



Republic of the Philippines  
**Department of Education**  
**REGION XI**  
**SCHOOLS DIVISION OF DIGOS CITY**

Office of the Schools Division Superintendent

**DIVISION MEMORANDUM**

CID-2024- (79)

To : Public Schools District Supervisors  
School Heads/Principals/Administrators  
Public and Private Senior High Schools

Subject : **CONDUCT OF COPE CARAVAN**

Date : April 23, 2024

Herewith is the Regional Memorandum CLMD-2024-215 with the letter invitation from COPE UP, a non-profit, non-partisan and non-sectarian mental health organization based at the University of the Philippines, informing the field of the conduct of COPE Caravan, which features a series of events in line with the organization’s advocacies as well as providing students with healthier ways to cope with the stresses of life.

This Office informs the field that the participation of teachers and learners is on voluntary basis and that no government funds shall be involved and subject to the policy on “No Disruption of Classes” per DepEd Order No. 9, s. 2005 entitled “Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.”

Other details of the activity are in the enclosures.

For information, and guidance of the Schools.

*Melanie R. Estacio*

**MELANIE R. ESTACIO, PhD, CESO VI**  
Assistant Schools Division Superintendent  
Officer-in-Charge, Office of the SDS

DepEd Schools Division of Digos City  
RECORDS SECTION

**RELEASED**  
24/11/2024  
DATE: APR 24 2024 TIME: 3:50pm  
BY: *[Signature]*

Enclosed: As stated.

CID/lbj







Republic of the Philippines  
Department of Education  
DAVAO REGION

DepEd Schools Division of Davao City  
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**RECEIVED** 119579  
19 APR 2024  
TIME: 9:58

Office of the Regional Director

**REGIONAL MEMORANDUM**  
CLMD-2024-215

To : Schools Division Superintendents

Subject: CONDUCT OF COPE CARAVAN

Date : April 19, 2024

Relative to the letter invitation from COPE UP, a non-profit, non-partisan and non-sectarian mental health organization based at the University of the Philippines, announces the conduct of **COPE Caravan**, which features a series of events forwarding the organization's advocacies as well as providing students with healthier ways to cope with the stresses of life.

Further, participation of teachers and learners is discretionary on the part of the Schools Division Superintendent, in adherence to the policy on "No Disruption of Classes" per DepEd Order No. 9, s. 2005 entitled: "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith." No Government funds shall be used.

Other details are in the enclosures.

Immediate dissemination of this Memorandum is desired.

**ALLAN G. FARNAZO**  
Director IV

By the Authority of the Regional Director:

*[Signature]*  
**ROY T. ENRIQUEZ**  
Chief Administrative Officer  
Officer-In-Charge

Enclosed: As Stated

Copy Furnished:

**Hans Matthew Antiojo**  
Overall Head  
COPE Caravan 2024

DEPARTMENT OF EDUCATION ROXI  
RECORDS SECTION  
**RELEASED**

APR 19 2024

ROC3/fbdc

By: *[Signature]*  
Date: 4.19.24 Time: 2:16 PM



Address: F. Torres St., Davao City (8000)  
Telephone Nos.: (082) 291-1665; (082) 221-6147  
Email Address: region11@deped.gov.ph  
Website: www.depedroxi.ph





April 11, 2024

HON. ALLAN G. FARNAZO

Regional Director

Department of Education - Region XI (Davao Region)

F. Torres St., Davao City

4-11-24

10:11

**EXECUTIVE COMMITTEE  
A.Y. 2023-2024**

**John Marco Bajana**  
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Executive Vice President

**Emanuelle Julia Marie  
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**COPE CARAVAN 2024  
ADHOC TEAM**

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**John Nicolas Donado**  
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**contact us**

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Greetings from COPE UP!

**COPE UP** is a non-profit, non-partisan, and non-sectarian mental health organization based at the University of the Philippines Diliman. As the premier mental health organization in the university, COPE UP's advocacies include raising mental health awareness, destigmatizing mental illnesses, and providing a sound environment for individuals experiencing mental health disorders, problems, and other mental health-related challenges. Since 2017, the organization has conducted educational discussions and has promoted creative content that is in line with its advocacies toward building a mentally healthy country.

This semester, COPE UP will be holding **COPE Caravan**, which features a series of events forwarding the organization's advocacies as well as providing students with healthier ways to cope with the stresses of life. Going by the title **Embracing Diversity, Fostering A Community: A Bridge to Mental Health Inclusivity**, the month-long celebration aims to highlight the importance of bridging the gap in access to mental health services, especially with the Filipino communities through a series of events ranging from competitions, advocacy booths, roundtable discussion, and other exciting and informative activities.

One of the events will be an **Infographic-making competition**, which aims to provide an avenue for senior high school students to unleash their creativity while writing and researching a relevant topic in line with the organization's advocacy of mental health awareness. Not only will the students have the opportunity to apply their talents and skills within contemporary social contexts, but they will also have the chance to win cash prizes, along with other tentative incentives.

In line with this, COPE UP humbly requests your office to grant an issuance of a **DepEd Regional Advisory** for immediate information dissemination to the schools within your region. The organization is very **eager** with its advocacy for mental health awareness and with your participation, COPE UP will be able to reach out to more students outside the university.



Should you have any questions or concerns, feel free to contact us at [cope.caravan@gmail.com](mailto:cope.caravan@gmail.com) or through the undersigned. We are looking forward to your favorable response.

**EXECUTIVE COMMITTEE  
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**contact us**

[cope.caravan@gmail.com](mailto:cope.caravan@gmail.com)

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For a mentally healthy Philippines,

**Hans Matthew Antiojo**  
Overall Head  
COPE Caravan 2024

**John Nicolas Donado**  
Overall Head  
COPE Caravan 2024

**Maria Macaranas**  
Overall Head  
COPE Caravan 2024