



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2024- 672

To : Chief ES – Schools Governance and Operations Division

DHELMIE CHRISTINE S. PEÑAS

Nurse II/ ARH Focal

APRIL ROSE A. ALCALA

PDO I/ LFP Focal

Subject : **NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM
ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH**

Date : October 22, 2024

Herewith is the Regional Memorandum No. 019 s. 2024 titled **Navigating Wellness: Clustered/Regional Symposium on Child and Adolescent Reproductive Health** on **November 4-8, 2024** at Davao City.

This office hereby directs the Division ARH Focal and Division Learner Formation Program Focal trained on Peer Health Navigation last August 7-9, 2024 to participate in the abovementioned activity.

Travelling and other incidental expenses shall be charged against downloaded funds subject to the usual accounting and auditing rules and regulations. The SDO in requested to augment any fund shortages.

For immediate dissemination and guidance.

MELANIE P. ESTACIO, Ph.D., CESO VI
Schools Division Superintendent

SGOD/araa

DepEd Schools Division of Digos City
RECORDS SECTION

RELEASED
DATE: OCT 24 2024 TIME: 7:30 PM

BY: _____

Remind



Republic of the Philippines
Department of Education
DAVAO REGION

37d52
SCHOOLS DIVISION OFFICE
RECEIVED
10240
70953
DATE: 21 OCT 2024
TIME: 12:54
BY: [Signature]

October 16, 2024

REGIONAL MEMORANDUM
ESSD-2024-471

NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM
ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH

To: Schools Division Superintendents

- Attached is a memorandum from the Office of the Undersecretary for Operations dated **September 26, 2024**, which is self-explanatory.
- The Bureau of Learner Support Services – School Health Division (BLSS-SHD) will be conducting an event titled **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health”** for Mindanao Cluster on **November 4-8, 2024**, at **Davao City** (exact venue to be announced), which will equip adolescents with the knowledge and support they need to confidently navigate their reproductive and wellness choices.
- The identified participants per region are Regional ARH and CSE focals, guidance counselor representative, ARH focals trained on Peer Health Navigation last August 7-9, 2024, selected Schools Division Offices ARH focals with their Youth Formation focals and youth leaders (*see Annex*).
- Travelling and other incidental expenses shall be charged against downloaded funds subject to the usual accounting and auditing rules and regulations. The SDO is requested to augment any fund shortages.
- Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO
Director

[Handwritten Signature]

DEPARTMENT OF EDUCATION ROXAS
RECORDS SECTION
RELEASED

By: [Signature]
Date: 10/16/2024 Time: [Blank]

Encl.: As stated

ROE/smtc



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147
Email Address: region11@deped.gov.ph
Website: www.depedroxi.ph





Republic of the Philippines
Department of Education
 DAVAO REGION

Annex

**NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD
 AND ADOLESCENT REPRODUCTIVE HEALTH**
 November 4 - 8, 2024

LIST OF PARTICIPANTS

Names	Designation	Office/School/SDO
1. Warlito E. Hua	Chief Education Supervisor/Regional YFD Focal	ESSD
2. Stephen Mark T. Castres	Regional ARH Focal/Trained Focal on PHN	ESSD
3. Danilo R. Dohinog	Regional CSE Focal	CLMD
4. Gabrielle Marie C. Alcoba	TA II - SMHP	ESSD
5. Melecare T. Carillo	RGC Representative	Tagum National Trade School/Tagum City
6. Desiree Loren L. Barabat	ARH Focal/Trained Focal on PHN	Panabo City
7. Arlene Joy C. Sandico	ARH Focal	Davao Occidental
8. Nelson G. Balagtas	YFD Focal	Davao Occidental
9. Eleiz Shein I. Nuñez	Youth Leader	Mariano Peralta NHS/Davao Occidental
10. Felmah Anina B. Elnar	ARH Focal	Davao del Sur
11. Jessie S. Sajol	EPS/YFD Focal	Davao del Sur
12. Dhelmie Christine S. Peñas	ARH Focal	Digos City
13. April Rose A. Alcala	YFD Focal	Digos City
14. Jasmin S. Betinol	ARH Focal	Davao City
15. Judi Rema R. Bagay	YFD Focal	Davao City
16. Cheas E. Pentason	Youth Leader	Bernardo D. Carpio NHS/Davao City
17. Glady C. Noel	YFD Focal	Panabo City
18. Allyza Jhel M. Cagas	Youth Leader	Panabo City SHS/Panabo City
19. Miriam B. Lilio	ARH Focal	Tagum City
20. Queena Mae L. Traje	YFD Focal	Tagum City
21. Brix Symon R. Diwata	Youth Leader	La Filipina NHS/Tagum City
22. Prince Warlei Josh H. Hua	Youth Leader	Tagum City NHS/Tagum City
23. Catherine P. Cantalejo	ARH Focal	Davao del Norte
24. Elina A. Anajao	YFD Focal	Davao del Norte
25. M. M. Amit	ARH Focal	IGACOS



Address: F. Torres St., Davao City (8000)
 Telephone Nos.: (082) 291-1665; (082) 221-6147
 Email Address: region11@deped.gov.ph
 Website: www.depedroxi.ph





Republic of the Philippines
Department of Education
DAVAO REGION

26. Rafaella Sigrid M. Quesada	YFD Focal	IGACOS
27. Princess Lhiane Nichole S. Malagum	Youth Leader	Samal NHS/IGACOS
28. Crystal Crest A. Dawal	ARH Focal	Davao de Oro
29. Margirie M. Asuque	YFD Focal	Davao de Oro
30. Jan Carl Aizel L. Cagalitan	Youth Leader	Pantukan NHS/Davao de Oro
31. Dr. Maria Clotilde Corazon H. Zosa	MO III/ARH Focal/Medical Team Member	Mati City
32. Ana Mae S. Padullon	YFD Focal	Mati City
33. Stephanie L. Dajao	Youth Leader	Davao Oriental Regional Science HS/Mati City
34. Irish Mate M. Arboleda	ARH Focal	Davao Oriental
35. Marielle R. Mendador	YFD Focal	Davao Oriental

=NOTHING FOLLOWS=



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147
Email Address: region11@deped.gov.ph
Website: www.depedroxi.ph





Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

DEPARTMENT OF EDUCATION ROXI
 RECORDS SECTION
RECEIVED
 By: *g-r-h-w* 37402
 Date: 9-14-24 Time: 1:29

MEMORANDUM
DM-OUOPS-2024- -

TO : REGIONAL DIRECTORS
 MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,
 BARMM
 SCHOOLS DIVISION SUPERINTENDENTS
 ESSD AND SGOD CHIEFS
 SELECT ARH FOCALS/COORDINATORS
 SELECT YOUTH FORMATION COORDINATORS
 SELECT SCHOOL HEADS
 ALL OTHERS CONCERNED

FROM : *[Signature]*
 ATTY. REVSEE A. ESCOBEDO
 Undersecretary for Operations

SUBJECT : NAVIGATING WELLNESS: CLUSTERED/REGIONAL
 SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE
 HEALTH (ARH)

DATE : August 19, 2024

1. Pursuant to **Republic Act No. 10354** known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, **DepEd Order No. 31, s. 2018** or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and **DM-OUOPS-2024-09-02440** titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health.”** The schedule is as follows:

Cluster	Dates	Venue
1	September 23-27, 2024	Within Region III (Central Luzon)
2	October 7-11, 2024	Within Region VI (Western Visayas)
3	November 4-8, 2024	Within Region XI (Davao Region)

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced



Room 101, Rizal Building, DepEd Complex, Meralco Avenue, Pasig City 1600
 Telephone Nos.: (02) 8633-5313; (02) 8631-8492
 Email Address: oure@deped.gov.ph | Website: www.deped.gov.ph

Doc. Ref. Code	DM-OUOPS	Rev	01
Effectivity	03.23.23	Page	1 of 2



D3493

access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

3. The activity specifically aims to:

- a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
- b. **Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
- c. **Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
- d. **Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
- e. **Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.

4. The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.

5. Participants per region are the **Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN)** last August 7-9, 2024, **selected Schools Division Offices (SDO) ARH Focals** with their **Youth Formation Focals and youth leaders**. The number of participants is listed in **Annex A**. Please secure parents' consent for the learners' participation.

7. Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: <https://rb.gov/oda632>.

8. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.

9. Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.

10. For questions and clarification, please contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at blss.shd@deped.gov.ph, copy furnished arh@deped.gov.ph, or telephone number (02) 8632-9935.

BLSS-SHD/PSR

Room 101, Rizal Building, DepEd Complex, Meralco Avenue, Pasig City 1600
Telephone Nos.: (02) 8633-5313; (02) 8631-8492
Email Address: oure@deped.gov.ph | Website: www.deped.gov.ph

Doc. Ref. Code	DM-OUOPS	Rev	01
Effectivity	03.23.23	Page	2 of 2



Annex A

TARGET AND NUMBER OF PARTICIPANTS

Luzon Cluster:

Date: September 23-27, 2024

Venue: Region 3

REGIO N	Regional Offices		Schools Division Offices				TOTAL Particip ants	
	ARH Focal	CSE Focal	RGC Repres entativ e	Trained Focal on PHN	ARH Focal	YFD Focal		Youth Leaders
I	1	1	1	2	5	5	10	25
II	1	1	1	2	5	5	10	25
III	1	1	1	2	5	5	10	25
IV-A	1	1	1	2	5	5	10	25
IV-B	1	1	1	2	5	5	10	25
V	1	1	1	2	5	5	10	25
CAR	1	1	1	2	5	5	10	25
NCR	1	1	1	2	5	5	10	25
TOTAL	8	8	8	16	40	40	80	200

Visayas Cluster:

Date: October 7-11, 2024

Venue: Region 6

REGION	Regional Offices		Schools Division Offices				TOTAL Particip ants	
	ARH Focal	CSE Focal	RGC Repres entativ e	Trained Focal on PHN	ARH Focal	YFD Focal		Youth Leaders
VI	1	1	1	2	21	8	16	50
VII	1	1	1	2	8	8	16	37
VIII	1	1	1	2	8	8	16	37
TOTAL	3	3	3	6	37	24	48	124

Mindanao Cluster:

Date: November 4-8, 2024

Venue: Region XI

REGION	Regional Offices		Schools Division Offices				TOTAL Particip ants	
	ARH Focal	CSE Focal	RGC Represe ntative	Trained Focal on PHN	ARH Focal	YFD Focal		Youth Leaders
XI	1	1	1	2	8	8	8	29
X	1	1	1	2	14	14	8	41
XI	1	1	1	2	11	11	8	35
XII	1	1	1	2	8	8	8	29
Caraga	1	1	1	2	12	12	8	37
	1	1	1	0	8	8	8	27
	6	6	6	10	61	61	48	198



Republic of the Philippines
Department of Education

AUG 15 2024

OFFICE ORDER
OO-OSEC-2024-194

**DESIGNATION OF MR. CESAR S. ABALON AS OFFICER-IN-CHARGE
OF THE BUREAU OF LEARNER SUPPORT SERVICES AND LEARNER
RIGHTS AND PROTECTION OFFICE**

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Division Chiefs
All Others Concerned

1. In view of the official leave of Atty. Suzette T. Gannaban-Medina, Officer-in-Charge (OIC)-Director IV, Bureau of Learner Support Services (BLSS) and Learner Rights and Protection Office (LRPO), and in the exigency of service, **Mr. Cesar S. Abalon**, Chief Education Program Specialist of the BLSS-School Sports Division (SSD), is designated as OIC of the BLSS and LRPO effective August 19-20, 2024 and August 22-23, 2024.

2. As OIC, **Mr. Abalon** shall sign official correspondence in the following manner:

CESAR S. ABALON
Chief Education Program Specialist
Officer-in-Charge, Bureau of Learner Support Services
and Learner Rights and Protection Office

3. Immediate dissemination of this Order is directed.



By Authority of the Secretary:

WILFREDO E. CABRAL
Regional Director
Officer-in-Charge, Office of the Undersecretary
for Human Resource and Organizational Development,
and Administration

MCR, APA, MPC, OO Designation of Mr. Abalon as OIC of BLSS and LRPO
0300 - August 14, 2024

NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)

September 23-27, 2024 / Region III
 October 7-11, 2024 / Region VI (Roxas City)
 November 4-8, 2024 / Davao, Region XI

Indicative PROGRAM OF ACTIVITIES

Day 1: Empowerment through Education		
Time	Activities	Person Responsible
12:00pm-2:00PM	Registration of participants	Secretariat
	LUNCH	
2:00pm-5:00pm	PRELIMINARIES <ul style="list-style-type: none"> • Invocation • National Anthem • Recognition of Participants 	Facilitator
	Opening Message	Dr. Dexter A. Galban Assistant Secretary for Operations
	Inspirational Message	Atty. Revsee A. Escobedo Undersecretary for Operations
	<ul style="list-style-type: none"> • Setting of expectations • Program flow • Groupings & House Rules 	Facilitator/s
	REMINDERS	Emcee
Day 2: Health and Wellness Symposium		
Time	Activities	Person Responsible
8:30am-9:00am	Management of Learning (MOL)	Participants
9:00am-9:30am	Keynote Speech: Empowering Adolescents: The Importance of Reproductive Health Education	BLSS-Director
9:30am-10:45am	Session 1: Comprehensive Reproductive Health Education <ul style="list-style-type: none"> • Topics: Puberty, menstrual health, contraception, STI prevention. 	Resource Person
10:45am-12:00nn	Session 2: Healthy Relationships and Consent <ul style="list-style-type: none"> - Topics: Understanding consent, recognizing healthy and unhealthy relationship behaviors. 	Resource Person
12:00pm-1:00pm	LUNCH	

1:00pm-2:30pm	Session 3: Mental Health Awareness <ul style="list-style-type: none"> • Topics: Identifying mental health issues, stress management, resilience. Session 4: Holistic Wellness <ul style="list-style-type: none"> • Topics: Emotional well-being, physical health, and self-care strategies. 	Resource Person
2:30pm-3:30pm	Session 5: Navigating and Accessing Health Services <ul style="list-style-type: none"> • Topics: Identifying local resources, navigating healthcare systems. 	Resource Person
3:30pm-4:00pm	Session 6: Engaging the Community and Policy Advocacy <ul style="list-style-type: none"> • Topics: Building supportive networks, advocating for adolescent health rights. 	Resource Person
	***Question and Answer sessions	Facilitators
4:00pm-4:30pm	Recap of key learnings, participant feedback, and plans for continued engagement and advocacy.	Facilitators
4:30pm-5:00pm	REMINDERS	Emcee
Day 3: Peer Navigation Training		
Time	Activities	Person Responsible
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-12:00pm	Session 6: Role of Peer Navigators Topics: Introduction to Peer Navigation, Essential Skills, Maintaining Confidentiality ***Training Sessions, Skill-Building Exercise	Resource Persons Facilitator/s
12:00pm-1:00pm	LUNCH	
1:00pm-5:00pm	Session 7: Practical Peer Navigation Topics: Case Studies, Problem-Solving, Peer Support Strategies ***Scenario-based learning, Group Activities	Resource Persons Facilitator/s
5:00pm	REMINDERS	Emcee
Day 4: Access to Services and Community Engagement		

Time	Activities	Person Responsible
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-12:00nn	Session 8: Navigating Health Services Topics: Identifying Local Resources, Understanding Healthcare Systems, Overcoming Barriers, Community Resources, Building Support Networks ***Interactive Maps, Health and Non-Health Provider Presentations, Question and Answer Sessions	Resource Persons Facilitator/s
12:00pm-1:00pm	LUNCH	
1:00pm-4:30pm	Session 9: Seven Steps in Setting Up School-based Peer Health Navigation Program	
4:30pm-5:00pm	REMINDERS	
Day 5		
8:00am-8:30am	Management of Learning (MOL)	
8:30am-10:00am	PLANNING WORKSHOP	
10:00am-12nn	Closing Message	Dra. Maria Corazon Dumlao SHD Chief
TRAVEL TIME		