



Republic of the Philippines  
**Department of Education**  
Region XI  
**SCHOOLS DIVISION OF DIGOS CITY**  
Digos City

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OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

**DIVISION MEMORANDUM**

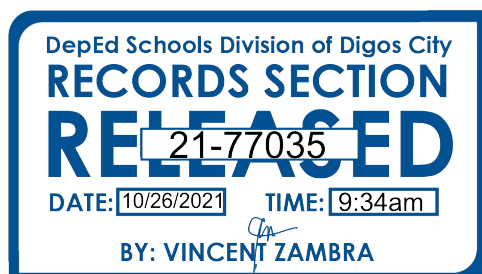
October 25, 2021

No. 614, s. 2021

**DIVISION OFFICE PERSONNEL ANNUAL MEDICAL CHECK-UP**

**TO: ALL DIVISION OFFICE PERSONNEL**

1. In the interest of health and wellness of all office personnel of this Division, be informed that there will be a scheduled Annual Medical/Laboratory Test on November 4, 2021 in Digos City Division Office ground. A mobile laboratory of ULTRALAB DIAGNOSTIC CENTER will be available on that day from 6 am to 9 am.
2. Personnel not available on that day or those on work-from-home mode should be present. There will be no other schedule for the said laboratory test.
3. The Laboratory tests include the following:
  - A. Lipid Profile
  - B. SGPT
  - C. FBS
  - D. Chest X-Ray
  - E. CBC
  - F. Urinalysis
  - G. Serum Uric Acid
4. The Division Office Personnel are advised to have Nothing per Orem (NPO) or no intake for the Laboratory tests for at least 8 to 10 hours prior to blood extraction.
5. Medical results will be evaluated by the Physician on November 11, 2021 at 8:00 am – 11 am at the Digos City Division Office Ground. Personnel not available on this schedule will only receive the laboratory results. Evaluation of their laboratory results shall be with their own choice of Physician at their own expense.
6. Attached is the list of the Division Office Personnel and the process flow during Laboratory Test and Medical Consultation/Evaluation.
7. Medical and Laboratory fees are chargeable against Division MOOE.
8. For information and compliance.



  
**CRISTY C. EPE** 10/25/2021  
Schools Division Superintendent



**Department of Education**  
**Region XI**  
**Schools Division of Digos City**  
*Roxas St. corner Lopez Jaena St., Zone II, Digos City*



**FEMALES**

1	ALCAIDE	ROSETER	CATUBAY	N/A	01/19/1980	41	F
2	ALDE	FERNA RENIRA	TORREON	N/A	12/30/1967	54	F
3	ALTAMERA	JUVY	MAGLUCOT	N/A	08/26/1988	33	F
4	ARRIATE	RUBY	FAILMA	N/A	01/10/1983	38	F
5	ASARAK	SHEENA	ASILO	N/A	09/26/1991	30	F
6	ASARAK	JASMINE	ASILO	N/A	12/08/1971	50	F
7	BAROTOC	NARELHIND	BUAT	N/A	10/29/1995	26	F
8	BEJARIN	KRISTIN MARIE	YANGYANG	N/A	09/08/1979	42	F
9	BONTIA	MYHRRRA FAYE	LLANOS	N/A	11/06/1981	40	F
10	ALCALA	APRIL ROSE	ABAPO	N/A	04/28/1998	23	F
11	ARNAEZ-LLABAN	CLARISSE JOY	CORTES	N/A	10/06/1994	29	F
12	BARITUA	JANICE	CAGALITAN	N/A	10/29/1983	38	F
13	BETERBO	MARICHU	CAPITAN	N/A	03/09/1978	43	F
14	CABARDO	DAYNIE BETH	DIAPERA	N/A	11/18/1997	24	F
15	CADUNOG	MISHEL	CASAS	N/A	06/27/1982	39	F
16	CALVA	ETHEL	DIANA	N/A	02/03/1977	44	F
17	CASIMIRO	HELEN	ARAÑAS	N/A	07/18/1958	63	F
18	CHIONG	ALELI	MAYPA	N/A	08/19/1977	44	F
19	COMAINGKING	JUVY	ADOLFO	N/A	10/11/1976	45	F
20	DALOPE	MYRACEL	JAMILLA	N/A	03/02/1975	46	F
21	DANDOY	IREENE	PRESTO	N/A	06/28/1985	36	F
22	DAUGDAUG	BEVERLY	SAGABAEN	N/A	11/11/1966	55	F
23	DE MESA	ROFELIA	TE	N/A	12/22/1972	49	F
24	DEVALGUE	MARY ANN	IBAÑEZ	N/A	11/06/1972	49	F
25	DIAMANTE	ROSARIO	BARING	N/A	10/06/1961	60	F
26	DURAN	INA ABIGAIL	ALZATE	N/A	02/13/1995	26	F
27	DURANO	FRANCES MILLICENT	RINOROS	N/A	08/27/1990	31	F
28	EPE	CRISTY	CABRAL	N/A	03/30/1974	47	F
29	ESCABILLAS	HAZEL MARIE	LATASA	N/A	12/18/1972	49	F
30	ESCALONA	HEIDI	BORGONIA	N/A	10/11/1980	41	F
31	ESCANER	GWENDOLYN MARA	LINTUA	N/A	12/17/1988	33	F
32	FORTUN	MARY JOY	BOOC	N/A	07/30/1977	44	F
33	FRANCONAS	HELEN	NATAD	N/A	01/24/1964	57	F
34	GONZALES	GISELLE	DONALVO	N/A	04/12/1980	41	F
35	HERNAN	EVANGELINE	ARRIATE	N/A	04/19/1972	49	F
36	IBAÑEZ	MARIEFLOR	ESPINOSA	N/A	11/24/1966	55	F
37	IYOG	SHARON ANN	SISON	N/A	09/27/1993	28	F
38	JASMIN	LUZMINDA	BAUTISTA	N/A	12/13/1961	60	F
39	JUEZAN	IDA	ILUSTRISIMO	N/A	01/10/1967	54	F
40	LAGUNSAY	DANICA	ANTONIO	N/A	05/08/1996	25	F
41	LUCERO	JESSICA	GONZAGA	N/A	10/13/1972	49	F
42	MARATA	EVANGELINE	BACALTOS	N/A	04/08/1972	49	F
43	MISAL	NORELIZA	ALEGARBES	N/A	11/02/1977	44	F

44	MORAL	CLAIRE MARRIZ	NACIONALES	N/A	01/08/1993	28	F
45	NAHINE	JONA NOILEREEN	MARATAS	N/A	01/31/1984	37	F
46	NIEVES	RONILYN	PEDROSA	N/A	02/21/1964	57	F
47	NIONES	JOAN	MANITO	N/A	12/22/1971	50	F
48	OBENZA	MERLYN	ESTOMO	N/A	09/05/1973	48	F
49	OLIVA	CHERRY ROSSETTE	ESMORES	N/A	08/23/1974	47	F
50	OLIVER	SOLLIE	BERNANDINO	N/A	01/29/1966	55	F
51	PEÑAS	DHELMIE CHRISTINE	SEÑEDO	N/A	12/02/1991	30	F
52	PIUS	GENIE	DELOS REYES	N/A	12/19/1973	48	F
53	POSADAS	JULIE ANN	NATAVIO	N/A	07/31/1991	30	F
54	RABAYA	BONAFE CATHRINE	BURGOS	N/A	11/25/1992	29	F
55	RANARA	GERALDINE	MONTEZA	N/A	12/31/1992	29	F
56	REPOLLO	ARLEN	DECAPARON	N/A	06/06/1972	49	F
57	ROBIÑOS	MYLEEN	CALIPSAN	N/A	03/10/1984	37	F
58	ROSALITA	MARY SOL	SAYSON	N/A	04/12/1975	46	F
59	SALANGA	GEMMA	PONTILLANO	N/A	07/09/1964	57	F
60	SALAZAR	MARIA LEONORA	PACIENCIA	N/A	06/13/1975	46	F
61	SANOY	DAISSY JANE	PEÑAS	N/A	06/12/1986	35	F
62	SOLON	HELENA	ORDANEZA	N/A	06/07/1979	42	F
63	TABALBA	ETHEL	MASCARDO	N/A	08/31/1974	47	F
64	TABANAO	MARY GLOR	DAMO	N/A	04/02/1962	59	F
65	TAMBILAWAN	NEPTUNE	LABAJO	N/A	04/17/1963	58	F
66	TIMON	ELVIE	ESTRADA	N/A	06/02/1973	48	F
67	UY	CECILE	CABAHUG	N/A	12/20/1962	59	F
68	YMALAY	ALNIE FE	VILOS	N/A	03/08/1983	38	F



**Department of Education**  
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*Roxas St. corner Lopez Jaena St., Zone II, Digos City*



MALES

1	ALCOMENDRAS	FRANCIS JUDE	DINGLI	N/A	03/23/1968	53	M
2	ALEJANDRO	AIRON	MATIAS	N/A	01/20/1985	36	M
3	AYOP	RAMEL	MANSUETO	N/A	01/03/1990	31	M
4	BENGIL	JESSRAEL	TORREGOZA	N/A	02/15/1992	29	M
5	BISAGA, JR.	ANGEL	VIAGAN	JR	04/10/1973	48	M
6	BONGCAYAO	NEIL	DAÑOLKO	N/A	07/21/1969	52	M
7	CABRELLA	JEM BOY	BUNTANOG	N/A	06/19/1984	37	M
8	CASTAÑARES	MARK	VILLARICO	N/A	05/04/1995	26	M
9	CATALUÑA	ELY	GIGANTO	N/A	01/21/1963	58	M
10	DEDACE	RONALD	BAUTISTA	N/A	01/11/1984	37	M
11	DEL ROSARIO	DRANDREB JAKE	BLANCO	N/A	06/02/1995	26	M
12	EBOL	DANILO JR.	MALBUESO	N/A	05/20/1984	37	M
13	ENDRINA	TITO	MORALES	N/A	06/28/1980	41	M
14	ESPACIO	DOMINADOR	ORCOLIO	N/A	11/04/1966	55	M
15	ESTOMO	JOEL	ESPAÑO	N/A	11/01/1974	47	M
16	EVARRETTA	RUBEN		N/A	09/18/1991	30	M
17	FUENTES	XAVIER	SEBANDAL	N/A	10/20/1983	38	M
18	GAYUD	ROTSEN RAY	NEROSA	N/A	04/24/1995	26	M
19	GOMITO	JOEL	BOLADO	N/A	01/21/1977	44	M
20	LOMA	ALJUN JAY	ALABATA	N/A	12/23/1991	30	M
21	LOYOLA	QUMRAN	MUGOT	N/A	03/20/1990	31	M
22	MANA-AY	BASILIO	P.	N/A	06/30/1972	50	M
23	MARA-ASIN	GUY	RABAGO	N/A	07/06/1987	34	M
24	MARAVILLES	JOSE ISRAEL	MORIA	N/A	03/13/1991	30	M
25	MATEO	ELESER	DELA PEÑA	N/A	11/01/1982	39	M
26	MONSERATE	REYZEN	OPEÑA	N/A	08/23/1990	31	M
27	ONGGO	MASARIPE	VILLANUEVA	JR	08/22/1959	62	M
28	PANTONIAL	RENANTE	ABAPO	N/A	12/18/1975	46	M
29	PASCUAL	STEPHEN	RACHO	N/A	01/29/1974	47	M
30	PEÑAS	PATRIOTISO	OLAGUER	N/A	11/16/1962	59	M
31	PILLERIN	CLARENCE	SULTAN	N/A	08/18/1981	40	M
32	RANOLLO	MARCELINO	ENOBIO	JR	05/27/1965	56	M
33	SALINAS	GERVASIO	RUFO	N/A	06/11/1983	38	M
34	SENARILLOS	PETER-JASON	CALVAN	N/A	11/27/1977	44	M
35	VENDIOLA	RICARDO	VERA CRUZ	N/A	03/25/1964	57	M
36	ZAMBRA	VINCENT	SAMAR	N/A	01/05/1985	36	M

# LABORATORY DAY

Date: November 04, 2021, 6:00 am-9:00 am

Venue: Tent at the Parking Area

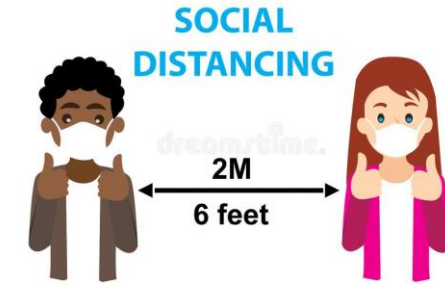
**DON'T FORGET**



Fasting for 8-10 hours prior.



**CARRY YOUR OWN PEN**



## Step 1

Sanitation of hands.



## Step 2

Registration



Register and get laboratory requests.

## Step 3

Go to the Med Tech and hand over the lab request for FBS, SGPT, Lipid Profile, and SUA.



## Step 4

Have blood extracted.



## Step 8

Sanitation of hands.



## Step 7

Go to the X-ray Area, hand over the last lab request and have your Chest X-ray done.



## Step 6

Place sample Urine on top of its lab request on the designated area.



## Step 5

Go to the CR and obtain your sample Urine.

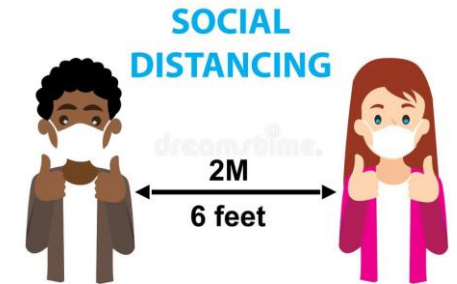
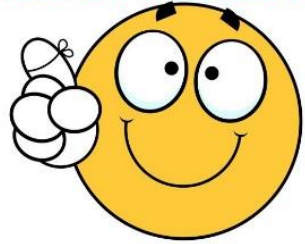


# MEDICAL CONSULTATION DAY

Date: November 11, 2021, 8:00am-11:00 am

Venue: Tent at the Parking Area

**DON'T FORGET**



**Step 1**

**Step 2**

**Step 3**

**Step 4**

**Step 5**

**Step 6**

