



Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF DIGOS CITY
Digos City
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November 23, 2017

DIVISION MEMORANDUM

No. 976 s. of 2017

2017 DIVISION DANCESPORTS COMPETITION

**To : Public Schools District Supervisors
Elementary/Secondary School Principals (Private and Public)**

1. In connection with the coming 2018 Davao Regional Athletic Association (DAVRAA) Meet, Dancesports is one of the Demosports to be contested.
2. In view of this, this division will conduct a Division Dancesport Competition to Elementary and Secondary Students on **December 7, 2017 at 2:00 pm to be held at Digos City National High School Covered Court.**
3. Participants to this activity must be at least **one (1) pair for LATIN (Rhumba, Cha-cha, Jive, Pasodoble & Samba) and one (1) pair for the STANDARD (Waltz, Quickstep and Tango),** and submit documents needed for the screening on December 4, 2017 at the Conference Hall, Division Office at 1:00 pm.
4. Please see attached Palaro Dancesports Guidelines for your reference.
5. Interested participants are encouraged to attend the Pre- Training Dance- Workshop on November 30 and December 1, 2017 to be held at DICNHS Covered Court.
6. Travel and incidental expenses of the participants shall be charged to local funds subject to the usual accounting and auditing rules and regulations.
7. Immediate dissemination of this Memorandum is desired.

WINNIE E. BATOON, Ed.D.
Officer In-Charge

Office of the Schools Division Superintendent

DepEd Schools Division Office

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By:

To be indicated in the Perpetual Index under the following subjects:

SUBJECT-
SPORTS

presto: memorandum title
11/23/2017

**Dance Sport
PALARONG PAMBANSA 2017**

- I. The World DanceSport Federation (WDSF) rules shall govern the competitions except for the amendments introduced and approved in this Special Guidelines and Ground rules for the School Based DancesSport.
- II. DanceSport Council of the Philippines Professional Division (DSCPI-PD) technical rules and regulations will apply and be implemented to the Syllabus, Coaches, Trainings and Adjudicators.
- III. Technical Committee
 - A. Tournament Director 1
 - B. Committee 2
 - C. Adjudicator 5 or 7
 - D. Scrutineer 2
 - E. Barkers and Martials 10
 - F. Dancesport Disc Jockey 1
- IV. Adjudicators
 - A. DSCPI Licensed National Adjudicators A and B (Regional & National)
 - B. DSCPI Licensed School Based DanceSport Teachers (Division Meet)
- V. Scrutinising
 - A. DSCPI-PD Licensed Scrutineers
- VI. Technique books
 - A. Technique of Latin Dancing by Walter Laird (IDTA)
 - B. Technique of Latin Dancing - SUPPLEMENT by Walter Laird (IDTA - first edition 1997)
 - C. The revised Technique of Latin American Dancing (ISTD)
 - D. The revised Technique by Alex Moore
 - E. The Ballroom Technique by the Imperial Society (ISTD)
 - F. Technique of Ballroom Dancing by Guy Howard (IDTA)
- VII. Competition age group, disciplines, categories and dances.

Age Group	Discipline	Category	Dances
Juvenile	Standard	Waltz Syllabus	Waltz
Juvenile	Standard	Tango Syllabus	Tango

Juvenile	Standard	Quickstep Syllabus	Quickstep
Juvenile	Standard	D	Waltz/Tango
Juvenile	Standard	C	Waltz/Tango/Quickstep
Juvenile	Standard	A	W/T/VW/SF/Q
Junior	Standard	Waltz	Waltz
Junior	Standard	Tango	Tango
Junior	Standard	Quickstep	Quickstep
Junior	Standard	D	Waltz/Tango
Junior	Standard	C	Waltz/Tango/Quickstep
Junior	Standard	A	W/T/VW/SF/Q
Juvenile	Latin	ChaChaCha Syllabus	ChaChaCha
Juvenile	Latin	Samba Syllabus	Samba
Juvenile	Latin	Jive Syllabus	Jive
Juvenile	Latin	D	ChaChaCha/Jive
Juvenile	Latin	C	Samba/ChaChaCha/Jive
Juvenile	Latin	A	S/C/R/PD/J
Junior	Latin	ChaChaCha	ChaChaCha
Junior	Latin	Samba	Samba
Junior	Latin	Jive	Jive
Junior	Latin	D	ChaChaCha/Jive
Junior	Latin	C	ChaChaCha/Rumba/Jive
Junior	Latin	A	S/C/R/PD/Jive

- VIII. Definition of a couple:**
A couple consists of a male and a female

IX. Partner

Attachment to more than one partner in a given age division and dance style at the same time is not permitted.

X. Age Requirements

- A. Juvenile (Born 2003 or Later)
- B. Junior (Born 2009 to 2002)

XI. Music

A. Time allowed and tempi

In all rounds of competitions the music played shall be a minimum of one and a half minutes duration and a maximum of two minutes. In the Paso Double the music shall be played at least up to the second highlight and at maximum to the 3rd highlight, provided always that the Chairman may extend the maximum duration for any dance or dances if in his or her opinion a longer duration is necessary for fair adjudication of that dance or those dances in an event.

B. The tempi for each dance shall be:

Waltz 28 - 30 bars/min Samba 50 - 52 bars/min
Tango 31 - 33 bars/min Cha-Cha-Cha 30 - 32 bars/min
Viennese Waltz 58 - 60 bars/min Rumba 25 - 27 bars/min
Slow Foxtrot 28 - 30 bars/min Paso Doble 60 - 62 bars/min
Quickstep 50 - 52 bars/min Jive 42 - 44 bars/min

C. Type of music

In all WDSF competitions the music must have the character of the dance being performed, for example no disco music may be played for Latin-American dances.

D. Dance order

The sequence of the dances Competition is compulsory except with the prior written approval of the DSCPI-PD.

XII. Choreography and Syllabus

A. Subject to these Rules, all choreographies in all ten dances in all DSCPI registered competitions are open choreographies.

B. There is a uniform restricted syllabus for all Juvenile age groups, which is prepared and amended from time to time by

the Technical Committee of the Dancesport Council of the Philippines Professional Division and approved by the DSCPI-PD Presidium.

XIII. Lifts

- A. Lifts are not permitted in either category.**
- B. A lift is any movement during which one member of a couple has both feet off the floor at the same time with the assistance of the other partner.**
- C. The Chairman of the Adjudicator may disqualify couples who perform lifts during competition.**

XIV. Marking

- A. Closed marking shall be used in the finals of competitions. Open marking is not permitted the Competitions except to display couples' places in each dance, and is not permitted to display the individual placing of each couple by each Adjudicator of the dances, however the organizer may seek permission from the Chairman to use the Open Marking System.**
- B. The Skating System shall be used.**

XV. Selection of Heats: Semi-Finals and Finals

- A. Competitions shall comprise at least a first round, semi-final and final.**
- B. Starting with the first round, the selection of all heats shall be random.**
- C. The semi-final must always be danced in two heats.**
- D. The semi-final of any competition must be danced in two heats on a floor with an area of less than 250 square meters.**
- E. The re-dance system shall apply from the first round. Two qualifying rounds shall be held to allow all couples the opportunity to dance twice. Chairman shall decide the number of couples to be recalled from both qualifying rounds.**
- F. At least 50 % of the participating couples shall be recalled to the next round (excluding the Final).**
- G. In Finals Adjudicators shall place couples. "1" is the best place marking. The same placing must not be given to more than one couple.**
- H. No more than 6 couples should participate in the final, but if more than 6 couples qualify, the Chairman will decide on the number of participants.**

XVI. Health and Welfare of the Athletes

- A. There must be a break of at least 20 minutes between the rounds of the competition.**

- B. All Finals and prize presentations for Juvenile athletes must be concluded before 21:00 (9:00P.M.)
- C. All Finals and prize presentations for Junior athletes must be concluded before 23:00 (10:00P.M.)

XVII. Competition Dress

- A. In all competitions granted under these Rules, competitors shall dress or costume according to the WDSF Dress Regulations, which form a part of these Rules.
- B. Each athlete may change costume up to three (3) times in all of the rounds of any competition, provided always that no change of dress, or additional use of accessories or colors, is permitted during any round of a competition.
- C. The Chairman of the adjudicators may disqualify any couple at a competition when either partner is not dressed or costumed according to these Rules, and in addition to its other powers under the WDSF Statutes the Presidium may suspend from competitions for limited period of time any competitor who breaches this Rule.

XVIII. Awarding of Winners

1st Place	Gold Medal & Certificate
2nd Place	Silver Medal & Certificate
3rd Place	Bronze Medal & Certificate
4th Place	Certificate
5th Place	Certificate
6th Place	Certificate

XIX. INTERPRETATION OF RULES AND MATTERS NOT PROVIDED FOR

The Tournament Director holds the final decisions regarding all matters and rules in consultation with the DSCPI-PD Presidium on interpretation of rules and all matters not provided for.

XX. Training Arm

The Ace Development Dancesport Academy is the authorized training organizer of the Dancesport Council of the Philippines Professional Division for school-based dancesport training program implementations. Interested Regions, Cities and Provinces for training development of dancesport athletes, coaches and school teachers may request.

XXI. Dancesport National Training Program

- 1. Annual Provincial Dancesport Clinics.
- 2. Dance Camps

3. **School Based DanceSport Teachers Course**
4. **DanceSport Teachers Licensing Courses.**
5. **Adjudicators Courses (School Based, National, International)**
6. **Scrutiny Training and Licensing**
7. **Dance Congresses (coaching and training short courses)**

XXII. Licensing Body

DanceSport Council of the Philippines Professional Division DSCPI-PD

General Guidelines:

1. If colored, only one color. No combinations. Skin tones not allowed
2. No decoration in clothing, body or hair.

		MALE		FEMALE
1	SHIRTS	Plain white, long sleeved, tucked in		White leotard or one color leotard
2	SLEEVES	Long only		Short or 3/4 th or long sleeves
3	TOP & SKIRT		If the top is white, use only black skirt. If the top is colored, attach same color for skirt; same color panties. Skin color is not allowed for top or skirt.	
4	PANTS	Plain Black only	Underpants: Same color as skirt; covering fully the buttock. Skin color not allowed.	
5	COLLAR	Correct shirt collar to wear with tie or bow tie Other design: not allowed		Turtle neck, closed round, closed small square. Closed
6	TIE	Wear Black only tie or bow tie		none
7	VEST	Not allowed		none
8	MATERIAL & DRESS STYLE	Plain, no design; no materials that are shiny or catch light	Plain, no design; no materials that are shiny or catch light. Skirt must not be shorter than 3 1/4 inches or 10 cm above knee. Skirt must not be longer than below knee cap. Skirt must have no boning or frilling. No bigger underskirts.	
9	ACCESSORIES	None		None
10	HAIR STYLE	If hair is long, collect into a ponytail.		Long hair has to be collected in a ponytail, bun, or braids. No colored hairspray.
11	HAIR DECOR	None		None.
12	JEWELRY	None		None
13	MAKE UP	None		None
14	SOCKS	Wear black socks only		White or one color short socks only. Tights only skin tone. No mesh
15	SHOE COLOR	Black only		Tan, beige, or one color.
16	SHOE HEELS	Block style Height maximum is 1 inch or 2.5cm		Block or pump or Cuban style Maximum height is 1 1/2 inches or 3.5 cm

Dress Regulation Juvenile

General Guidelines:

1. No skin tones.
2. No shiny effects.
3. No 2 piece in costume
4. Dress age appropriately

		MALE	FEMALE
1	SHIRTS	Plain white or black long sleeved, tucked in	White leotard or one color leotard
2	SLEEVES	Long only	Short or 3/4 th or long sleeves
3	TOP & SKIRT		If the top is white, use only black skirt. If the top is colored, attach same color for skirt; same color panties. Skin color is not allowed for top or skirt.
4	PANTS	Plain black only	Underpants: Same color as skirt; covering fully the buttock. Skin color not allowed.
5	COLLAR	Simple, not oversized or pointed. Turtle neck without tie allowed.	Turtle neck, closed round, closed small square.
6	TIE	Wear Black only tie or bow tie	none
7	VEST	Black vest allowed but not a must.	none
8	MATERIAL & DRESS STYLE	Plain, no design; no materials that are shiny or catch light	Plain Colored allowed, including MIX of colors. No skin tone. No shiny or light effect. Two piece dresses not allowed. No bikini style.
9	DRESS ACCESSORIES	None	Same or mix color allowed but no light effect or no shiny materials
10	HAIR STYLE	If hair is long, collect in a ponytail.	Long hair has to be collected in a ponytail, bun, or braids. No colored hairspray.
11	HAIR DECORATION	None	Allowed only those with no light effects.
12	JEWELRY	None	Allowed only those with no light effects.
13	MAKE UP	None	None
14	SOCKS	Wear black socks only	Allowed are short socks & tights of skin color. No shiny, no light effects.
15	SHOE COLOR	Black only	Any colors, or any color
16	SHOE HEELS		Maximum height is 2 inches or 5 cm