



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

SGOD-2024- 545

To : SGOD Personnel

Subject : **CONDUCT OF MENTAL HEALTH AND RESILIENCY TRAINING FOR SGOD PERSONNEL**

Date : September 10, 2024

All SGOD Personnel are hereby informed to participate in **the Mental Health and Resiliency Training on September 13-15, 2024 at Montefrio Mountain Resort in Barangay Kapatagan, Digos City.**

The purpose of the training is to **equip all SGOD Personnel with knowledge and skills in handling situations of high stress and emergencies.** Since the training shall cover a Saturday and Sunday, **participants shall receive Compensatory Overtime Credits, pursuant to the guidelines in DepEd Order No. 53, series of 2003.**

Travel, board and lodging, and other expenses shall be charged against DRRM Program Support Funds subject to the usual accounting and auditing rules and regulations.

For your information and guidance.

*M. P. Estacio*  
**MELANIE P. ESTACIO, PhD, CESO VI**  
OIC - Schools Division Superintendent

*[Signature]*  
9/11/24

Enclosed: As stated.

SGOD/SBO/pjs

DepEd Schools Division of Digos City  
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