



Republic of the Philippines
Department of Education
 DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

OSDS-2023- 034

To : **Public Schools District Supervisors
 Health and Nutrition Personnel
 All Schools Administrators
 Secondary Nurse
 All Others Concerned**

Subject : **CONDUCT OF DIVISIONWIDE BLOOD LETTING ACTIVITY**

Date : February 20, 2023

This Division thru the Health and Nutrition Unit in coordination with Digos City National High School Red Cross Youth Coordinator and organizer of "Karugtong na Dugo , Alay ng Guro Blood Letting Project" will conduct a Divisionwide Blood Letting Activity on February 25, 2023, Saturday, 7:30 AM to 11:30 AM at DiCNHS.

Teaching and non- teaching personnel who are interested and willing to donate blood must be:

- a. Healthy in the sense that he/she:
 - is a non-smoker
 - has no medication maintenance for High Blood Pressure, Diabetes and others.
- b. No fever, colds and cough.
- c. Well-rested with at least 8 hours of sleep a day before the conduct of the activity.

As per DepEd Order No. 53, s. 2003 or Updated Guidelines on Grant of Vacation Service Credits to Teachers, the participants who are qualified blood donors shall be eligible for the grant of Service Credits for Teachers and Compensatory Overtime Credits (COC) for non-teaching personnel and the same with the members of the respective committees during the conduct of the above-mentioned activity.

For information and compliance.

CRISTY C. EPE

Schools Division Superintendent

2/21/23

DepEd Schools Division of Digos City
 RECORDS SECTION

RECEIVED
23-98198
 DATE: 12 1 FEB 2023 TIME: 4:06 pm
 BY: *[Signature]*

Enclosed: As stated.
 OSDS/HNU/hmle



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