



Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF DIGOS CITY

OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

DIVISION MEMORANDUM
No. 398, s. 2020

August 26, 2020

NEW SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) ACTIVITIES FOR LEARNERS AND PARENTS

To: Chief Education Supervisors – (CID&SGOD)
Public Schools District Supervisors
Division DRRM Coordinator
Division Health and Nutrition Personnel
Division Youth Formation Program Coordinator
Division Guidance Coordinator
All Elementary and Secondary School Heads
All Teaching Personnel
School Guidance Coordinator and Counselors – Digos City National HS

1. In view of the new schedule for the opening of classes for School Year 2020-2021 on October 5, 2020, the field is hereby informed of the new schedule on Mental Health and Psychosocial Support Services (MHPSS) Activities for learners and parents on **September 28-29, 2020**.
2. School Heads and teaching personnel are required to inform the learners and parents for the schedule and give instructions on how to access the different platforms of the said activity.
3. Attached is the new schedule of the Mental Health and Psychosocial Support Services (MHPSS) Activities for learners and parents.
4. The videos can be used for online, TV, and digital and can be access through this link <https://drive.google.com/drive/u/0/folders/1q17uWHWw-C089b8r7nEdOYGatuG7FhS?fbclid=IwAR1k5GaiAxaP2BIWPIITugZIIrcEVf5PNH573rRtDVM1PpNyzQwuYH9AlhI>.
5. Immediate dissemination of this Memorandum is enjoined.

CRISTY C. EPE

Schools Division Superintendent



Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002
(082) 553-8396 | (082) 553-8376 | (082) 553-9170 | (082) 553-8375
(082) 553-8396 | (082) 553-8376
www.depeddigoscity.org | digos.city@deped.gov.ph

CepEd Schools Division of Digos City

RECORDS SECTION

RELEASED 20-61363

DATE: 02 SEP 2020 TIME: 4:21

BY:

**SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) ACTIVITIES
(SEPTEMBER 28-29, 2020)**

DATE	ACTIVITY/TOPIC	TIME	PLATFORM	FACILITATOR	TARGET AUDIENCE
SEPTEMBER 28, 2020 (MONDAY)	MHPSS PROVISION FOR LEARNERS (DRRMS Booklatan Videos) Topics: 1. Karapatang Pambata (Part 1) 2. Ang Tamang Paghuhugas ng Kamay 3. "Ang Kaklase Kong Bully"	8:00 AM - 9:30 AM	TV (National Channels) TV (Local - Sur Telemedia)-Simulcast Digital Offline Trumpaaran	CO (DRRMS) Division Personnel (SGOD) School Heads Teachers	Elementary Learners
	MHPSS PROVISION FOR LEARNERS (DRRMS OKKK Tambayan) Topics: 1. Kaunlaran ng Kabataan 2. Art-Based Activity (Calligram Self-Portrait)	10:00 AM - 11:30 AM	TV (National Channels) TV (Local - Sur Telemedia)-Simulcast Digital Offline Trumpaaran	CO (DRRMS) Division Personnel (SGOD) School Heads Teachers	Secondary Learners
	MHPSS PROVISION FOR LEARNERS Topic: Fostering Positivity Amidst COVID-19 for Elementary Learners	10:00 AM - 11:00 AM	Radio (Local - DXDS Radyo Ukay)- LIVE Trumpaaran	Division Guidance Coordinator DiCNHS Guidance Counselors	Elementary Learners



MHPSS PROVISION FOR LEARNERS Topic: Fostering Positivity Amidst COVID-19 for Secondary Learners	3:00 PM - 4:00 PM	Radio (Local - DXDS Radyo Ukay) - LIVE Trumpaaralan	Division Guidance Coordinator DiCNHS Guidance Counselors	Secondary Learners
Session: Psychosocial Support Through Play for Elementary Learners	8:00 AM - 12:00 PM	Online (DepEd Philippines FB Page)	CO (DRRMS)	Elementary Learners
Session: Psychological First Aid for Secondary Learners	1:00 PM - 5:00 PM	Online (DepEd Philippines FB Page)	CO (DRRMS)	Secondary Learners
Specific Activity 1: UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR ELEMENTARY		ONLINE/OFFLINE	TEACHERS	Elementary Learners
Specific Activity 2: UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR SECONDARY		ONLINE/OFFLINE	TEACHERS	Secondary Learners



SEPTEMBER 29, 2020 (TUESDAY)	MHPSS PROVISION FOR LEARNERS (DRRMS Booklatan Videos) Topics: 1. Karapatang Pambata (Part 2) 2. "Mahabang-Mahabang-Mahaba"	8:00 AM - 9:30 AM	TV (National Channels) TV (Local - Sur Telemedia)-Simulcast Digital Offline Trumpaaralan	CO (DRRMS) Division Personnel (SGOD) School Heads Teachers	Elementary Learners
	MHPSS PROVISION FOR LEARNERS (DRRMS OKKK Tambayan) Topics: 1. Art-Based Activity (Paglikha ng Maskara) 2. Mask Acting 3. Karapatan ng Kabataan	10:00 AM - 11:30 AM	TV (National Channels) TV (Local - Sur Telemedia)-Simulcast Digital Offline Trumpaaralan	CO (DRRMS) Division Personnel (SGOD) School Heads Teachers	Secondary Learners
	Session: PROVISION OF PSYCHOSOCIAL SUPPORT SERVICES FOCUS ON VALIDATING FEELINGS, IDENTIFYING COMMON AND EXTREME STRESS REACTIONS AND IDENTIFYING CURRENT NEEDS	3:00 PM - 4:00 PM	Radio (Local - DXDS Radyo Ukay) - LIVE/PRE-RECORDED Digital Offline Trumpaaralan	PRECIOUS MANLIGUEZ DIVISION PERSONNEL (SGOD PERSONNEL) School Heads Teachers	PARENTS
	Specific Activity 1: UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR ELEMENTARY		ONLINE/OFFLINE	TEACHERS	Elementary Learners



Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002

(082) 553-8396 | (082) 553-8376 | (082) 553-9170 | (082) 553-8375

(082) 553-8396 | (082) 553-8376

www.depeddigoscity.org | digos.city@deped.gov.ph

	Specific Activity 2: UTILIZATION OF MHPSS ONLINE, TEACHER'S GUIDE AND SELF-GUIDED MODULES FOR SECONDARY		ONLINE/OFFLINE	TEACHERS	Secondary Learners



Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002
 (082) 553-8396 | (082) 553-8376 | (082) 553-9170 | (082) 553-8375
 (082) 553-8396 | (082) 553-8376
www.depeddigoscity.org | digos.city@deped.gov.ph