



Republic of the Philippines
Department of Education
 DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2024-487

To : Lyra O. Pilarte, MD- Medical Officer III
 Dhelmie Christine S. Peñas, RN- ARH Focal
 Daissy P. Sanoy, RN- SMH Focal
 Frances Millicent R. Durano, RN- SMH Alternate Focal

Subject : **REGIONAL TRAINING ON MENTAL HEALTH FIRST AID: "I LISTEN, I TEACH, I RESPOND: GATEKEEPERS GUIDE TO SUICIDE PREVENTION"**

Date : August 12, 2024

This has reference to the Regional Memorandum ESSD-2024-328 re: **REGIONAL TRAINING ON MENTAL HEALTH FIRST AID: "I LISTEN, I TEACH, I RESPOND: GATEKEEPERS GUIDE TO SUICIDE PREVENTION"** dated August 5, 2024.

This Office, in coordination with Philippine Mental Health Association, Inc.- Davao City Chapter will conduct a Regional Training on Mental Health First Aid: **"I Listen, I Teach, I Respond: Gatekeeper's Guide to Suicide Prevention"** on **August 22-23, 2024**, in Mati City (final venue to be announced). The participants are expected to arrive at **12:00 noon of August 21, 2024**.

The activity will be participated by the identified medical officers, school mental health focal, school mental health alternate focal, and SDO adolescent reproductive health coordinators from the Regional Office and Schools Division Offices.

With this regard, the following SDO personnel are requested to attend the said activity:

Health and Nutrition Unit Personnel

- **Lyra O. Pilarte, MD- Medical Officer III**
- **Dhelmie Christine S. Peñas, RN- ARH Focal**
- **Daissy P. Sanoy, RN- SMH Focal**
- **Frances Millicent R. Durano, RN- SMH Alternate Focal**

Travelling and other incidental expenses shall be charged to downloaded SMHP funds or local funds subject to the usual accounting and auditing rules and regulations while venue, meals, and accommodation will be covered by SMHP download funds.

Immediate and wide dissemination of this memorandum is desired.

DepEd Schools Division of Digos City
 RECORDS SECTION
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 FN-125507
 DATE: AUG 13 2024 TIME: 2:47
 BY: _____

Melanie P. Estacio
MELANIE P. ESTACIO, PhD, CESO VI
 Schools Division Superintendent
 Office-in-charge

[Signature]
 8/12/24

Enclosed: As stated.
 SGOD/HNU/lop



Address: Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)
 Telephone Nos.: (082) 553-8375; (082) 553-8396



Republic of the Philippines
Department of Education
 DAVAO REGION

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 RECEIVED
 DATE: 09 AUG 2024
 BY: [Signature]

Office of the Regional Director

REGIONAL MEMORANDUM
 ESSD-2024-328

To : Schools Division Superintendents
 Chief Education Supervisor, ESSD

Subject : REGIONAL TRAINING ON MENTAL HEATH FIRST AID: "I LISTEN, I TEACH, I RESPOND: GATEKEEPER'S GUIDE TO SUICIDE PREVENTION"

Date : August 5, 2024

This Office, in coordination with Philippine Mental Health Association, Inc. – Davao City Chapter will conduct a **Regional Training on Mental Health First Aid: "I Listen, I Teach, I Respond: Gatekeeper's Guide to Suicide Prevention"** on **August 22-23, 2024**, in **Mati City** (final venue to be announced). The participants are expected to arrive at **12:00 noon of August 21, 2024**.

The training will be attended by the identified medical officers, school mental health focals, school mental health alternate focals, and SDO adolescent reproductive health coordinators from the Regional Office and Schools Division Offices (**Annex**).

Travelling and other incidental expenses shall be charged to downloaded SMHP funds or local funds subject to the usual accounting and auditing rules and regulations while venue, meals, and accommodation will be covered by SMHP downloaded funds.

Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO
 Director

Enclosed: As stated.

DEPARTMENT OF EDUCATION
 RECORDS SECTION
RELEASED

BY: [Signature]
 Date: Aug. 08, 2024
 25773

ROE/gmca



Address: F. Torres St., Davao City (8000)
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Doc. Ref. Code	RO-KMT-F001	Rev	00
Effectivity	07.01.24	Page	1 of 3





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 DAVAO REGION

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Annex

**LIST OF PARTICIPANTS FOR REGIONAL TRAINING ON MENTAL HEALTH
 FIRST AID: "I LISTEN, I TEACH, I RESPOND: GATEKEEPER'S GUIDE TO
 SUICIDE PREVENTION"**

Names	Designation	Office/SDOs
1. Stephen Mark T. Castres	Regional ARH & SMH Focal	Regional Office
2. Gabrielle Marie C. Alcoba	Technical Assistant II - SMH	
3. Charlaine Jenn S. Moreno	Technical Assistant I - SMH	
4. Dr. Ritchelle S. Aresco	Medical Officer III	Davao City
5. Jasmin S. Betinol	ARH Focal	
6. Milabel C. Tolentino	SMH Focal	
7. Joie Berzabal	SMH Alternate Focal	
8. Jenevive A. Pongase	Division Nurse In-Charge	Davao Occidental
9. Arlene Joy C. Sandico	ARH Focal	
10. Priscillo Jr. F. Acle	SMH Focal	
11. Vivien R. Corbet	SMH Alternate Focal	
12. Dr. Christine P. Limbujan	Medical Officer III	Davao del Sur
13. Felmah Anina B. Elnar	ARH Focal	
14. Kamille Ayn M. Sa-ao	SMH Focal	
15. Chinnereth Joy M. Mejorada	SMH Alternate Focal	
16. Dr. Lyra O. Pilarte	Medical Officer III	Digos City
17. Dhelmie Christine S. Peñas	ARH Focal	
18. Daissy Jane P. Sanay	SMH Focal	
19. Frances Millicent R. Durano	SMH Alternate Focal	Panabo City
20. Dr. Arlene L. Choi	Medical Officer III	
21. Desiree Loren L. Barabat	ARH Focal	
22. John Carlo L. Ceniza	SMH Focal	
23. Ma. Ezelmay S. Cabaylo	SMH Alternate Focal	Tagum City
24. Dr. Dasbir C. Sohal	Medical Officer III	
25. Miriam B. Lilio	ARH Focal	
26. Candice M. Campomances	SMH Focal	
27. (to be identified by SDO)	Nurse II	Davao del Norte
28. Dr. Henry S. Villarosa Jr.	Medical Officer III	
29. Catherine P. Cantalejo	ARH Focal	
30. Ma. Luisa R. Cuyos	SMH Focal	
31. Mercy L. Dela Cruz	SMH Alternate Focal	IGACOS
32. Dr. Michelle T. So	Medical Officer III	
33. Lynn M. Amit	ARH Focal	
34. Lester I. Enumerables	SMH Focal	
35. Julvie C. Pascua	SMH Alternate Focal	Davao de Oro
36. Dr. Gringo John F. Pelaez	Medical Officer III	
37. Donna Kenneth M. Nistal	ARH Alternate Focal	
38. Richel J. Lastimado	SMH Focal	
39. Godfree L. Espero	SMH Alternate Focal	Mati City
40. Dr. Maria Clotilde Corazon H. Zosa	Medical Officer III and ARH Focal	
41. Kate G. Peña	SMH Focal	



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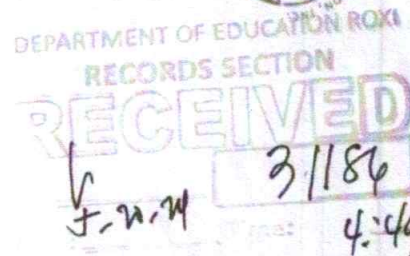
42. Fritzie A. Aparra	Division Nurse In-Charge	Davao Oriental
43. Peter Jourdan G. Reyes	Nurse II	
44. Charise Stephenie P. Torpio	Division Nurse In-Charge	
45. Irish Mate M. Arboleda	ARH Focal	
46. Edmar Jay S. Rara	SMH Focal	
47. (to be identified by SDO)	Nurse II	

= NOTHING FOLLOWS =



May 20, 2024

ALLAN G. FARNAZO,
Director IV
Department of Education, Region XI
Davao City



THRU: STEPHEN MARK T. CASTRES
Regional Focal Person on School Mental Health

RE: REGIONAL TRAINING ON MENTAL HEALTH
(AUGUST 22-23, 2024).

Dear RD Farnazo;

The PMHA Davao received a letter dated May 07, 2024, from your office regarding the request of a regional training on mental health. Please be informed that PMHA Davao commits to conducting the said training on the dates your office proposed. This training will be facilitated in cooperation with our team from PMHA headquarters in Manila.

Prior to receiving the said letter [of request], the undersigned and Sir Stephen Mark T. Castres were in communication regarding the proposed training. In the said communication, the following were agreed:

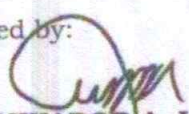
1. DepEd XI will shoulder the airfare/transportation, meals, and room accommodations of 3 facilitators from PMHA Manila;
2. DepEd XI will shoulder the meals of the participants and venue of the training;
3. PMHA will shoulder the training kits and materials, and;
4. PMHA will not charge DepEd XI the professional fees of the facilitators/training team.

As to put this agreement official and formal, PMHA would like to request from your good office a written confirmation of this agreement.

Sincerely


TEOFILOS S. LIMIKID, MS PSY
Chapter Executive Manager

Noted by:


DOMINADOR A. LOPEZ
Chairperson

