



Republic of the Philippines
Department of Education
 Region XI
SCHOOLS DIVISION OF DIGOS CITY

Office of the Schools Division Superintendent

February 14, 2025

DIVISION MEMORANDUM

SGOD-2025-100

To : Assistant Schools Division Superintendent
 Division Chiefs
 Public Schools District Supervisors
 Education Program Supervisors
 Public School Heads
 Public School Teachers
 All Others Concerned

Subject: **INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE OF IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

This is in reference to Regional Memorandum HRDD-2025-027 dated February 11, 2025, signed by Allan G. Farnazo, Director IV, re: **Invitation to the 38th Annual National Conference of IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

Attached is the invitation from the IOTA Phi Counseling and Professional Honor Society, Inc. on the conduct of the 37th Annual Conference and Workshop with the theme “Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing” on May 15 to 16, 2025, at Notre Dame of Dadiangas, General Santos City.

In view of the foregoing, DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity, in compliance with the applicable provisions of DepEd Order No. 046, s. 2022, and other appropriate orders and guidelines on travel.

Interested participants may email iota.counseling@gmail.com, for inquiries.

Relevant details and information are provided in the enclosures.

Attendance/participation is on official time only.

Immediate dissemination of this Memorandum is desired.

for:
MELANIE P. ESTACIO, PhD, CESO VI
 Schools Division Superintendent

DepEd Schools Division of Digos City
 RECORDS SECTION
RECEIVED
 DATE: FEB 15 2025 TIME: 2:00 PM
 BY:

Enclosed: As stated.
 SGOD/jsa



Address: Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002
 Telephone No: (082)553-8396 | (082)553-8376 | (082)553-9170
 | (082)553-8375

Records



Republic of the Philippines
Department of Education
DAVAO REGION

DepEd Schools Division of Digos
RECORDS SECTION
RECEIVED
DATE: 1 FEB 2025
BY: [Signature]
25-45472
02250
70294
1:20

February 11, 2025

REGIONAL MEMORANDUM
HRDD-2025-027

INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE OF IOTA PHI
COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

To: Assistant Regional Director
Schools Division Superintendents

- Attached is the invitation from the IOTA Phi Counselling and Professional Honor Society, Inc. on the conduct of the 37th Annual Conference and Workshop with the theme "Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing" on May 15 to 16, 2025, at Notre Dame of Dadiangas, General Santos City.
- In view of the foregoing, DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity, in compliance with the applicable provisions of DepEd Order No. 046, s. 2022, and other appropriate orders and guidelines on travel. Relevant details are found in the enclosures.
- Interested participants may email iotaphi.counseling@gmail.com, for inquiries.
- Immediate dissemination of this Memorandum is desired.

ALLAN G. FARNAZO
Director IV

[Handwritten Signature]

Encl.: As stated
ROHS/mbt

DEPARTMENT OF EDUCATION
RECORDS SECTION
RELEASED
By: [Signature]
Date: 01/14/25 Time: 11:19
4(471)



Address: F. Torres St., Davao City (8000)
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Website: www.depedroxi.ph






Republika ng Pilipinas


Department of Education

OFFICE OF THE UNDERSECRETARY
HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT

MEMORANDUM
DM-OUHROD-2025-0176

TO : Regional Directors
Schools Division Superintendents
All Others Concerned

FROM : 
WILFREDO E. CABRAL
Undersecretary for Human Resource and
Organizational Development


MALCOLM S. GARMA
Assistant Secretary, Officer-In-Charge
Office of the Undersecretary for Operations

SUBJECT : INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE
OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR
SOCIETY, INC.

DATE : 21 January 2025

RECEIVED
By: 45377
10 FEB 2025
Time: 10:50

The Iota Phi Counseling and Professional Honor Society, Inc. will hold its **38th Annual National Conference** on **May 15 to 16, 2025**, at the **Notre Dame of Dadiangas University, General Santos City**.

This year's theme: "**Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing**" is designed to address the need among mental health professionals and advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental wellbeing and cope effectively with life.

DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity subject to the following conditions:

- compliance with the applicable provisions of DepEd Order No. 046, s. 2022 titled the Amendment to DepEd Order No. 43, s. 2022 (*Omnibus Travel Guidelines for All Personnel of the Department of Education*) and Other Appropriate Orders and Guidelines on Travel;
- secure approval from respective authorities;
- participation shall not interfere with regular functions and responsibilities; and



Room 102, Rizal Building, DepEd Complex, Meralco Ave., Pasig City 1600
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Email Address: usec.hrod@deped.gov.ph | Website: www.deped.gov.ph

Doc. Ref. Code	CO-OUHROD-F002	Rev	00
Effectivity	03.23.23	Page	1 of 2



- use of DepEd funds strictly adheres to the usual budgeting, accounting, and auditing rules and regulations.

For more details, please see the attached communication from the Iota Phi.

Copy furnished:

OFFICE OF THE SECRETARY



Room 102, Rizal Building, DepEd Complex, Meralco Ave., Pasig City 1600
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Doc. Ref. Code	CG-OUIHROD-F002	Rev	00
Effectivity	03 23 23	Page	2 of 2





IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY
Philippine Chapter of
CHI SIGMA IOTA

Counseling Academic and Professional Honor Society International

Email address: [iotaphi.counseling@gmail.com/](mailto:iotaphi.counseling@gmail.com)

Contact nos. 09674817648/ 09165535548/09127794477

Office Address : Holy Child Colleges of Butuan, 2nd St., Guingona Subdivision, Butuan City, Philippines



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2024-2026

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Leticia A. Rebillon, Ph.D., RGC
Chair, Awards Committee

December 24, 2024

HONORABLE JUAN EDGARDO "SONNY" M. ANGARA

Secretary of the Department of Education
DepEd Complex, Meralco Avenue, Pasig, City

Dear Honorable Sec. Angara,

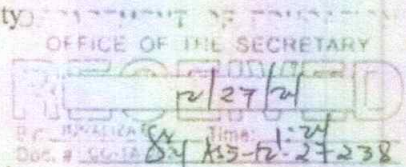
Warm Greetings from the IOTA PHI Board.!

The IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC., the Philippine Chapter of CHI SIGMA IOTA COUNSELING ACADEMIC AND PROFESSIONAL HONOR SOCIETY INTERNATIONAL based in North Carolina, USA, will be holding its 38th Annual National Conference on May 15-16, 2025, at Notre Dame of Dadiangas University, with the theme, " CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Well being ".

The Conference is designed to address the need among guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and mental health advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental well being and cope effectively with life.

The two-day Conference aims to achieve the following objectives:

1. Provide a holistic approach to understanding mental health by emphasizing the inter-relatedness of self-care, social connection and collaborative efforts in promoting mental wellness;
2. Equip participants with knowledge and practical strategies for nurturing their own mental health while fostering supportive environments for others;
3. Facilitate networking among participants to encourage partnerships that contribute to the advancement of mental health services and support systems;
4. Enhance participants skills in handling mental health related problems and issues in the school setting;
5. Challenge participants to take proactive steps toward creating healthier and more resilient environments



Relative to the above, we would like to request for the issuance of a DepEd Advisory to enable the official participation of licensed guidance counselors and those who are still working on their licenses, including teachers, homeroom advisers, guidance coordinators, principals and supervisors who are interested to attend this Conference that is highly supportive of the new law, RA 12080, otherwise known as the Basic Education Mental Health and Wellbeing Promotion Act.

Attached herewith is a copy of our **Conference Program** with the topics that will be tackled during the Plenary Sessions by our team of highly respected professionals and experts in the field of mental health.

To cover expenses for conference and workshops such as venue rental, honorarium for speakers and workshop facilitators, conference kit, lunch and snacks for two days, as well as other operational costs, a minimal registration fee of four thousand and five hundred pesos (Php4,500.00) will be charged each participant. Registration maybe done online using this link:
<https://bit.ly/IOTA2025Conference>.

For inquiries and reservation ,interested participants may contact the IOTA Secretariat via email at iotaphi.counseling@gmail.com , or via mobile phone nos. 09674817648 / 09165535548/ 09127794477.

Again, on behalf of the IOTA PHI Board, I am extending our heartfelt gratitude for your usual support and kind approval of this request.

Sincerely yours,


ROSENDA A. DE GRACIA , Ed. D., Ph.D.,RGC. LPT
President, IOTA PHI



IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY INC.

38th ANNUAL NATIONAL CONFERENCE

Notre Dame of Dadiangas University, General Santos City
May 15-16, 2025

CONFERENCE PROGRAM

1st Day

A.M.

- 7:00 - 8:00 - REGISTRATION
- 8:00 - 8:30 - Opening Ceremonies
- 8:30 - 9:30 - Keynote Address
"CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Wellness"
- 9:30- 10:30 - Topic 1
R.A 12080 - Basic Mental Health and Well being Promotion Act
- 10:30-10:45 HEALTH BREAK
- 10:45 -11:45 Topic 2
"Disconnecting to Reconnect (Digital and Social Detox) : A New Paradigm to Self-Care"
- 11:45-1230 OPEN FORUM

P.M.

- 1:30 -2:30 Topic 3
"Fostering Community Relationships among Counselors to Manage Conflict, and Prevent Burnout and Compassion Fatigue"
- 2:30- 3:30 Topic 4
"Integrated Approach to Manage Counselors with Borderline Personality Issues"
- 3:30 -3:45 HEALTH BREAK
- 3:45- 4:45 Topic 5
"Mindful Self-Compassion: Ways for Self-Acceptance, Build Inner Strength and Live Productive Lives"

4:45- 5:30

OPEN FORUM

2nd Day
A.M.

7:45- 8:00

- Morning Exercise - "Let's Get Physical"

8:00- 9:00

Topic 1

" Building Resilience and Healing from Emotional Trauma"

9:00- 10:00

Topic 2

" Managing Anxiety Disorders and Depression Using Emotional Freedom Techniques (EFT)

10:00-10:15

HEALTH BREAK

10:15-11:15

Topic 3

" Motivational Interviewing: A Collaborative Process to Support Client Change and Growth"

11:15- 12:00

OPEN FORUM

P.M.

1:00 -2:00

Topic 4

"Emerging Approaches to Suicide and Substance Use Prevention"

2:00 -3:00

Topic 5

"Building Social Support Networks to Promote Health and Wellness"

3:00-3:15

HEALTH BREAK

3:15-4:15

Topic 6

"Wellness Assessment Tools"

4:15-5:00

OPEN FORUM

5:00-5:30

Closing Ceremonies