

#105041



Republic of the Philippines  
Department of Education  
REGION XI  
SCHOOLS DIVISION OF DIGOS CITY

Office of the Schools Division Superintendent

**DIVISION MEMORANDUM**

CID-2023- 292

To : Beverly S. DaugDaug  
CID Chief  
  
Elizabeth R. Bueron  
DiCNHS Principal  
  
Registered Guidance Counselors  
All Others Concern

Subject : **INVITATION FROM PANABO CITY DIVISION FOR THE CONDUCT OF  
"BAYANIHAN FOR WELLBEING TRAINING"**

Attention : Rofelia T. De Mesa – Guidance Coordinator II  
Chona A. Lasib – Guidance Coordinator III  
Auvei G. Padernilla – Guidance Counselor III  
Mae Laarni L. Torres – Guidance Counselor III  
Maria Layda S. Sagolili – Guidance Counselor III  
Nenita M. Villena – Guidance Designate

Date : July 18, 2023

This is relative to the invitation forwarded from the Schools Division of Panabo City requesting speakers for the conduct of their "Bayanihan for Wellbeing Training" which will be conducted for Guidance Counselors and Advocates of Panabo City Division on July 27, 2023.

In this connection, the identified speakers and facilitators are hereby enjoined to extend their service during the conduct of the above-mentioned event, to wit:

Rofelia T. De Mesa, RGC  
Chona A. Lasib, MAEdGC, RGC  
Auvei G. Padernilla, MGC, RGC  
Mae Laarni L. Torres, MAEdGC, RGC  
Maria Layda S. Sagolili, MAT  
Nenita M. Villena, MAEdGC.

Further details and information are provided in the enclosures.

For your information and compliance.

*Melanie P. Estacio*  
**MELANIE P. ESTACIO, CESO VI**  
Schools Division Superintendent

Enclosed: As stated.  
CID/rdm

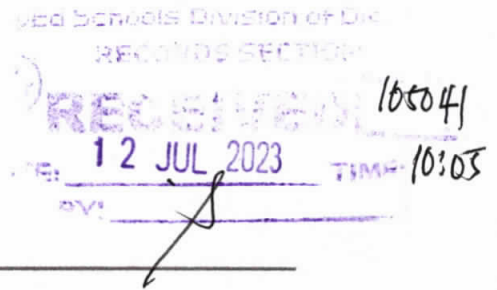


Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002  
(082) 553-8396 | (082) 553-8376 | (082) 553-9170 | (082) 553-8375  
(082) 553-8396 | (082) 553-8376  
www.depeddigoscity.org | digos.city@deped.gov.ph

DepEd Schools Division of Digos City  
20-105041  
DATE: 20 JUL 2023  
SY: *[Signature]*



Republic of the Philippines  
**Department of Education**  
Region XI  
SCHOOLS DIVISION OF PANABO CITY



**Office of the Schools Division Superintendent**

July 11, 2023

**MELANIE P. ESTACIO**

OIC-Schools Division Superintendent  
Division of Digos City

Thru:

**ROFELIA DE MESA RGC**

Division Guidance Coordinator

Madam:

**Greetings!**

The Schools Division of Panabo City through the Curriculum Implementation Division (CID) will be having a **“Bayanihan for Wellbeing Training”** for all Guidance Counselors and Advocates to be facilitated by the Division Guidance and Counseling Program in this Division on July 27, 2023, from 8:00 o'clock in the morning until 2:00 o'clock in the afternoon at Southern Davao National High School. The activity aims to:

- a. help, guide, train and support the participants to be more effective in the performance of their designations, duties and responsibilities;
- b. equip the participants with the knowledge, skills, and attitudes that are needed to properly respond to students mental health concerns and;
- c. provide opportunities for well-being and mindfulness practice, to help adult participants flourish, be more engaged, more productive and live a stress free life.

No single department in this Division can do this alone. We need each other, we need partners. This is our advocacy , together let us help build mentally healthy communities and save lives.

In this connection, we are asking permission from your good office to allow the presence of **Rofelia De Mesa RGC** and **Digos City NHS Guidance Team** headed by Madam **Chona A. Lasib RGC** to be our speakers during this activity.

Should you have any queries and concern, please feel free to contact our **Division Guidance Coordinator Mrs. Juliet D. Raganas RGC, LPT** through phone number 09776583276 or email at [juliet.dosol@deped.gov.ph](mailto:juliet.dosol@deped.gov.ph).

Thank you so much for the continued support extended and still extending to the Division of Panabo City.

Very truly yours,

**JINKY B. FIRMAN CESO VI**

OIC-Schools Division Superintendent

doc://CID/jdr