



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

OSDS-2022- 006

To : **Public Schools District Supervisors
Health and Nutrition Section
All Schools Administrators
All Others Concerned**

Subject : **DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND, FOOT,
AND MOUTH DISEASE**

Date : November 8, 2022

Herewith attached is the Regional Memorandum from the Office of the Regional Director **ALLAN G. FARNAZO**, Director IV dated **November 2, 2022**, with the same subject.

The Department of Education, through the Bureau of Learner Support Services – School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, wherein over 100 children have been reported to have caught the highly infectious viral infection, prompting the suspension of face to face classes in all public and private schools from elementary to secondary.

In line with this, all school health personnel in this Division should strategize in education the learners to practice/ strengthen preventive habits or minimum public health standards against viral infection such as frequent handwashing and observing health and safety measures such as wearing a face mask, and proper sneezing/ coughing practices by covering one's mouth when sneezing or coughing to avoid the transmission of infection.

Immediate and wide dissemination of this Memorandum is desired.

fm. [Signature]

CRISTY C. EPE

Schools Division Superintendent

Schools Division of Digos City
RECORDS SECTION

REL 93285
DATE: 15 NOV 2022
BY: [Signature]

Enclosed: As stated.
OSDS/HNU/jaa



Address: Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)
Telephone Nos.: (082) 553-8375; (082) 553-8396



Republic of the Philippines
Department of Education
 DAVAO REGION

DepEd Schools Division of Digos
 RECORDS SECTION

RECEIVED 93285
 03 NOV 2022 TIME: 10:05
 BY: *[Signature]*

Office of the Regional Director

REGIONAL MEMORANDUM
 ESSD-2022-234

To : Schools Division Superintendents

Subject: DISSEMINATION OF DOH'S PUBLIC ADVISORY
 ON HAND, FOOT, AND MOUTH DISEASE

Date : November 2, 2022

Attached is the Memorandum from the Office of the Undersecretary for Governance and Field Operations No. 2022-03-1690 dated **October 19, 2022**, with the same subject.

The Department of Education, through the Bureau of Learner Support Services - School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, wherein over 100 children have been reported to have caught the highly infectious viral infection, prompting the suspension of face-to-face classes in all public and private schools from elementary to secondary.

In line with this, all school health personnel in this Region should strategize in educating the learners to practice/strengthen preventive habits or minimum public health standards against viral infection such as frequent handwashing and observing health and safety measures such as wearing a face mask, and proper sneezing/coughing practices by covering one's mouth when sneezing or coughing to avoid the transmission of infection.

Immediate and wide dissemination of this Memorandum is desired.

DEPARTMENT OF EDUCATION
 RECORDS SECTION
RELEASED

ALLAN G. FARNAZO
 Director IV

By the Authority of the Regional Director:

[Signature]
ROY T. ENRIQUEZ
 Chief Administrative Officer
 Officer-in-Charge

Enclosed: As stated Date 11-3-22 Time 9:09

ROE/smtc



Address: F. Torres St., Davao City (8000)
 Telephone Nos.: (082) 291-1665; (082) 221-6147

ISO 9001:2015 - Certified

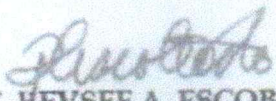


Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-1690
MEMORANDUM
19 October 2022

22-9354
24 OCT 2022 3:08

FOR : Regional Directors and BARMM Minister of Education
Schools Division Superintendents
School Health Personnel
Public and Private Elementary and Secondary School Heads and
Teachers
All Others Concerned

FROM : 
ATTY. HEVSEE A. ESCOBEDO
Undersecretary for Governance and Field Operations

SUBJECT : **DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND,
FOOT, AND MOUTH DISEASE**

This Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

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In this regard, teachers and school health personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering one's mouth when sneezing or coughing to avoid the transmission of infection.

For more information on this subject, please contact Dr. Maria Corazon C. Dumlao, Chief Program Officer, BLSS-SHD, through (02) 8632-9935 or email at blss.shd@deped.gov.ph.

For immediate dissemination.



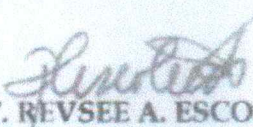
Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-1690

MEMORANDUM

19 October 2022

FOR : Regional Directors and BARMM Minister of Education
Schools Division Superintendents
School Health Personnel
Public and Private Elementary and Secondary School Heads and
Teachers
All Others Concerned

FROM : 
ATTY. REVSEE A. ESCOBEDO *VCYA*
Undersecretary for Governance and Field Operations

SUBJECT : **DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND,
FOOT, AND MOUTH DISEASE**

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ANNEX A

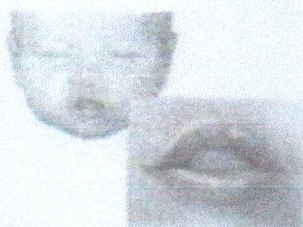


PHILIPPINE HEALTH ADVISORIES

Hand, Foot, and Mouth Disease

Hand, foot, and mouth disease (HFMD) is a common viral illness of infants and children.

It should not be confused with foot-and-mouth (also called hoof-and-mouth) disease of cattle, sheep, and swine. Infected individuals are most contagious during the first week of their illness. HFMD cannot be contracted from pets or animals. Incubation period is 2-14 days



Cause

A virus of the family Picornaviridae, genus *Aphthovirus*

Mode of Transmission

Spreads by contact with nose and throat discharges, saliva of infected persons, or after touching contaminated objects

Signs and Symptoms

- Fever
- Sore throat
- Feeling of being unwell (malaise)
- Painful, red, blister-like lesions on the tongue, gums, and inside of the cheeks
- Red rash, without itching but sometimes with blistering, on the palms, soles, and sometimes the buttocks
- Irritability in infants and toddlers
- Loss of appetite

Treatment

- Treatment is directly toward relief of symptoms (fever and sore throat).
- There is no specific treatment. Signs and symptoms usually clear up in 7-10 days.
- A topical oral anesthetic may help relieve the pain of mouth sores.
- Over-the-counter pain medications other than aspirin, such as acetaminophen or ibuprofen, may help relieve general discomfort.

Prevention and Control

- There is no specific way to prevent the infection. Good hygiene (e.g., proper handwashing) can decrease the risk of spreading the disease.
- Disinfect premises and all infected materials (implements, cards, clothes, etc.).

References

- DOH Philippines. (2005). Health Advisory on Foot and Mouth Disease.
- Mersch, John. (2021). Hand Foot and Mouth (HFMD) Disease. Retrieved from http://www.medicinenet.com/hand-foot-and-mouth_syndrome/article.htm

Image from <http://www.empowher.com/media/reference/hand-foot-and-mouth-disease>