



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DIGOS CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

CID-2022- 145

To : Public Schools District Supervisors
School Principals
Public School Teachers

Subject : **Program Campaign Materials for Master of Science in Human Movement Science (MSHMS)**

Date : November 28, 2022

In reference to the 1st Indorsement from the DepEd Region XI Office, dated November 22, 2022, of a letter invitation from Prof. Jezreel M. Abarca, Chair, Department of Human Kinetics, University of the Philippines Mindanao, the University of the Philippines Mindanao requests for approval to distribute program campaign materials for Master of Science in Human Movement Science (MSHMS).

This Office interposes no objection to the said activity provided that the policy on "No Disruption of Classes" per DepEd Order No. 9, s. 2005 entitled "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith" is strictly followed. Further, the safety protocols imposed by the National and Local Inter-Agency Task Force, and that of the Department of Education shall be observed.

For information and guidance.

CRISTY C. EPE
Schools Division Superintendent

Enclosed: As stated.

CID/lbj

DepEd Schools Division Office of Digos City
RECORDS SECTION
RECORDED
94337
DATE: 29 NOV 2022 TIME: 11:09 AM
BY:



RECORDS



Republic of the Philippines
Department of Education
DAVAO REGION

DepEd Schools Division of Digos
RECORDS SECTION

RECEIVED 91337

DATE: 23 NOV 2022 TIME: 9:08

BY: *[Signature]*

Office of the Regional Director

1st Indorsement
November 22, 2022

Respectfully referred to Schools Division Superintendents, this Region, the herein letter of Prof. Jezreel M. Abarca, PhD, Chair, Department of Human Kinetics, University of Philippines Mindanao Re: Request to distribute program campaign materials for Master of Science in Human Movement Science (MSHMS).

This Office interposes no objection to the said survey, and that the participation of DepEd teachers to the said activity is discretionary on the part of the Office of the Schools Division Superintendent, provided, that adherence to the policy on "No Disruption of Classes" per DepEd Order No. 9, s. 2005 entitled: "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith" is strictly followed. The safety protocols imposed by the National and Local Inter-Agency Task Force against COVID-19, and the Department of Education shall be observed.

For information and dissemination.

ALLAN G. FARNAZO
Director IV

By the Authority of the Regional Director:

[Signature]
ROY O ENRIQUEZ
Chief Administrative Officer
Officer-In-Charge

Enclosed: As Stated
Copy Furnished:

Prof. Jezreel M. Abarca, PhD.
Chair, Department of Human Kinetics
University of Philippines

DEPARTMENT OF EDUCATION ROXI
RECORDS SECTION

RELEASED

By: 11513

Date: *[Signature]* Time: Nov. 22, 2022

ROC3/jbdc



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147

ISO 9001:2015-Certified



DEPARTMENT OF HUMAN KINETICS
UNIVERSITY OF THE PHILIPPINES MINDANAO

Davao City-UP Sports Complex, Mihul, Davao City 8022, Philippines
T: 293-0863 loc. 715 E: dhk.upmindanao@up.edu.ph

22-10838
14 NOV 2022

28 October 2022

DR. ALLAN G. FARNAZO, CESO IV
Regional Director, DepEd XI
F. Torres St., Bajada, Davao City

RE: REQUEST TO DISTRIBUTE PROGRAM CAMPAIGN MATERIALS TO DEPED
SCHOOLS AND OFFICES

Dear RD Farnazo:

Warmest greetings!

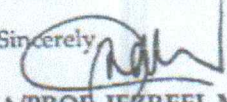
University of the Philippines Mindanao – Department of Human Kinetics (DHK) is currently offering two undergraduate programs and two graduate programs, namely and respectively Associate in Arts Sports Studies, Bachelor of Sports Science, Diploma in Exercise and Sports Science, and Master of Science in Human Movement Science.

As the department aims to become a college next year with these programs, we will be launching a marketing campaign to encourage enrollment. Part of this campaign is the distribution of DHK's brochures and posters to Senior High Schools and DepEd Regional and Division Offices.

I would like to request approval from your good office to allow us to distribute these materials to the senior high schools and DepEd Offices under your jurisdiction during the third week of November (November 14-18, 2022). I have attached the list of target schools, as well as the materials to be distributed to them.

I hope this merits your favorable response. Thank you.

Sincerely,


A/PROF. JEZREEL M. ABARCA, PhD
Chair, Department of Human Kinetics
UP Mindanao

For concerns, please contact:
Karla Marxielle G. Gulanes
0947-425-1528



27 Years in Mindanao,
for Mindanao and beyond



MASTER OF SCIENCE IN HUMAN MOVEMENT SCIENCE

A graduate degree program that serves as an advanced professional preparation for Human Movement Science specialists, equipping them with skills of **critical inquiry** and **high-level research**.

It provides a comprehensive and systematic study of exercise science, physical education, and leisure studies.

Professionals from the Allied Medical field and Biological Sciences may apply for this program.

Online Program

Currently, UP Mindanao is offering the MSHMS as an **off-campus offering of UP Diliman online** where students, especially from Mindanao, can process their requirements at UP Mindanao. Professors will come from both UP Mindanao and UP Diliman, and graduates will obtain a **UPD diploma**.

The MSHMS is expected to be adopted by UP Mindanao as its own program by AY 2024-2025.

ABOUT DHK

The **DEPARTMENT OF HUMAN KINETICS** is the sports and exercise branch of University of the Philippines (UP) Mindanao.

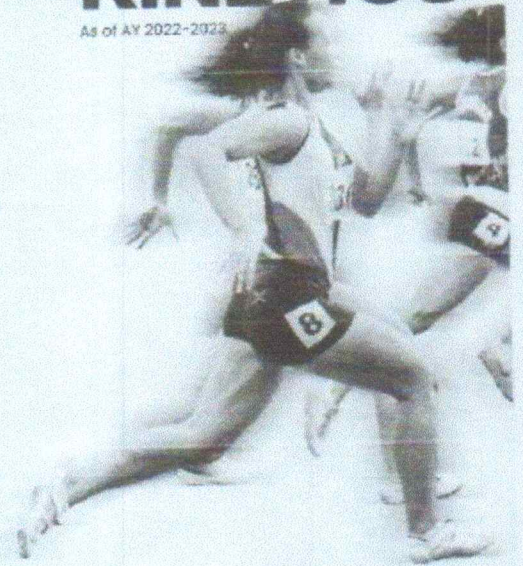
It is in charge of handling all physical education classes, varsity teams, and sporting events.

Situated in the Davao City-UP Sports Complex, the department aims to produce well-rounded and well-equipped sports and exercise specialists instrumental to the success of athletes, as well as to the promotion of fitness and health among Filipinos, especially Mindanawons.

UNIVERSITY OF THE PHILIPPINES MINDANAO

DEPARTMENT OF HUMAN KINETICS

As of AY 2022-2023



CONTACT US

- [upmindanaodhk](https://www.facebook.com/upmindanaodhk)
- dhk@upmindanao.up.edu.ph

ADDRESS

Davao City-UP Sports Complex, UP Mindanao
Mintal, Tugbok District
Davao City 8000

ASSOCIATE IN ARTS SPORTS STUDIES

A two-year pre-baccalaureate program that allows athletically inclined K-12 graduates to pursue a career in sports development and sports science through a unique selection process. Students are evaluated based on their previous engagement in sports or dance.

Graduates of this course may proceed to Bachelor of Sports Science as third-year students through a ladderized program.

Careers include coaches and fitness trainers.

Writing as Thinking
Wika, Kultura, at Ripunan
Kasaysayan ng Pilipinas
Human Anatomy & Physiology
Fundamental Rhythms
Public Speaking & Persuasion
Basic Weight Training
Philippine Games

First Aid
Philosophy of Sports & PE
Basic Aquatics
Outdoor Recreation
The Life & Works of Jose Rizal
Basic Fitness Dance
PE & Sport Sciences
Community Recreation

BACHELOR OF SPORTS SCIENCE

A four-year undergraduate program that aims to develop competent individuals able to function effectively as systematic science-oriented sports specialists. It also serves as a pre-med course.

BSS is also covered by the Free Tuition Act.

SUBJECTS

Fundamental Rhythms	Acquisition of Motor Skills
Introduction to Physical Educ. sports science	Methods of Physical Conditioning
Human Anatomy & Physiology	Prevention & Management of Human Movement Related Injuries
Psychology	Ergogenic in Human Movement
Tests & Measurements in	

Biomechanics
Sports in Society & Culture
Philosophy of Sports & PE

Recreation Related Services
Food, Nutrition, & Society
Principles of Coaching
Internship

CAREERS

Sports Facility Administrators
Medical Administrative Corps

Fitness Trainers
Researchers

DIPLOMA IN EXERCISE & SPORTS SCIENCE

A two-year diploma program for public and private school teachers in MAPEH and K-12 Sports Track, as well as practitioners who do not have undergraduate degrees related to Physical Education and Exercise Science.

Graduates from this course may pursue higher

Physical Education and MS in Human Movement Science.

SUBJECTS

Human Anatomy & Physiology	Management of Sports and Recreation Related Services
Philosophy of Sports & PE	Exercise Prescription

Physical Education
First Aid
Tests & Measurements in Human Movement

Internship
Philippine Games
Psychology in Sports

CAREERS

Sports Coordinators
Sports, Recreational, & Fitness Facilities Instructors/Managers
Etc. - Tourism Instructors & Managers

Safety Instructors
Sports Club & Academy Directors
Sports Events Organizers



UNIVERSITY OF THE PHILIPPINES MINDANAO

DEPARTMENT OF HUMAN KINETICS

Associate in Arts Sports Studies	Bachelor of Sports Science	Diploma in Exercise and Sports Science	Master of Science in Human Movement Science
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Students who complete the Associate in Arts Sports Studies degree program are qualified to continue on to the Bachelor of Sports Science program.	Specialists in areas such as physical education and fitness are covered by the Free Tuition Act. Careers include: sports doctors, sports science and PE teachers, sports facility administrators, medical administrators, coaches, sports	Those undergraduate degrees related to Physical Education and Exercise Science. Graduates from this course may pursue higher degrees in related disciplines such as MA and MS Physical Education and MS in Human	For those injury and high level research work. It provides a comprehensive and systematic mode of human motion, physical education and sports science.
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		coordinators, sports and recreation facilities managers and researchers.	
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