

DIVISION MEMORANDUM

SGOD-2024-544

To : **DHELMIE CHRISTINE S. PENAS, RN**
Adolescent Reproductive Health Focal

FRANCES MILLICENT R. DURANO, RN
Adolescent Reproductive Health Focal Alternate

APRIL ROSE A. ALCALA
Youth Formation Focal

JOSE ISRAEL MARAVILLES
Youth Formation Focal

Subject : **PARTICIPATION IN THE REGIONAL TRAINING ON USAPANG BARKADAHAN + INSTALLATION OF PEER EDUCATION IN SCHOOLS**

Date : September 10, 2024

1. Enclosed is the letter from the Education Support Services Division in partnership with the Department of Health – Davao Center for Health Development (DOH- DCDH), Commission on Population and Development (CPD XI) and National Commission on Indigenous Peoples (NCIP) XI will conduct a **Regional Training on Usapang Barkadahan + Installation of Peer Education in Schools** on September 11-13, 2024 at the Waterfront Insular Hotel Davao.
2. In line with this the Adolescent Reproductive Health and Youth Formation Focal persons are directed to attend the said training and cascade the training at the school level.
3. For queries and clarifications, you may contact Stephen Mark T. Castres, Regional Focal Person on School Mental Health and Adolescent Reproductive Health Program of the Education Support Services Division at 0975-9503-781 or at stephenmark.castres@deped.gov.ph.
4. Attached is the Program for the 3 days training activities for your ready reference.

5. Travel and other incidental expenses shall be charged to local and downloaded funds, subject to the usual accounting and auditing rules and regulations.
6. For information and strict compliance is desired.

Melanie P. Estacio
MELANIE P. ESTACIO

OIC- Schools Division Superintendent

Melanie P. Estacio
9/16/24

DepEd Schools Division of Digos City
RECORDS SECTION
RECEIVED
NO DTS
DATE: SEP 11 2024 TIME: 4:00
BY: *[Signature]*



Republic of the Philippines
Department of Education
 DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM
 ESSD-2024-361

To : Schools Division Superintendents
 Chief Education Supervisor, ESSD

Subject: PARTICIPATION TO THE REGIONAL TRAINING ON USAPANG
 BARKADAHAN + INSTALLATION OF PEER EDUCATION IN SCHOOLS

Date : September 4, 2024

Pursuant to Republic Act No. 10354 known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012 and DepEd Joint Memorandum No. 003, s. 2021 or the "Comprehensive Sexuality Education - Adolescent Reproductive Health (CSE-ARH) Convergence Pilot Implementation", this Office through the Education Support Services Division, in partnership with the Department of Health - Davao Center for Health Development (DOH-DCHD), Commission on Population and Development (CPD) XI, and National Commission on Indigenous Peoples (NCIP) XI will conduct **Regional Training on Usapang Barkadahan + Installation of Peer Education in Schools** on **September 11-13, 2024**, at the **Waterfront Insular Hotel Davao**. This activity is hosted by SDO - Panabo City.

Anent to this, **Adolescent Reproductive Health and Youth Formation Focal Persons** are advised to attend (**see Annex**).

Travelling and other incidental expenses shall be charged to local/downloaded funds subject to the usual accounting and auditing rules and regulations while venue, meals, and accommodation will be covered by School Mental Health downloaded funds to SDO - Panabo City.

For queries and clarifications, you may contact **Stephen Mark T. Castres**, Regional Focal Person on School Mental Health and Adolescent Reproductive Health Program of the Education Support Services Division at **0975-9503-781** or at stephenmark.castres@deped.gov.ph.

Immediate and wide dissemination of this Memorandum is desired.

DEPARTMENT OF EDUCATION
 RECORDS SECTION
RELEASED

ALLAN G. FARNAZO
 Director IV

Enclosed: As stated.

By: *[Signature]*
 Date: *Sept. 05, 2024*
 37507

ROE/smtc



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Forward

Usapang Barkadahan - Program Inv... Done

Republic of the Philippines
Department of Education
 DEPARTMENT OF EDUCATION REGIONAL OFFICE XI
 IN PARTNERSHIP WITH THE DEPARTMENT OF HEALTH

REGIONAL TRAINING ON USAPANG BARKADAHAN + II SCHOOLS

PROGRAM OF ACTIVITIES

| TIME | ACTIVITY | RESPONSIBLE PERSON |
|---|--|--|
| Day 1: Usapang Barkadahan (September 11, 2024) | | |
| 12:00 – 2:30 PM | Registration | |
| 2:30 – 3:00 PM | Mental Health Activity | c/o DepEd RO XI SMH Team Members |
| 3:00 – 3:30 PM | Opening Program Welcome Remarks | Warlito E. Hua CES, DepEd XI |
| | Message | Jinky B. Firman SDS, SDO Panabo City |
| | Inspirational Message | Allan G. Farnazo Director IV, DepEd XI |
| | Message from Partner | Nandy A. Senoc Executive Director, FPOP |
| 3:30 – 4:00 PM | Introductory Activity: "Knowing Oneself: Body Mapping" (Activity 1) FPOP Peer Education Training on CSE Journey | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 4:00 – 4:30 PM | House Rules Training Hall Dynamics Daily Barkada Teams Expectation Setting | Stephen Mark T. Castres Nurse-II, DepEd RO XI |
| 4:30 – 5:00 PM | Overview and Orientation on The Training | |
| 5:30 PM onwards | Dinner | |
| 9:00 PM | Session 0 - Night Talks (Sharing Experiences and Ideas) | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| Day 2: Usapang Barkadahan/Peer Education Training (September 12, 2024) – "My Self and My Responsibility" | | |
| Module 1: Orientation on Peer Education "Usapang Barkadahan" | | |
| 8:00 – 8:30 AM | Preliminaries and Recap | Assigned Group |
| 8:30 – 9:00 AM | Swap Stats (In Focus: 2021 YAFS 5) – Activity 2 | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 8:30 – 9:00 AM | Session 1.1 Understanding Peer Education | Denverlyn Jill C. Ferolin SHPO, DOH-DCHD |
| 9:00 – 9:30 AM | Session 1.2 Translating Theoretical Base for Peer Education into Practice | |
| 9:30 – 10:00 AM | Uninterrupted Health Break | |
| Module 2: Module 2: Changing Bodies, Changing Selves (Understanding Adolescence) | | |
| 10:00 – 11:00 AM | Session 2.1 Physical and Psychological Changes during Adolescence (SHAPE-A Primer) | April Angelie L. Piquero IO I, CPD XI |
| 11:00 – 12:00 NN | Session 2.2 Cultural Sensitivity on the Different Cultures Among Adolescents | Estelito L. Ocampo NCIP XI ICV & IP Youth Focal, NCIP XI |
| 12:00 – 1:00 PM | Lunch Break | |
| 1:00 – 2:00 PM | Session 2.3 Talking to Teens (Basic Counselling Skills) | Dr. Henry S. Villarosa, Jr. MO III, SDO – Davao del Norte |

Module 3: Sex, Gender, and Sexuality



| Time | Activity | Responsible Person |
|--|---|--|
| Day 1: UsapangBarkadahan(September 11, 2024) | | |
| 12:00 – 2:30 PM | Registration | |
| 2:30 – 3:00 PM | Mental Health Activity | c/o DepEd RO XI SMH Team Members |
| 3:00-3:30 PM | Opening Program Message from Partner | Nandy A. Senoc Executive Director, FPOP |
| 3:30 – 4:00 PM | Introductory Activity: “Knowing Oneself: Body Mapping” (Activity 1) | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| | FPOP Peer Education Training on CSE Journey | |
| 4:00 – 4:30 PM | House Rules Training Hall Dynamics Daily Barkada Teams Expectation Setting | Stephen Mark T. Castres Nurse-II, DepEd RO XI |
| 4:30 – 5:00 PM | Overview and Orientation on the Training | |
| 5:30 PM onwards | Dinner | |
| 9:00 PM | Session 0 - Night Talks (Sharing Experiences and Ideas) | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| Day 2: UsapangBarkadahan/Peer Education Training (September 12, 2024) – “My Self and My Responsibility” | | |
| Module 1: Orientation on Peer Education “UsapangBarkadahan” | | |
| 8:00 – 8:30 AM | Preliminaries and Recap | Assigned Group |
| 8:30 – 9:00 AM | Swap Stats (In Focus: 2021 YA FS 5) – Activity 2 | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 8:30 – 9:00 AM | Session 1.1 Understanding Peer Education | Denverlyn Jill C. Ferolin SHPO, DOH-DCHD |
| 9:00 – 9:30 AM | Session 1.2 Translating Theoretical Base for Peer Education into Practice | |
| 9:30 – 10:00 AM | Uninterrupted Health Break | |
| Module 2: Changing Bodies, Changing Selves (Understanding Adolescence) | | |
| 10:00 – 11:00 AM | Session 2.1 Physical and Psychological Changes during Adolescence (SHAPE-A Primer) | Sheryll Jane S. Fernandez IO II, CPD XI |
| 11:00 AM – 12:00 NN | Session 2.2 Cultural Sensitivity on the Different Cultures Among Adolescents | Estelito L. Ocampo NCIP XI |
| 12:00 – 1:00 PM | Lunch Break | |

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|---|---|--|
| 1:00 – 2:00 PM | Session 2.3 Talking to Teens (Basic Counselling Skills) | Dr. Henry S. Villarosa, Jr. MO III, SDO – Davao del Norte |
| Module 3: Sex, Gender, and Sexuality | | |
| 1:00 – 1:30 PM | Session 3.1 Sex and Gender: What's the Difference | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 1:30 – 2:00 PM | Session 3.2 Sexual Orientation and Gender Identity and Expression | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| Module 4: Teen's Sexuality and Reproductive Health Concerns | | |
| 2:00 – 3:00 PM | Session 4.1 Reproductive Health | Denverlyn Jill C. Ferolin SHPO, DOH-DCHD |
| 3:00 – 4:00 PM | Activity 3 – Relationship, Rights, and Responsibilities Activity 4 – When would you end it? Activity 5 – Speaking for Yourself | Stephen Mark T. Castres Nurse-II, DepEd RO XI |
| 4:00 – 5:00 PM | Activity 4 – Opinion Clarifications (Agree or Disagree) Session 4.2– Let's Talk About Sex, Sexual Response, and Pleasure | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 5:00 – 5:30 PM | Day Evaluation | |
| 5:30 PM onwards | Dinner | |
| 9:00 -10:00 PM | Session 4.3 - Night Talks (What Went Wrong and What Went Well) | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| Day 3: UsapangBarkadahan/Peer Education Training (September 13, 2024) – “My Community” | | |
| 8:00 – 8:30 AM | Preliminaries and Recap | Assigned Group |
| 8:30 – 9:00 AM | Activity 6 – Power Walk | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 9:00 – 9:30 AM | Session 4.4 Teenage Pregnancy and Contraception | Denverlyn Jill C. Ferolin SHPO, DOH-DCHD |
| 9:30 – 10:00 AM | Activity 7 – Myths and Facts on STI and HIV Activity 8 – Visual Imagery on HIV 101 Activity 9 – Understanding Stigma | Dennis John T. Barimbao Chapter Program Manager, FPOP |
| 10:00 – 10:30 AM | Activity 10 - Sexual and Gender-Based Violence Activity 11 – What should they do? | Stephen Mark T. Castres Nurse-II, DepEd RO XI |
| 10:30 – 11:00 AM | Session 4.5 Parent – Teen | April A. Piquero |

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| | Trail/Talk | IO I, CPD XI |
| 11:00 – 11:30 AM | Action Planning (Installation of Peer Education in Schools) | Stephen Mark T. Castres Nurse-II, DepEd RO XI |
| | Synthesis and Ways forward *Activity 12 – Becoming a Peer Educator (Assignment) | |
| 11:30 AM – 12:00 NN | Awarding and Closing Program | |
| 1:00 PM | End of Day 3 | |



Republic of the Philippines
Department of Education
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Office of the Regional Director
Annex

LIST OF PARTICIPANTS FOR THE REGIONAL TRAINING ON USAPANG BARKADAHAN + INSTALLATION OF PEER EDUCATION IN SCHOOLS

| Names | Designation | Office/SDOs |
|--|--|------------------|
| 1. Dr. Warlito E. Hua | CES/Reg'l YFD Focal | DepEd RO XI |
| 2. Stephen Mark T. Castres | Reg'l ARH Focal | DepEd RO XI |
| 3. Mary Beth A. Dejacto | TA II - LRP | DepEd RO XI |
| 4. Gabrielle Marie C. Alcoba | TA II - SMHP | DepEd RO XI |
| 5. Charlaine Jenn S. Moreno | TA I - SMHP | DepEd RO XI |
| 6. Jasmin S. Betinol | ARH Focal | Davao City |
| 7. Arlene Joy C. Sandico | ARH Focal | Davao Occidental |
| 8. Felmah Anina R. Elnar | ARH Focal | Davao del Sur |
| 9. Dhelmie Christine S. Peñas | ARH Focal/Medical Team Member | Digos City |
| 10. Desiree Loren L. Barabat | ARH Focal/Medical Team Member | Panabo City |
| 11. Miriam B. Lilio | ARH Focal/SMH Alternate Focal | Tagum City |
| 12. Catherine P. Cantalejo | ARH Focal | Davao del Norte |
| 13. Lynn M. Amit | ARH Focal | IGACOS |
| 14. Crystal Crest A. Dawal | ARH Focal | Davao de Oro |
| 15. Dr. Maria Clotilde Corazon H. Zosa | ARH Focal/SMH Alternate Focal/ Medical Team Leader | Mati City |
| 16. Charise Stephenie P. Torpio | ARH Focal/SMH Alternate Focal | Davao Oriental |
| 17. Kate G. Peña | ARH Alternate Focal/SMH Focal/ Medical Team Member | Mati City |
| 18. Edmar J. Rara | ARH Alternate Focal/SMH Focal | Davao Oriental |
| 19. Donna Kenneth M. Nistal | ARH Alternate Focal | Davao de Oro |
| 20. Hannah Grace L. Pelaez | ARH Alternate Focal | Davao del Norte |
| 21. Daissy Jane P. Sanoy | ARH Alternate Focal/SMH Focal | Digos City |
| 22. Candice M. Campomanes | ARH Alternate Focal/SMH Focal | Tagum City |
| 23. Belle Hyacinth B. Baguion | ARH Alternate Focal | Davao City |
| 24. Jenevive A. Pongase | ARH Alternate Focal | Davao Occidental |
| 25. Julvie Pascua | ARH Alternate Focal | IGACOS |



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|---------------------------------|--|------------------|
| 26. Janice Intapaya | ARH Alternate Focal | Davao del Sur |
| 27. Ma. Ezelmay S. Cabaylo | ARH Alternate Focal/SMH Alternate Focal | Panabo City |
| 28. Ma. Susete B. Flores | NIC/Nurse-II | Panabo City |
| 29. Jose Israel Maravilles | Youth Formation Focal | Digos City |
| 30. April Rose A. Alcala | Youth Formation Focal | |
| 31. Daisy P. Delfino | Youth Formation Focal | Tagum City |
| 32. Queena Mae Traje | Youth Formation Focal | |
| 33. Margirie M. Asuque | Youth Formation Focal | Davao de Oro |
| 34. Medard T. Apit | Youth Formation Focal | |
| 35. Jillian April A. Casal | Youth Formation Focal | Davao del Norte |
| 36. Elvin A. Anajao | Youth Formation Focal | |
| 37. Nelson G. Balagtas | PII/Youth Formation Focal | Davao Occidental |
| 38. (to be identified) | Youth Formation Focal | |
| 39. Glady C. Noel | Youth Formation Focal | Panabo City |
| 40. Ana Mae S. Padullon | Youth Formation Focal | Mati City |
| 41. Franzile Louise Catog | Youth Formation Focal | |
| 42. Marielle R. Mendador | Youth Formation Focal | Davao Oriental |
| 43. Michael Mangkikis | Youth Formation Focal | |
| 44. Judi Rema R. Bagay | Youth Formation Focal | Davao City |
| 45. Rafaella Sigrid M. Quesada | Youth Formation Focal | IGACOS |
| 46. Jessie S. Sajol | EPS/Youth Formation Focal | Davao del Sur |
| 47. Cris John M. Sumaya | Nurse - II | Panabo City |
| 48. John Carlo L. Ceniza | Nurse - II/SMH Focal | Panabo City |
| 49. Elton L. Kadile | Nurse - II | Panabo City |
| 50. Moolien Jane Estimada | Nurse - II | Panabo City |
| 51. Dr. Arlene L. Choi | Medical Officer III | Panabo City |
| 52. Dr. Henry S. Villarosa, Jr. | Medical Officer III/Resource Facilitator | Davao del Norte |

= NOTHING FOLLOWS =



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