



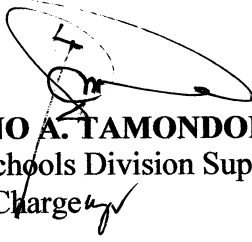
Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
REGION XI  
**City Schools Division of Digos City**  
City of Digos

Office of the City Schools Division Superintendent

Tel. No. (082) 553-8375; 553-8376; 553-8396  
Fax No. (082) 553-8396

**MEMORANDUM No. 308 s. 2017**


**TO :** ALL DIVISION OFFICE PERSONNEL

**FROM :** **FELICIANO A. TAMONDONG, Ed.D., CESO VI**  
Assistant Schools Division Superintendent  
Officer-In-Charge 

**SUBJECT :** ANNUAL MEDICAL AND LABORATORY CHECK-UP

**DATE :** May 8, 2017

1. In the interest of Health and Wellness of all Office Personnel of this Division, let it be informed that there will be a schedule of medical/laboratory test/s between May 10 to May 31, 2017 at the Medical Center of Digos Cooperative (MCDC). The fees are chargeable against Division MOOE, subject to the usual accounting and auditing rules and regulations.
2. The following are the laboratory tests:
  - a. Chest X-ray
  - b. Urinalysis
  - c. FBS (Fasting Blood Sugar)
  - d. SGPT (Serum Glutamic Pyruvic Transaminase) – for Liver
  - e. Lipid Profile (Cholesterol determinant)
  - f. Ultrasound of the whole abdomen
  - g. SUA (Serum Uric Acid)
3. Attached herewith are the list of Division Office Personnel with the laboratory tests.

City Schools Division of Digos  
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Date: 12 MAY 2017 Time: 2:28  
By: 

4. NPO (Nothing Per Orem) laboratory tests:

- Lipid Profile - 10 hours
- FBS (Fasting Blood Sugar) - 6 - 8 hours
- Ultrasound of the Abdomen - 10 hours

5. Personnel who are willing to ADD laboratory test/s will pay directly to the cashier.

6. Stubs with indicated laboratory tests will be given to each personnel for easy facilitation.

7. Provide 2-3 copies of Travel Order for Daily Time Record attachment and other purpose/s that it may serve.

8. For information and compliance.

**DEPARTMENT OF EDUCATION  
CITY SCHOOLS DIVISION OF DIGOS**

**Laboratory Tests of Division Office Personnel**

1. Dee D. Silva	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
2. Beverly S. Daugdaug	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
3. Luzminda Jasmin	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
4. Ronilyn P. Nieves	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
5. Joan M. Niones	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
6. Sollie B. Oliver	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
7. Mary Glor D. Tabanao-	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
8. Helen Casimiro	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
9. Imelda T. Cardines	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
10. Valeriano Y. Delos Reyes -	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
11. Zenaida G. Guya	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
12. Ida Juezan	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
13. Cherry Rossette E. Oliva -	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
14. Ferna Renira Alde	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
15. Eppie Grace E. Presto -	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
16. Rosalinda Adlaon	-	Urinalysis, FBS, Ultrasound of the whole abdomen
17. Patriotiso Penas	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
18. Analiza Almazan	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
19. Francis Jude Alcomendras-	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
20. Aleli M. Chiong	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
21. Alnie Fe Ymalay	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
22. Ethel Calva	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
23. Guy R. Mara-asin	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
24. Vincent S. Zambra	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
25. Evangeline A. Hernan -	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
26. Anamerthyl Regala	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
27. Xavier Fuentes	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
28. Airon Alejandro	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
29. Ronald B. Dedace	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
30. Maria C. Jadloc	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
31. Daissy Jane P. Sanoy	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
32. Ysrael L. Miro	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
33. Hazel Marie Escabillas-	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
34. Albert S. Espino	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
35. Israel Maravilles	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
36. Felzev Lloyd Sayson	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
37. Julie Ann Posadas	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
38. Stephen Pascual	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
39. Peter Jason Senarillos-	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
40. Liberty Sosas	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
41. Juvy Comaingking	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
42. Arlene P. Barba	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
43. Rofelia De Mesa	-	Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen
44. Myleen C. Robinos	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA
45. Rosario B. Diamante	-	Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA

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|-----------------------------|---|---|
| 46. James Ortiz             | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 47. Noryliza A. Misal       | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 48. Mary Sol Rosalita       | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 49. Bonafe Catherine Burgos | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 50. Danilo M. Ebol, Jr.     | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 51. Jake Lloyd Vencio       | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 52. Genie Pius              | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 53. Heidi B. Escalona       | - | Urinalysis, FBS, Ultrasound of the Pelvis                 |
| 54. Reyzen O. Monserate     | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 55. Neptune L. Tambilawan   | - | Urinalysis, FBS, Ultrasound of the whole abdomen          |
| 56. Helen T. Payapaya       | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 57. Merlyn E. Obenza        | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 58. Evangeline B. Marata    | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 59. Myrrha Faye Ll. Bontia  | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 60. Helena O. Solon         | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 61. Vicente C. Laburada     | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 62. Elmer Ardiente          | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 63. Antonia Ponce           | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 64. Elvie Timon             | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 65. Marcelino Ranollo       | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |
| 66. Renante Pantonial       | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 67. Waben Dimsoy            | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 68. Recardo Vendiola        | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 69. Masaripe Onggo          | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 70. Romeo Jairal            | - | Chest X-ray, Urinalysis, FBS, Lipid Profile, SGPT, SUA    |
| 71. Helen Franconas         | - | Chest X-ray, Urinalysis, FBS, Ultrasound of whole abdomen |

Prepared By:

  
**HAZEL MARIE L. ESCABILLAS, R.N**  
 Health and Nutrition Unit -Head

Noted By:

**FELICIANO A. TAMONDONG, Ed.D., CESO VI**  
 Assistant Schools Division Superintendent  
 Officer-In-Charge