



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

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**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

OSDS-2022-289

To : Public Schools District Supervisors  
Health and Nutrition Section  
All Elementary and Secondary School Administrators  
All Others Concerned

Subject : **PROMOTING ORAL HEALTH IN PUBLIC SCHOOLS**

Date : November 14, 2023

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This is in reference to the DepED Order No 73, s 2007 on Promoting Oral Health in Public Elementary Schools, the 2006 National Health Survey (NOHS) conducting among children in the public elementary schools revealed that 97.1% of 6 years old and 78.4% of the 12 years old have dental caries which affects 87.4% of Filipinos while 48.3% have periodontal disease. In most developing low-income countries like the Philippines, more than 90% of caries cases are left untreated.

In response to this perennial health problem, the Schools Division of Digos City shall pursue activities that enhance the development of oral habits through daily toothbrushing.

In line with this, all learners in all public elementary schools should actively participate in the **daily toothbrushing activities/ drills** in schools after recess time to create greater awareness on the importance of daily toothbrushing with fluoridated toothpaste. The principals/school heads shall ensure the availability of toothbrush, toothbrushing paraphernalia, handwashing/water facilities and shall provide administrative support for an effective and sustainable toothbrushing activity. Similarly, the secondary schools are required to comply with the above-mentioned call.

Furthermore, the schools are also encouraged to initiate a **school hydration activity** inside the classroom that will be conducted simultaneously. This serves as a strategy for the learners and personnel to intake the required daily eight (8) glasses of water to help learners and personnel increase their daily water intake, maintain normal body temperature and prevent dehydration due to hot weather condition.



**Address:** Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)  
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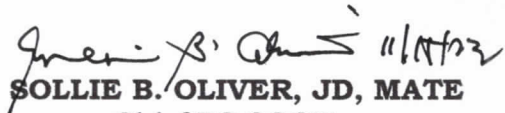
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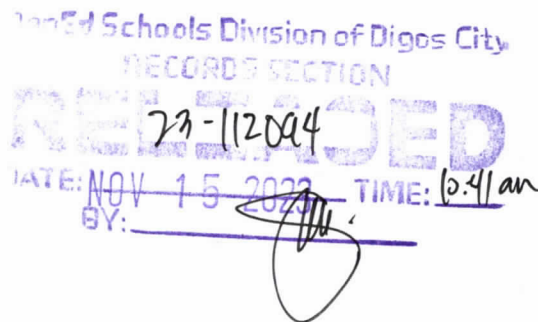
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Division Dentists will conduct school monitoring to all schools for the active participation of both elementary and secondary school learners in the daily toothbrushing drills and water activity. **All WINS Coordinators** are required to submit a narrative report with documentation of the said activities **every 10<sup>th</sup> of the month of every quarter.**

For information and compliance.

For and in the absence of the  
Schools Division Superintendent

  
**SOLLIE B. OLIVER, JD, MATE**  
Chief ES SGOD  
Officer -in-charge



Enclosed: As stated.  
SGOD/HNU/jaa



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