Should another tie occur after the third (3rd) Clincher question, one (1) more question will be asked to break the tie and so on until a Winner is declared.
- 14. Complains are open for all participants. However complains are only entertained if and only if the participants will file a complaint letter and should pay 2,000.00Php before the panel will entertain the said complain.

(PINOY GAMES)

GENERAL GUIDELINES:

- □ A team is composed of players from sub-camp or council.
- □ Schedule and venue of games are posted at the Manila papers. Teams that lack members after 3rd call will lose by default.
- Decisions are final. All complaints should be forwarded to the chairperson of the sports committee.
- Teams are given fifteen (15) minutes to lodge a complaint after the game, after which the marshals' decision will be carried out.
- □ The PROTEST COMMITTEE will deliberate on the complaint filed. It shall made up of the Chairperson of the Sports Committee, the officiating marshal, Camp Coordinator and the Camp Director.

TUG-OF-WAR

- □ Each team is composed of 15 members (5 males & 10 females)
- □ Knockout system shall be implemented.
- □ No member of the team is allowed to wear gloves or anything to cover the hands.
- □ No substitution is allowed during the entire game.
- The anchor or the person at the end of the rope may tie the cord to his waist.
- □ The team who pulls the opponent's flag across the marker into their playing area will be declared the winner.
- This event has a twist

MARIA AND MARIO WENT OT TOWN

- □ Each team should have 15 mixed participants (boys and girls).
- □ All participants should wear the provided attire including props.
- ☐ This event has a twist

SACK RACE

- □ Each team should be composed of (15) members.
- □ All (15) players will step into the sacks provided.
- ☐ The teams should cross back and forth a ten (10) meters track.
- ☐ The team who return to the starting line first will be declared winner.
- □ This event has a twist

AFTER SHOCK

□ Compose of 20 Participants / sub-camp