SAN MG EDUK PO

Republic of the Philippines

Department of Education

Region XI





Digos City

DIVISION MEMORANDUM

January 9, 2018

No. 031-D, s. 2018

HEALTH AND NUTRITION REMINDERS AND ACTIVITIES

To: Public Schools District Supervisors
Elementary and Secondary School Administrators
Senior High School Administrator
Division and District Health and Nutrition Personnel
Senior High School Nurses
Secondary Nurse

Please be reminded of the following, to wit:

1. NUTRITIONAL STATUS (Year End Report)

 Submission of report using the NEW Nutritional Assessment tool will be on or before February 16, 2018 to your respective District Nurse and February 27, 2018 to Health and Nutrition Office.

2. SECOND ROUND DEWORMING

- The simultaneous 2nd round deworming will be on January 17, 2018 from Preschool to Grade 6 pupils, Secondary and Senior High School using Albendazole tablets.
- All schools must secure *parents' consent* prior to the Deworming Activity (January 17, 2018).
- Prepare the checklist/ form 1.
- All pupils and students must be in *full stomach* before the administration of deworming tablet.
- The activity routine must be followed, to wit: 1. handwashing 2. feeding 3. administration of drugs and 3. toothbrushing.
- Releasing of deworming tablets will start on Friday at Division Health and Nutrition Office.

3. SCHISTOSOMIASIS MASS DRUG ADMINISTRATION

- The Mass Drug Administration of Schistosomiasis Endemic Schools will be on January 31, 2018.
- The following endemic schools, to wit: Colorado ES, R. Saplala ES, Matti NHS, Igpit ES, Igpit NHS-Annex and Bagumbuhay ES.
- The above-mentioned schools are advised to prepare master list with respective *present weight* of the pupils/ students.
- Secure parents' consent one week before the administration. The City Health
 Office will provide the consent through the Division Health and Nutrition Office.
- All pupils/ students must be in full stomach.
- Prepare holding area may it be the clinic, H.E. or classroom for any adverse effects.
- There will be a stand-by Nurse or BHW in every school.

Encls: References:

To be indicated in the <u>Perpetual Index</u> under the following subjects: Health and Nutrition

4. TEACHING AND NON-TEACHING PERSONNEL ANNUAL MEDICAL CHECK-UP AND LABORATORY TEST

- Both Teaching and Non-Teaching Personnel are advised to start the required annual laboratory tests, to wit:
 - 1. X-ray

 - Urinalysis
 Fasting Blood Sugar (FBS)
- Schedule of Dental Check-up per school will be posted.
- Please be informed that our Medical Officer has rendered her last day of service last Dec. 31, 2017. As of this time we don't have a medical doctor to sign the Form 86.
- Submit Form 86/ Health Profile and original laboratory results per school to Health and Nutrition Section Office on or before February 26, 2018.
- 4. For information and compliance.

FOR AND IN THE ABSENCE OF:

WINNIE E. BATOON, Ed.,D. Officer in Charge Office of the Schools Division Superintendent

> Dep Cafrin AELANIE PLESTACIO, Ph.D.

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