



Republic of the Philippines  
**Department of Education**  
Region XI  
**SCHOOLS DIVISION OF DIGOS CITY**

**OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT**

DIVISION MEMORANDUM  
No. 379, s. 2020

August 11, 2020

**SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) ACTIVITIES FOR LEARNERS AND PARENTS**

To: Chief Education Supervisors – (CID&SGOD)  
Public Schools District Supervisors  
Division DRRM Coordinator  
Division Health and Nutrition Personnel  
Division Youth Formation Program Coordinator  
Division Guidance Coordinator  
All Elementary and Secondary School Heads  
All Teaching Personnel  
School Guidance Coordinator and Counselors – Digos City National HS

1. In reference to DepEd Task Force COVID-19 Memorandum No. 84, series of 2020 entitled “Corrigendum to DFTC Memo No. 82, s. 2020 on Mental Health and Psychosocial Support Services (MHPSS) for Learners, Parents and DepEd Personnel, and Printing of MHPSS Materials”, the field is hereby informed of the schedule on Mental Health and Psychosocial Support Services (MHPSS) for learners and parents on **August 24-25, 2020**.
2. School Heads and teaching personnel are required to inform the learners and parents the schedule and give instructions on how to access the different platforms of the said activity.
3. Attached is the schedule of the Mental Health and Psychosocial Support Services (MHPSS) for learners and parents.
4. The videos can be used for online, TV, and digital and can be access through this link <https://drive.google.com/drive/u/0/folders/1qI7uWHWw-C089b8r7nEdOYGatuG7FhS?fbclid=IwAR1k5GajAxaP2BIWPIITugZlIrcEVf5PNH573rRtDVM1PpNyzQwuYH9AIhl>.
5. Immediate dissemination of this Memorandum is enjoined.

DepEd Schools Division of Digos City  
RECORDS SECTION

**RELEASED**  
20-60714  
DATE: 12 AUG 2020 TIME: 9:55

BY: f

**CRISTY C. EPE**

Schools Division Superintendent





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**SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS)**  
**(AUGUST 24-25, 2020)**

| DATE                        | ACTIVITY/TOPIC  | TIME                | PLATFORM  | FACILITATOR   | TARGET AUDIENCE     |
|-----------------------------|---|---------------------|---|---|---------------------|
| AUGUST 24, 2020<br>(MONDAY) | MHPSS PROVISION FOR LEARNERS (DRRMS Booklatan Videos)<br><b>Topics:</b><br>1. Karapatang Pambata (Part 1)<br>2. Ang Tamang Paghuhugas ng Kamay<br>3. "Ang Kaklase Kong Bully" | 8:00 AM - 9:30 AM   | TV (National Channels)<br>TV (Local - Sur Telemedia)-Simulcast<br>Digital Offline<br>Trumpaaralan | CO (DRRMS)<br>Division Personnel (SGOD)<br>School Heads<br>Teachers | Elementary Learners |
|                             | MHPSS PROVISION FOR LEARNERS (DRRMS OKKK Tambayan)<br><b>Topics:</b><br>1. Kaunlaran ng Kabataan<br>2. Art-Based Activity (Calligram Self-Portrait)                           | 10:00 AM - 11:30 AM | TV (National Channels)<br>TV (Local - Sur Telemedia)-Simulcast<br>Digital Offline<br>Trumpaaralan | CO (DRRMS)<br>Division Personnel (SGOD)<br>School Heads<br>Teachers | Secondary Learners  |
|                             | MHPSS PROVISION FOR LEARNERS<br><b>Topic:</b><br>Fostering Positivity Amidst COVID-19 for Elementary Learners   | 10:00 AM - 11:00 AM | Radio (Local - DXDS Radyo Ukay)-LIVE<br>Trumpaaralan  | Division Guidance Coordinator<br>DiCNHS Guidance Counselors         | Elementary Learners |



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|--|--------------------|--|---|---------------------|
| MHPSS PROVISION FOR LEARNERS<br><b>Topic:</b><br>Fostering Positivity Amidst COVID-19 for Secondary Learners       | 3:00 PM - 4:00 PM  | Radio (Local - DXDS Radyo Ukay) - LIVE<br>Trumpaaralan | Division Guidance Coordinator<br>DiCNHS Guidance Counselors | Secondary Learners  |
| <b>Session:</b><br>Psychosocial Support Through Play for Elementary Learners                                       | 8:00 AM - 12:00 PM | Online (DepEd Philippines FB Page)                     | CO (DRRMS)  | Elementary Learners |
| <b>Session:</b><br>Psychological First Aid for Secondary Learners  | 1:00 PM - 5:00 PM  | Online (DepEd Philippines FB Page)                     | CO (DRRMS)  | Secondary Learners  |
| <b>Specific Activity 1:</b><br>UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR ELEMENTARY |                    | ONLINE/OFFLINE   | TEACHERS  | Elementary Learners |
| <b>Specific Activity 2:</b><br>UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR SECONDARY  |                    | ONLINE/OFFLINE   | TEACHERS  | Secondary Learners  |
|  |                    |  |   |                     |



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|------------------------------|---|---------------------|---|--|---------------------|
| AUGUST 25, 2020<br>(TUESDAY) | MHPSS PROVISION FOR LEARNERS (DRRMS Booklatan Videos)<br><b>Topics:</b><br>1. Karapatang Pambata (Part 2)<br>2. "Mahabang-Mahabang-Mahaba"                                | 8:00 AM - 9:30 AM   | TV (National Channels)<br>TV (Local - Sur Telemedia)-Simulcast<br>Digital Offline<br>Trumpaaralan | CO (DRRMS)<br>Division Personnel (SGOD)<br>School Heads<br>Teachers                | Elementary Learners |
|                              | MHPSS PROVISION FOR LEARNERS (DRRMS OKKK Tambayan)<br><b>Topics:</b><br>1. Art-Based Activity (Paglikha ng Maskara)<br>2. Mask Acting<br>3. Karapatan ng Kabataan         | 10:00 AM - 11:30 AM | TV (National Channels)<br>TV (Local - Sur Telemedia)-Simulcast<br>Digital Offline<br>Trumpaaralan | CO (DRRMS)<br>Division Personnel (SGOD)<br>School Heads<br>Teachers                | Secondary Learners  |
|                              | <b>Session:</b><br>PROVISION OF PSYCHOSOCIAL SUPPORT SERVICES FOCUS ON VALIDATING FEELINGS, IDENTIFYING COMMON AND EXTREME STRESS REACTIONS AND IDENTIFYING CURRENT NEEDS | 3:00 PM - 4:00 PM   | Radio (Local - DXDS Radyo Ukay) - LIVE/PRE-RECORDED<br>Digital Offline<br>Trumpaaralan            | PRECIOUS MANLIGUEZ DIVISION PERSONNEL (SGOD PERSONNEL)<br>School Heads<br>Teachers | PARENTS             |
|                              | <b>Specific Activity 1:</b><br>UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE   |                     | ONLINE/OFFLINE  | TEACHERS   | Elementary Learners |




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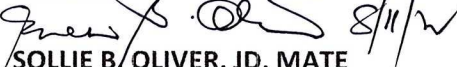
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|  | AND SELF-GUIDED MODULES FOR ELEMENTARY  |  |                |          |                    |
|  | <b>Specific Activity 2:</b><br>UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR SECONDARY |  | ONLINE/OFFLINE | TEACHERS | Secondary Learners |
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Prepared by:

  
**REYZEN O. MONSERATE, RN, MAN**  
PDO II -DRRM

  
**DAISSY JANE P. SANOY, RN**  
Nurse II

Reviewed:

  
**SOLLIE B. OLIVER, JD, MATE**  
Chief Education Supervisor

Noted:

  
**MELANIE P. ESTACIO, PhD**  
Assistant Schools Division Superintendent

Approved:

  
**CRISTY C. EPE**  
Schools Division Superintendent