### Republic of the Philippines

### Department of Education

Region XI

### SCHOOLS DIVISION OF DIGOS CITY





**DIVISION MEMORANDUM** No. 045 s. 2019

January 21, 2020

### CONDUCT OF VARIOUS ACTIVITIES FOR OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OK SA DepED)

To:

CID AND SGOD Chiefs

Public Schools Districts Supervisors

Elementary, Secondary and Senior High School Administrators

Health and Nutrition Unit Personnel

All Others Concerned

- 1. Pursuant to Department of Education (DepED) Order No. 28, s 2018 titled "Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepED), " all public schools nationwide are encourage to observe the OK sa DepED One Health Week on January 20-24, 2020 focusing on Health and Nutrition Education.
- 2. The One Health Week shall roll out a set of health activities featuring, but not limited to the six major DepED school health programs:
  - a. School-Based Feeding Program (SBFP);
  - b. National Drug Education Program (NDEP);
  - c. Adolescent Reproductive Health (ARH) Program;
  - d. Water, Sanitation and Hygiene (WASH) in School (WinS) Program,
  - e. Medical, Nursing and Dental Services, and
  - f. School mental Health Program
- 3. Attached is the guide for the conduct of One Health week;
- 4. During the One Health Week, all Schools Division Offices, elementary and secondary schools are enjoined to undertake the following suggested activities, among others:
  - a. Orientation of parents, communities, partners, and other stakeholders;
  - b. Exhibits/fora on health and nutrition education, maintaining healthy lifestyle, good grooming and personal hygiene, NDEP, ARH, school mental health, and comprehensive tobacco control;
  - c. Film showing on health and nutrition-related issues;
  - d. Physical activities/exercises to promote healthy lifestyle; and
  - e. Posting/distribution of IEC materials such as leaflets, posters, advisories, etc,
- 5. All schools are reminded of existing policies governing partnerships, including the prohibition on institutional endorsements of products and services per DepED Order No. 39, s 2009, guidelines on engaging with companies that manufactures carbonated beverages per DepED Order No. 13, s 2017, prohibition on unnecessary, interaction with the tobacco industry and its front NGOs per DepeD Order No. 48, s. 1986, and prohibition on partnership with milk companies Executive Order No. 51 s. 1986
- 6. School Health and Nutrition Unit of the Schools Division Office will lead on the conduct of One Health Week in all Schools.

Encls:

memo HNS

References:

To be indicated in the Perpetual Index under the following subjects:

Memo Governance Health JAA CONDUCT OF VARIOUS ACTIVITIES FOR OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OK sa DepED)

1/20/20

### Republic of the Philippines

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Digos City



- 7. For reporting purposes, the schools shall ensure the documentation of the activities conducted during the One Health week, following the data requirements of the OK sa DepED Form A and B attached to DO 28 s. 2018.
- 8. Attached are the forms to be filled up and to be submitted on or before January 31, 2020.
- 9. Immediate and wide Dissemination of this Memorandum is desired.

FOR AND IN THE ABSENCE OF:

CRISTY C. EPE, CESE Schools Division Superintendent A

CepEd Schools Division of Digos City

RECORES SECTION

TIME: 353PM

36089

Encls:

memo

References: HNS

To be indicated in the Perpetual Index under the following subjects:



### Republic of the Philippines DEPARTMENT OF EDUCATION **REGION XI**

Davao City



Email: region11@deped.gov.ph Website: www.depedroxi.ph

Address: F. Torres St., Davao City (8000) Contact Telefax Numbers: (082) 291-1665/(082) 221-6147

### URGENT

### **MEMORANDUM**

To

Schools Division Superintendents

Subject:

CONDUCT OF VARIOUS ACTIVITIES FOR OPLAN KALUSUGAN SA DEPARTMENT

OF EDUCATION (OK Sa DepEd)

Date :

January 20, 2020

Pursuant to Department of Education (DepEd) Order No. 28, s. 2018 titled "Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)," all public schools nationwide are encouraged to observe the OK sa DepEd One Health Week on January 20 - 24, 2020 focusing on Health and Nutrition Education.

The One Health Week shall roll out a set of health activities featuring, but not limited to, the six major DepEd school health programs:

- a. School-Based Feeding Program (SBFP);
- b. National Drug Education Program (NDEP):
- c. Adolescent Reproductive Health (ARH) Program;
- d. Water, Sanitation and Hygiene (WASH) in Schools (WinS) Program;
- e. Medical, Nursing and Dental Services; and
- f. School Mental Health Program.

During the One Health Week, all Schools Division Offices, elementary and secondary schools are enjoined to undertake the following suggested activities, among others:

- a. Orientation of parents, communities, partners, and other stakeholders;
- b. Exhibits/fora on health and nutrition education, maintaining healthy lifestyle, good grooming and personal hygiene, NDEP, ARH, school mental health, and comprehensive tobacco control;
- c. Film showing on health and nutrition-related issues;
- d. Physical activities/exercises to promote healthy lifestyle; and
- e. Posting/Distribution of IEC materials such as leaflets, posters, advisories, etc.

Empowerment Adaptability Goal-oriented Leadership

: 2.0

: ROXI-114



Excellence



### SCHOOLS DIVISION OF DIGOS CITY Republic of the Philippines **HEALTH AND NUTRITION** Department of Education Region XI



## DIVISION ACTION PLAN ON VARIOUS PROGRAMS ON OPLAN KALUSUGAN IMPLEMENTATION January 20 - 24, 2019

has been done	TEV	July 24, 2020	Personnel	schools
Monitoring to remaining schools			Health and Nutrition Unit	Day 5: Monitoring of Division Health Personnel to assigned
Pakighinabi has been done	None	July 23, 2020	Health and Nutrition Unit Personnel	Day 4: "PAKIGHINABI" with Regional Office Personnel re OK sa DepED Programs and Projects
Monitoring to schools has been done	TEV	JUly 22, 2020	Health and Nutrition Unit Personnel	Day 3: Monitoring of Division Health Personnel to assigned schools
	None	January 21, 2020		2.Conduct a short information dissemination to the School Heads re Conduct of Various Activities on Oplan Kalusugan sa DEpED
Information dissemination has been conducted			Health and Nutrition Unit Personnel	Day 2: 1.  Dissemination of Divison Memorandum to the school
Meeting with Health Personnel successfully conducted	None	January 20, 2020	OK sa DepED Focal Person	Day 1: Health and Nutrition Unit Meeting re: Activities for Oplan Kalusugan sa DepED Various Programs Implementation for January 2020
SUCCESS INDICATOR	RESOURCE REQUIREMENT	TIMELINE	PERSONS/ OFFICE RESPONSIBLE	ACTIVITIES

Prepared by:

HAZEL MARIE L. ESCABILLAS, RN

Nurse II / OK sa DepED Focal

JASMINEA. ASARAK, DMD

Noted:

Dentist(II/) Dentist-In-Charge-OIC



### Republic of the Philippines

### Department of Education





Digos City

### OPLAN KALUSUGAN SA DepEd (OK sa DepED) SCHEDULE OF VARIOUS ACTIVITIES (SCHOOL LEVEL)

ACTIVITIES	DATE OF ACTIVITY
Day 1 (PM)  WASH Program  (ex. Group Toothbrushing Drill, Handwashing Activity and Orientation)	January 20, 2020
Day 2  Lecture on National Drug Education Program (NDEP)	January 21, 2020
Day 3  School Based Feeding Program (SBFP)  (ex. Giving of vitamins to SBFP recipients (elementary recipients), height and weight taking, Nutrition Education, etc.)	January 22, 2020
Day 4  Lecture on Adolescent Reproductive Health	January 23, 2020
Day 5  Lecture on School Mental Health Program	January 24, 2020



### OPLAN KALUSUGAN SA DEPED PROGRESS REPORT

Region/Division:	Period Covered:
Office Address:	
Office Telephone Number:	Mobile Number:
Fax Number:	Email Address:
Number of Schools in the Region/Division:  Elementary: Secondary: TOTAL:	

### A. HIGHLIGHT OF ONE HEALTH WEEK

Table 1. Number of Schools Covered and Partners

Divisions/Schools	Number of Schools that Implemented One Health Week	Number of Partners	Services Provided by Partners
OTAL:			

Table 2. Summary of Services Provided

m	Nu	mber of Learne	ers	Numbe	er of DepEd Per	sonnel
Divisions/Schools	Examined	Treated	Referred	Examined	Treated	Referred
	_					
						1
		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				
		1				-
OTAL:			-			-
OTAL:						

TOTAL:				
B. ACTIVITIES UNDERTAK (Enumerate and describe bel	nt activities du	ring the One I	Health Week)	
1. SBFP				
2. NDEP				
3. ARH				
4. WINS				
5. Others				



### OPLAN KALUSUGAN SA DEPED ACCOMPLISHMENT REPORT (To be accomplished by the School Head)

DIVISION:					REGION:			
SCHOOL:					SCHOOL ID:	9.		
SCHOOL ADDRESS:								
(Please check appropriate box) Level:	Type of School:	ool:						
☐ Elementary ☐ Junior High School		Central School (complete)	chool (comple	fe)				
Senior High School		Multigrade						
,		Primary School / Incomplete	/ Incomplete					
SCHOOL HEAD:	Beenad				CONTACT	CONTACT NUMBER:		
A COVERAGE							T BEST	
Grade Level		Number	Number of Pupils			Number of	Number of School Personnel	
Clave Fores	Enrolment	Actual Examined	With findings	Given interventions	Enrolment	Actual Examined	With	Given
TOTAL:								



# C. SUMMARY OF VOLUNTEER SERVICES Use OK sa DepEd Form C as basis for accomplishing this table.

Турс	D. DONATIONS / RESOURCES GENERATED (Add additional sheets, if needed.)	Institution	Name of Organization/
Type of Donations	ESOURCE	Jul A	
ons	SGENE	Aug Sept	
	RATED	ot Oct	
	(Add ad	Nov	
	ditional	Dec	Numbe
	sheets	Jan	Number of Volunteers
Quantity	, if need	Feb	nteers
ity	ded.)	Mar /	
		Apr M	
Estimated Cost		May June	
od Cost		ne Total	
			No. of and Per
5	)		No. of Learners and School Personnel Given
Donor			Estimated Value of Interventions Given
			Other Services Rendered (if any)



F. LESSONS LEARNED  G. SUGGESTIONS TO S support needed fror increase the impact	What happened?	SBFP, NDEP, ARH, WINS, AND OTHERHEALTH AND NUT
SUGGESTIONS TO STRENGTHEN OK sa DepEd Program (include support needed from Central, Region, and Division Office that can increase the impact of OK sa DepEd Program in your school.)	DepEd Program of the school?	TRITION PROGRAMS / EXPERIENCES /GOOD PRACTICES

DISTRICT: SCHOOL: SERVICE DELIVERY AND EVALUATION MANAGEMENT SUPPORT STAFF DEVELOPMENT MONITORING ADVOCACY KRA ACTIVITIES TARGETS **ACTION PLAN** PERSON RESPONSIBLE TIMELINE RESOURCE REQUIREMENTS SUCCESS

Prepared by: \_

District nurse / Principal/School Head