



Republic of the Philippines
Department of Education

DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2023-178

To : Assistant Schools Division Superintendent
SGOD & CID Chiefs
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All others concerned

Subject : **INFORMATION DISSEMINATION ON THE INFOGRAPHIC-
MAKING COMPETITION OF COPE UP**

Date : April 17, 2023

This memorandum is issued not for endorsement but only for the information of schools.

Herewith is an invitation from COPE UP, a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines Diliman. In line with their COPE Caravan, the organization's socio-civic project, COPE UP invites high school students to participate in the infographic-making competition.

This Office emphasizes that participation in the said competition should only be voluntary and must adhere to DepEd Order No. 9, s. 2005 titled: "Instituting Measures to Increase Engaged Time-on-task and Ensuring Compliance Therewith", and DepEd Order No. 66, s. 2017 titled "Implementing Guidelines on the Conduct of Off-Campus Activities".

Immediate dissemination of this Memorandum is desired.

Melanie P. Estacio
MELANIE P. ESTACIO

Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Enclosed: As stated.
SGOD/cab

DepEd Schools Division of Digos City
RECORDS SECTION

RELEASED
23-100279

DATE: APR 20 2023 TIME: 9:00 AM

BY: *[Signature]*



Address: Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)
Telephone Nos.: (082) 553-8375; (082) 553-8396



**COPE UP Executive Committee
A.Y. 2022-2023**

Edrian Divinaflor
Overall Project Head

John Marco Bajana
Executive Vice President

Margret Juan
Executive Secretary

**COPE Caravan 2023
AdHoc Team**

**John Marco Bajana
Marvin De Guzman
Louise Gabriel Jimenez**
Overall Heads





**Joriz Mico Medina
Lebron Andre Liam Palanca**
Programs Subcommittee Heads

Allianz Jelena Maturino
Creatives and Promotions
Subcommittee Head

John Clarence Pamplina
Communications Subcommittee Head

Josh Andrew Martija
Technical and Logistics
Subcommittee head

CONTACT US

-  cope.caravan@gmail.com
-  facebook.com/COPE.UPDiliman
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04 APRIL 2023

CRISTY C. EPE

Schools Division Superintendent
Department of Education - Division of Digos City
Digos City

Greetings from COPE UP!

COPE UP is a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines Diliman. It is also the premier mental health organization in the university. Its advocacies include raising mental health awareness, destigmatizing mental illnesses, and providing a sound environment for individuals experiencing mental health disorders, problems, and other mental health-related challenges. Since 2017, the organization has conducted educational discussions and has promoted creative contents that are in line with its advocacies towards building a mentally healthy country.

For this semester, COPE UP will be holding **COPE Caravan**, the organization's socio-civic project, which features a series of events forwarding the organization's advocacies as well as providing students with healthier ways to cope with the stresses of life. This year, COPE Caravan will go by the title **Sanctuary: Places, Spaces and their Relationship with Mental Health**. This will be a month-long celebration that aims to highlight the influence of spaces and people's perception of them on their mental health and will showcase a variety of projects and events ranging from competitions, webinars, and other exciting and informative activities that are open for senior high school students as well as college-level students.

The competitive event, which is an **infographic-making competition**, aims to provide an avenue for high school students to unleash their creativity while writing and researching a relevant topic in line with the organization's advocacy of mental health awareness. With this in mind, COPE UP would love to have your students participate in the organization's competitive event. Not only will your students have the opportunity to apply their talents and skills in contemporary social contexts, but also, your students

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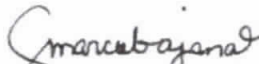
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will have the chance to win cash prizes, among other tentative incentives.

In line with this, COPE UP humbly requests your office to grant an issuance of a **DepEd Regional Advisory** for immediate information dissemination to the schools within your region. The organization is very eager with its advocacy for mental health awareness and with your participation, COPE UP will be able to reach out to more students outside the university.

Should you have any questions or concerns, feel free to contact us at cope.caravan@gmail.com or through the undersigned. We are looking forward to your favorable response.

For a mentally healthy Philippines,


John Marco Bajana
Overall Head
COPE Caravan 2023


Louise Gabriel Jimenez
Overall Head
COPE Caravan 2023



Certificate of Registration

This certifies that the

COPE UP

has been accredited as a UNIVERSITY REGISTERED ORGANIZATION

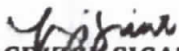
by the Office of Student Projects and Activities (OSPA), University of the Philippines Diliman, for Academic Year 2022-2023 and is given permission to:

- use/attach/annex the name of the University (University of the Philippines, U.P.) to the name of the organization;
- conduct activities;
- request to use any University or College facility/ies;
- apply for project grants;
- apply for tambayan;
- partner with any UP unit; and
- participate in activities led by the University units.


Subject to the following conditions:

1. this certificate of registration is valid only for the AY/Semester indicated above and until the end of the student org registration period for the 1st Semester for AY 2023-2024;
2. that entitlement to all privileges accorded to registered organizations is still subject to the rules and guidelines set for such privileges;
3. that changes in the list of officers, members, faculty adviser/s and the Constitution and By-laws shall immediately be reported to the OSPA; and
4. that all activities of the organization must be approved and endorsed by its faculty adviser.

Certified:


PROF. CRIZEL SICAT-DE LAZA
 Coordinator

Noted:


PROF. LOUISE JASMIN R. SONIDO
 Vice Chancellor for Student Affairs