

Office of the Schools Division Superintendent

#### **DIVISION MEMORANDUM**

SGOD-2024-544

To

**DHELMIE CHRISTINE S.PENAS,RN** 

Adolescent Reproductive Health Focal

FRANCES MILLICENT R. DURANO, RN

Adolescent Reproductive Health Focal Alternate

APRIL ROSE A. ALCALA

Youth Formation Focal

JOSE ISRAEL MARAVILLES

Youth Formation Focal

Subject:

PARTICIPATION IN THE REGIONAL TRAINING ON USAPANG

BARKADAHAN + INSTALLATION OF PEER EDUCATION IN

**SCHOOLS** 

Date

September 10, 2024

- Enclosed is the letter from the Education Support Services Division in partnership with the Department of Health Davao Center for Health Development (DOH- DCDH), Commission on Population and Development (CPD XI) and National Commission on Indigenous Peoples (NCIP) XI will conduct a Regional Training on Usapang Barkadahan + Installation of Peer Education in Schools on September 11-13, 2024 at the Waterfront Insular Hotel Davao.
- 2. In line with this the Adolescent Reproductive Health and Youth Formation Focal persons are directed to attend the said training and cascade the training at the school level.
- 3. For queries and clarifications, you may contact Stephen Mark T. Castres, Regional Focal Person on School Mental Health and Adolescent Reproductive Health Program of the Education Support Services Division at 0975-9503-781 or at <a href="mark.castres@deped.gov.ph">stephenmark.castres@deped.gov.ph</a>.
- 4. Attached is the Program for the 3 days training activities for your ready reference.









Office of the Schools Division Superintendent

- 5. Travel and other incidental expenses shall be charged to local and downloaded funds, subject to the usual accounting and auditing rules and regulations.
- 6. For information and strict compliance is desired.

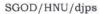
m free T Chi 9/11/2 MELANIE P. ESTACIO

OIC- Schools Division Superintendent

Percent Schools Division of Digos City

DATE: SEP 1 1

BY:











## Republic of the Philippines

# Department of Education

**DAVAO REGION** 

## Office of the Regional Director

REGIONAL MEMORANDUM ESSD-2024-361

To

Schools Division Superintendents

Chief Education Supervisor, ESSD

Subject:

PARTICIPATION TO THE REGIONAL TRAINING ON USAPANG BARKADAHAN + INSTALLATION OF PEER EDUCATION IN SCHOOLS

Date :

September 4, 2024

Pursuant to Republic Act No. 10354 known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012 and DepEd Joint Memorandum No. 003, s. 2021 or the "Comprehensive Sexuality Education – Adolescent Reproductive Health (CSE-ARH) Convergence Pilot Implementation", this Office through the Education Support Services Division, in partnership with the Department of Health – Davao Center for Health Development (DOH-DCHD), Commission on Population and Development (CPD) XI, and National Commission on Indigenous Peoples (NCIP) XI will conduct Regional Training on Usapang Barkadahan + Installation of Peer Education in Schools on September 11-13, 2024, at the Waterfront Insular Hotel Davao. This activity is hosted by SDO – Panabo City.

Anent to this, Adolescent Reproductive Health and Youth Formation Focal Persons are advised to attend (see Annex).

Travelling and other incidental expenses shall be charged to local/downloaded funds subject to the usual accounting and auditing rules and regulations while venue, meals, and accommodation will be covered by School Mental Health downloaded funds to SDO – Panabo City.

For queries and clarifications, you may contact **Stephen Mark T. Castres**, Regional Focal Person on School Mental Health and Adolescent Reproductive Health Program of the Education Support Services Division at **0975-9503-781** or at **stephenmark.castres@deped.gov.ph**.

Immediate and wide dissemination of this Memorandum is desired.

RECORDS SECTION

ALLAN G. FARNAZO

Enclosed: As stated.

ROE/smtc

- 0 D - City (2000)

Address: F. Torres St., Dayao City (8000)

Telephone Nos.: (082) 291-1665; (082) 221-6147

Effectivity

Email Address: region11@deped.gov.ph Website: www.depedroxi.ph Doc. Ref. Code RO-KMT-F001 Rev 00 Effectivity 07.01.24 Page 1 of 4











#### Usapang Barkadahan - Program Inv... Done

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DEPARTMENT OF EDUCATION REC IN PARTNERSHIP WITH THE DEPARTMENT OF HEALTH

### REGIONAL TRAINING ON USAPANG BARKADAHAN + II **SCHOOLS**

#### PROGRAM OF ACTIV

TIME RESPONSIBLE PERSON

Day 1: Usapang Barkadahan (September 11, 2024) 12:00 - 2:30 PM

2:30 - 3:00 PM Mental Health Activity Opening Progra Welcome Remai 3:00 - 3:30 PM

c/o DepEd RO XI SMH Team Me Warlito E. Hua CES, DepEd XI

Inspirational Message

Allan G. Farnazo Director IV, DepEd XI

Nandy A. Senoc Executive Director, FPOP 3:30 - 4:00 PM Dennis John T. Barimbao

Introductory Activity: "Knowing Oneself: Body Mapping" (Activity 1) Chapter Program Manager, FPOP FPOP Peer Education Training or CSE Journey

House Rules Training Hall Dynamics Daily Barkada Teams Expectation Setting Stephen Mark T. Castres Nurse-It, DepEd RO XI 4:00 - 4:30 PM

Overview and Orientation on The Training 4:30 - 5:00 PM 5:30 PM onwards Dinner

Dennis John T. Barimbao Chapter Program Manager, FPOP Session 0 - Night Talks (Sharing Experiences and Ideas) Day 2: Usapang Barkadahan/Peer Education Training (September 12, 2024) – "My Self and My Responsibility"

#### Module 1: Orientation on Peer Education "Usapang Barkadahan"

Uninterrupted Health Break

8:00 - 8:30 AM Preliminaries and Recap Assigned Group Dennis John T. Barimbao 8:30 - 9:00 AM Swap Stats (In Focus: 2021 YAFS 5) -Chapter Program Manager, FPOP Denverlyn Jill C. Ferolin SHPO, DOH-DCHD Activity 2 Session 1.1 Understanding Peer 8:30 - 9:00 AM Education Session 1.2 Translating Theoretical Base for Peer Education into Practice 9:00 - 9:30 AM 9:30 - 10:00 AM

Module 2: Module 2: Changing Bodies, Changing Selves (Understanding Adolescence)

April Angelie L. Piquero IO I, CPD XI Session 2.1 Physical and Psychological Changes during Adolescence (SHAPE-A Primer) 10:00 - 11:00 AM Estelito L. Ocampo NCIP XI ICV & IP Youth Focal, NCIP XI Session 2.2 Cultural Sensitivity on the 11:00 - 12:00 NN **Different Cultures Among** 

12:00 - 1:00 PM Lunch Break

Session 2.3 Talking to Teens (Basic Counselling Skills) Dr. Henry S. Villarosa, Jr. MO III, SDO – Davao del Norte 1:00 - 2:00 PM

Module 3: Sex, Gender, and Sexuality



Time	Activity	Responsible Person	
	rkadahan(September 11, 2024)		
12:00 – 2:30 PM	Registration		
2:30 – 3:00 PM	Mental Health Activity	c/o DepEd RO XI SMH Team Members	
3:00-3:30 PM	Opening Program Message from Partner	Nandy A. Senoc Executive Director, FPOP	
3:30 – 4:00 PM	Introductory Activity: "Knowing Oneself: Body Mapping" (Activity 1)	Dennis John T. Barimbao Chapter Program Manager, FPOP	
1	FPOP Peer Education Training on CSE Journey		
4:00 – 4:30 PM	House Rules Training Hall Dynamics Daily Barkada Teams	Stephen Mark T. Castres Nurse-II, DepEd RO XI	
4:30 – 5:00 PM	Overview and Orientation on the		
5:30 PM onwards	Training Dinner		
9:00 PM	Session 0 - Night Talks (Sharing Experiences and Ideas)	Dennis John T. Barimbao Chapter Program Manager, FPOP	
	ion on Peer Education "UsapangBark		
8:00 – 8:30 AM	Preliminaries and Recap	Assigned Group	
8:30 – 9:00 AM	Swap Stats (In Focus: 2021 YAFS 5) – Activity 2	Dennis John T. Barimbao Chapter Program Manager, FPOP	
		1101	
8:30 – 9:00 AM	Session 1.1 Understanding Peer Education	1101	
9:00 – 9:30 AM		Denverlyn Jill C. Ferolin SHPO, DOH-DCHD	
	Education Session 1.2 Translating Theoretical Base for Peer	Denverlyn Jill C. Ferolin	
9:00 – 9:30 AM 9:30 – 10:00 AM	Education Session 1.2 Translating Theoretical Base for Peer Education into Practice	Denverlyn Jill C. Ferolin SHPO, DOH-DCHD	
9:00 – 9:30 AM 9:30 – 10:00 AM	Education Session 1.2 Translating Theoretical Base for Peer Education into Practice  Uninterrupted Health Break	Denverlyn Jill C. Ferolin SHPO, DOH-DCHD	
9:00 – 9:30 AM 9:30 – 10:00 AM Module 2: Changir	Education Session 1.2 Translating Theoretical Base for Peer Education into Practice  Uninterrupted Health Break  og Bodies, Changing Selves (Understate Session 2.1 Physical and Psychological Changes during	Denverlyn Jill C. Ferolin SHPO, DOH-DCHD  anding Adolescence) Sheryll Jane S. Fernandez IO II, CPD XI	

1:00 – 2:00 PM	Session 2.3 Talking to Teens	Dr. Henry S. Villarosa, Jr.
1.00 - 2.00 1 101	(Basic Counselling Skills)	MO III, SDO – Davao del Norte
Module 3: Sex, Ger	nder, and Sexuality	
1:00 – 1:30 PM	Session 3.1 Sex and Gender: What's the Difference	Dennis John T. Barimbao Chapter Program Manager, FPOP
1:30 – 2:00 PM	Session 3.2 Sexual Orientation and Gender Identity and Expression	Dennis John T. Barimbao Chapter Program Manager, FPOP
	Sexuality and Reproductive Health Co	
2:00 – 3:00 PM	Session 4.1 Reproductive Health	Denverlyn Jill C. Ferolin SHPO, DOH-DCHD
3:00 – 4:00 PM	Activity 3 – Relationship, Rights, and Responsibilities Activity 4 – When would you end it? Activity 5 – Speaking for Yourself	Stephen Mark T. Castres Nurse-II, DepEd RO XI
4:00 – 5:00 PM	Activity 4 – Opinion Clarifications (Agree or Disagree) Session 4.2– Let's Talk About Sex, Sexual Response, and Pleasure	Dennis John T. Barimbao Chapter Program Manager, FPOP
5:00 - 5:30 PM	Day Evaluation	
5:30 PM onwards	Dinner	
9:00 -10:00 PM	Session 4.3 - Night Talks (What Went Wrong and What Went Well)	Dennis John T. Barimbao Chapter Program Manager, FPOP
Day 3: UsapangBa Community"	rkadahan/Peer Education Training (S	eptember 13, 2024) – "My
8:00 – 8:30 AM	Preliminaries and Recap	Assigned Group
8:30 – 9:00 AM	Activity 6 – Power Walk	Dennis John T. Barimbao Chapter Program Manager, FPOP
9:00 – 9:30 AM	Session 4.4 Teenage Pregnancy and Contraception	Denverlyn Jill C. Ferolin SHPO, DOH-DCHD
9:30 – 10:00 AM	Activity 7 – Myths and Facts on STI and HIV Activity 8 – Visual Imagery on HIV 101 Activity 9 – Understanding Stigma	Dennis John T. Barimbao Chapter Program Manager, FPOP
10:00 – 10:30 AM	Activity 10 - Sexual and Gender- Based Violence Activity 11 – What should they do?	Stephen Mark T. Castres Nurse-II, DepEd RO XI
10:30 - 11:00 AM	Session 4.5 Parent – Teen	April A. Piquero

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	Trail/Talk	IO I, CPD XI
11:00 – 11:30 AM	Action Planning (Installation of Peer Education in Schools)	Stephen Mark T. Castres Nurse-II, DepEd RO XI
	Synthesis and Ways forward *Activity 12 – Becoming a Peer Educator (Assignment)	
11:30 AM – 12:00 NN	Awarding and Closing Program	
1:00 PM	End of Day 3	

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# Department of Education

DAVAO REGION

Office of the Regional Director Annex

# LIST OF PARTICIPANTS FOR THE REGIONAL TRAINING ON USAPANG BARKADAHAN + INSTALLATION OF PEER EDUCATION IN SCHOOLS

Names	Designation	Office/SDOs
1. Dr. Warlito E. Hua	CES/Reg'l YFD Focal	DepEd RO XI
2. Stephen Mark T. Castres	Reg'l ARH Focal	DepEd RO XI
B. Mary Beth A. Dejacto	TA II – LRP	DepEd RO XI
4. Gabrielle Marie C. Alcoba	TA II – SMHP	DepEd RO XI
5. Charlaine Jenn S. Moreno	TA I - SMHP	DepEd RO XI
5. Jasmin S. Betinol	ARH Focal	Davao City
7. Arlene Joy C. Sandico	ARH Focal	Davao Occidental
8. Felmah Anina R. Elnar	ARH Focal	Davao del Sur
9. Dhelmie Christine S. Peñas	ARH Focal/Medical Team Member	Digos City
10. Desiree Loren L. Barabat	ARH Focal/Medical Team Member	Panabo City
11. Miriam B. Lilio	ARH Focal/SMH Alternate Focal	Tagum City
12. Catherine P. Cantalejo	ARH Focal	Davao del Norte
13. Lynn M. Amit	ARH Focal	IGACOS
14. Crystal Crest A. Dawal	ARH Focal	Davao de Oro
15. Dr. Maria Clotilde Corazon H. Zosa	ARH Focal/SMH Alternate Focal/ Medical Team Leader	Mati City
16. Charise Stephenie P. Torpio	ARH Focal/SMH Alternate Focal	Davao Oriental
17. Kate G. Peña	ARH Alternate Focal/SMH Focal/ Medical Team Member	Mati City
18. Edmar J. Rara	ARH Alternate Focal/SMH Focal	Davao Oriental
19. Donna Kenneth M. Nistal	ARH Alternate Focal	Davao de Oro
20. Hannah Grace L. Pelaez	ARH Alternate Focal	Davao del Norte
21. Daissy Jane P. Sanoy	ARH Alternate Focal/SMH Focal	Digos City
22. Candice M. Campomanes	ARH Alternate Focal/SMH Focal	Tagum City
23. Belle Hyacinth B. Baguinon	ARH Alternate Focal	Davao City
24. Jenevive A. Pongase	ARH Alternate Focal	Davao Occidental
25. Julvie Pascua	ARH Alternate Focal	IGACOS

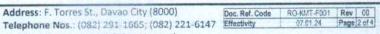






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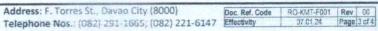
ffice of the Regional Director	ADU Alternate		
26. Janice Intapaya	ARH Alternate Focal	Davao del Sur	
27. Ma. Ezcelmay S. Cabaylo	ARH Alternate		
	Focal/SMH	Panabo City	
	Alternate Focal		
28. Ma. Susete B. Flores	NIC/Nurse-II	Panabo City	
29. Jose Israel Maravilles	Youth Formation	— Digos City	
	Focal		
30. April Rose A. Alcala	Youth Formation		
	Focal		
31. Daisy P. Delfino	Youth Formation	T. 014	
	Focal		
32. Queena Mae Traje	Youth Formation	Tagum City	
	Focal		
33. Margirie M. Asuque	Youth Formation		
	Focal	Davao de Oro	
34. Medard T. Apit	Youth Formation	Davao de Oro	
	Focal		
35. Jillian April A. Casal	Youth Formation		
	Focal	Device del Meste	
36. Elvin A. Anajao	Youth Formation	Davao del Norte	
	Focal		
37. Nelson G. Balagtas	PII/Youth		
	Formation Focal	Daniel Oraldania	
38. (to be identified)	Youth Formation	— Davao Occidental	
	Focal		
39. Glady C. Noel	Youth Formation	Danaha City	
	Focal	Panabo City	
40. Ana Mae S. Padullon	Youth Formation		
	Focal	Mati City	
41. Franzile Louisse Catog	Youth Formation	Mati City	
	Focal		
42. Marielle R. Mendador	Youth Formation		
	Focal	Davao Oriental	
43. Michael Mangkikis	Youth Formation	Davao Official	
	Focal	The state of the s	
44. Judi Rema R. Bagay	Youth Formation	Davao City	
	Focal	Davao City	
45. Rafaella Sigrid M. Quesada	Youth Formation	IGACOS	
	Focal	Idricob	
46. Jessie S. Sajol	EPS/Youth	Davao del Sur	
	Formation Focal		
47. Cris John M. Sumaya	Nurse - II	Panabo City	
48. John Carlo L. Ceniza	Nurse - II/SMH	Panabo City	
	Focal		
49. Elton L. Kadile	Nurse - II	Panabo City	
50. Moolien Jane Estimada	Nurse - II	Panabo City	
51. Dr. Arlene L. Choi	Medical Officer III	Panabo City	
52. Dr. Henry S. Villarosa, Jr.	Medical Officer		
	III/Resource	Davao del Norte	
	Facilitator		

= NOTHING FOLLOWS =









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