

**DIVISION MEMORANDUM**

SGOD-2024-CCY

To : Health and Nutrition Personnel  
Public Schools District Supervisors  
Elementary School Administrators  
Junior High and Senior High School Administrators  
All School Clinic Coordinators  
All other Concerned

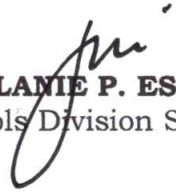
Subject : **MENTAL HEALTH OBSERVANCES 2024**

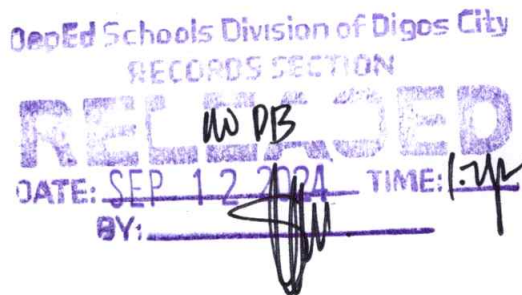
Date : September 10, 2024

1. Pursuant to the Memorandum No. OM-OUPS- 2024 informing the field of the Republic Act 11036, also known as the Mental Health Act, mandates the Department of Education (DepEd) to pursue the strategies for mental health promotion in basic education. Through the Bureau of Learners Support Services –School Health Division (BLSS-SHD).
2. This office encouraged schools to commemorate the following observances:
  - a. World Suicide Prevention Day (WSPD) on September 10,2024  
  
The International Association for Suicide Prevention (IASP) has provided “**Changing the Narrative on Suicide** “as the triennial WSPD theme for 2024-2026.
  - b. World Mental Health Day (WMHD) on October 10,2024  
  
As announce by the World Federation for Mental Health (WFMH), this year’s theme is “**It is time to Prioritize the Mental Health in the Workplace**”
3. The Schools are encouraged to conduct the **World Suicide Prevention Day** even after September 10, 2024 with the theme “**Changing the Narrative on Suicide** “in order to raise awareness around the globe that suicide can be prevented and to reduce stigma.
4. The Schools are required to submit a Narrative Report and documentation to their respective district nurses on September 20, 2024 and on October 15, 202 after the World Mental Health Day 2024 activity.
5. By joining the observances, DepEd brings together stakeholders and enjoins them to take part in ensuring the mental health and wellbeing of

all personnel, learners, and other concerned both in schools and physical/online workspaces.

6. References and materials to be used for the observances will be uploaded and may be accessed at [https://bit.ly/DepEd-SMHP\\_2024MHObservances](https://bit.ly/DepEd-SMHP_2024MHObservances).
7. For any queries you may contact Dhemie Christine S. Penas, RN through her face book account Queen Mie Enchantress.
8. Enclosed are the recommended activities for your ready reference.
8. For information and strict compliance is desired.

  
**MELANIE P. ESTACIO**  
OIC- Schools Division Superintendent







37398

Republic of the Philippines  
Department of Education  
DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM  
ESSD-2024-360

To : Schools Division Superintendents

Subject : MENTAL HEALTH OBSERVANCES FOR 2024

Date : September 4, 2024

Attached is the Memorandum from the Office of the Undersecretary for Operations dated **August 27, 2024**, which is self-explanatory.

The Department of Education, through the Bureau of Learner Support Services – School Health Division (BLSS-SHD) enjoins all offices and schools to commemorate the following observances:

1. **World Suicide Prevention Day (WSPD) on September 10, 2024**
  - a. The International Association for Suicide Prevention (IASP) has provided **“Changing the Narrative on Suicide”** as the triennial WSPD theme for 2024-2026.
2. **World Mental Health Day (WMHD) on October 10, 2024**
  - a. As announced by the World Federation for Mental Health (WFMH), this year’s theme is **“It is Time to Prioritize Mental Health in the Workplace”**.
3. **National Mental Health Week (NMHW) on the 2<sup>nd</sup> week of October**
  - a. Exact theme TBA.

References and materials to be used for the observances will be uploaded and may be accessed at [https://bit.ly/DepEd-SMHP\\_2024MHObservances](https://bit.ly/DepEd-SMHP_2024MHObservances). Recommended activities for the observances are stated in the attached Memorandum. **Expenses for the activities related to the observances may be charged to PSF funds.**

For queries and clarifications, you may contact **Gabrielle Marie C. Alcoba**, Technical Assistant II of the School Mental Health Program, through [gabriellemariealcoba@gmail.com](mailto:gabriellemariealcoba@gmail.com).

Immediate and wide dissemination of this Memorandum is desired.

DEPARTMENT OF EDUCATION  
RECORDS SECTION  
**RELEASED**

**ALLAN G. FARNAZO**  
Director IV

Enclosed: As stated. BY: *[Signature]*  
ROE/gmca

Date: *Sept. 06, 2024*  
Time: *37398*



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**Expenses for the activities related to the observances may be charged to PSF funds.** Regional Offices and Schools Division Offices are requested to augment funds in cases of deficiencies and shortages. These shall be subject to the usual accounting and auditing rules and regulations.

The following mechanisms are set to monitor participation in the observances:

1. Detailed Lesson Plans (DLPs) developed by teachers integrating mental health concepts may be submitted to their respective Education Program Supervisors (EPS) (e.g., EPS for English for DLPs developed for English) upon the recommendation of their school heads. The SDS shall designate personnel to consolidate the DLPs who shall email the same to [schoolmentalhealth@deped.gov.ph](mailto:schoolmentalhealth@deped.gov.ph)
2. Reports on the conduct of activities for personnel may be reported to the BHROD-EWD through email at [bhrod.ewd@deped.gov.ph](mailto:bhrod.ewd@deped.gov.ph)
3. Learner support activities may be captured in the existing reporting mechanisms for BLSS-SHD's School Mental Health Program and/or OK sa DepEd, and/or the DRRMS-MHPSS Program, as appropriate.
4. Ideas, initiatives, or insights related to the observance (e.g., activities to promote positive school climate) may also be submitted through email at [schoolmentalhealth@deped.gov.ph](mailto:schoolmentalhealth@deped.gov.ph)

Subsequent announcements related to the observances shall be made through separate issuances or correspondences from the BLSS.

For more information, please contact **Jonna Feliz Roldan**, Technical Assistant II of the BLSS-SHD, through email at [schoolmentalhealth@deped.gov.ph](mailto:schoolmentalhealth@deped.gov.ph) cc: [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph), or at telephone number (02) 8632-1368 / 8633-7213.

[BLSS-SHD/JFCR]



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