



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DIGOS CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

CID-2025-102

To : CID and SGOD Chiefs
All Supervisors
All School Heads
Guidance Counselors/Guidance Associates/Guidance Coordinators
Mental Health Advocates
All Others Concern

Subject : **ADVISORY ON THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC. 38TH ANNUAL NATIONAL CONFERENCE**

Date : March 19, 2025

This has reference to the letter communication of the IOTA PHI Counseling and Professional Honor Society, Inc. dated February 15, 2025 extending its invitation to all guidance counselors, guidance associates, guidance coordinators, counselor educators, and supervisors, teachers, psychologists, homeroom advisers, life coaches and mental health advocates to participate in the **IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC. 38TH ANNUAL NATIONAL CONFERENCE** on **May 15 - 16, 2025 at Notre Dame of Dadiangas University, Gen. Santos City** with the theme "CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Wellness".

Participation in this activity is voluntary, non-mandatory and on official time only.

Details of the activity are in the enclosures. For further inquiries, reservations and concerns, contact the IOTA PHI Secretariat via iotaphi.counseling@gmail.com, or call or email any of the following:

Dr. Wilfredo II Francis M. Mina
Mobile No. 09161176197
w2fmina@upm.edu.ph

Ms. Annabelle Sangalang
Mobile No. 09209073264
annabellesangalang08@gmail.com

Immediate dissemination of this Memorandum to the concerned is desired.

DepEd Schools Division of Digos City

RECORDS SECTION

RELEASED

DATE: MAR 26 2025 TIME: 12:30

BY: _____


MELANIE P. ESTACIO, Ph.D, CESO VI
Schools Division Superintendent

Enclosed: As Stated,
CID/rdm



RECEIVED
DATE: FEB 15 2025
TIME: 3:31
70515



IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.
Philippine Chapter of
CHI SIGMA IOTA

Counseling Academic and Professional Honor Society International

Email address: [iotaphi.counseling@gmail.com/](mailto:iotaphi.counseling@gmail.com)

Contact nos. 09674817648/ 09165535548/09127794477

Office Address : Holy Child Colleges of Butuan, 2nd St., Guingona Subdivision, Butuan City, Philippines

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February 15, 2025

DR. MELANIE P. ESTACIO (OIC)

Department of Education
Schools Division Superintendent
Digos City Division
Digos City

Dear Mam,

Warmest Greetings from the IOTA PHI Board!

We are pleased to inform you that IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC. will be holding its 38th Annual National Conference on May 15-16, 2025 at Notre Dame of Dadiagas University, Gen. Santos City with the theme "CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Wellness".

This Conference is open to guidance counselors, guidance associates, guidance coordinators, counselor educators, and supervisors, teachers, psychologists, social workers, homeroom advisers, life coaches, community mental health workers and all other mental health advocates and seeks to achieve the following objectives:

1. Provide participants with a holistic understanding of mental health by emphasizing the inter relatedness of self-care, social connection, and collaboration
2. Equip participants with practical strategies for personal well being and creating supportive environments
3. Facilitate networking and collaboration to encourage partnerships in advancing mental health services
4. Enhance participants' skills in addressing mental health concerns in the school and community settings
5. Challenge participants to create healthier and more resilient communities.

Trusting your leadership, and knowing your great concern for the personal and professional development of our guidance counselors and teachers, we make bold to request for your kind endorsement of this invitation in your Division. Additionally, we seek approval for participants to be considered on official business, and if feasible for travel and registration expenses to be charged against the MOOE or local fund.

We have attached herewith the ff: a copy of the **program** with topics to be handled by our team of highly respected professionals and experts in the field of mental health counseling, and a copy of the **DepEd Memo DM-OUHROD-2025-0176** relative thereto.

To cover expenses for the venue rental, honoraria of speakers and facilitators, conference materials, lunch and snacks for 2 days, as well as other operational costs, we are charging a minimal fee of Php 4,500.00 per participant. Payments may be made thru bank or Gcash under the ff. names:

Dr. Filomeno A. Gargar
BDO ACCT. NO. 1730120723

Ms. Maria Emma T. Daga
GCASH ACCOUNT 09956632545

Interested participants may register online using the ff link: <https://bit.ly/IOTA2025Conference>

For further inquiries or reservations, they can contact the IOTA PHI Secretariat at iotaphi.counseling@gmail.com, or call or email any of the ff:

Dr. Wilfredo II Francis M. Mina
Mobile No. 09161176197
Email Ad: w2fmina@upm.edu.ph

Ms. Annabelle Sangalang
09209073264
annabellesangalang08@gmail.com

Again, thank you for your kind support to our advocacy.

More power and God bless!

Sincerely yours,


ROSENDA AGUSTIN- DE GRACIA, PhD, RGC, LPT
President, IOTA PHI



Republika ng Pilipinas

Department of Education

OFFICE OF THE UNDERSECRETARY
HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT

MEMORANDUM

DM-OUHROD-2025-0176

**TO : Regional Directors
Schools Division Superintendents
All Others Concerned**

FROM : WILFREDO E. CABRAL
*Undersecretary for Human Resource and
Organizational Development*

MALCOLM S. GARMA
*Assistant Secretary, Officer-In-Charge
Office of the Undersecretary for Operations*

**SUBJECT : INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE
OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR
SOCIETY, INC.**

DATE : 21 January 2025

The Iota Phi Counseling and Professional Honor Society, Inc. will hold its **38th Annual National Conference** on **May 15 to 16, 2025**, at the **Notre Dame of Dadiangas University, General Santos City**.

This year's theme: **"Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing"** is designed to address the need among mental health professionals and advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental wellbeing and cope effectively with life.

DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity subject to the following conditions:

- compliance with the applicable provisions of DepEd Order No. 046, s. 2022 titled the Amendment to DepEd Order No. 43, s. 2022 (*Omnibus Travel Guidelines for All Personnel of the Department of Education*) and Other Appropriate Orders and Guidelines on Travel;
 - secure approval from respective authorities;
 - participation shall not interfere with regular functions and responsibilities;
- and



Room 102, Rizal Building, DepEd Complex, Meralco Ave., Pasig City 1600
Telephone Nos.: (+632) 86337206, (+632) 86318494
Email Address: usec.hrod@deped.gov.ph | Website: www.deped.gov.ph

Doc. Ref. Code	CO-OUHROD-F002	Rev	00
Effectivity	03.23.23	Page	1 of 2



- use of DepEd funds strictly adheres to the usual budgeting, accounting, and auditing rules and regulations.

For more details, please see the attached communication from the Iota Phi.

Copy furnished:

OFFICE OF THE SECRETARY



Room 102, Rizal Building, DepEd Complex, Meralco Ave., Pasig City 1600

Telephone Nos.: (+632) 86337206, (+632) 86318494

Email Address: usec.hrod@depd.gov.ph | Website: www.depd.gov.ph

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Effectivity	03.23.23	Page	2 of 2



4:45- 5:30 OPEN FORUM

**2nd Day
A.M.**

7:45- 8:00 - Morning Exercise - "Let's Get Physical"

8:00- 9:00 Topic 1
" Building Resilience and Healing from Emotional Trauma"

9:00- 10:00 Topic 2
" Managing Anxiety Disorders and Depression Using Emotional Freedom Techniques (EFT)

10:00-10:15 HEALTH BREAK

10:15:11:15 Topic 3
" Motivational Interviewing: A Collaborative Process to Support Client Change and Growth"

11:15- 12:00 OPEN FORUM

P.M.

1:00 -2:00 Topic 4
"Emerging Approaches to Suicide and Substance Use Prevention"

2:00 -3:00 Topic 5
"Building Social Support Networks to Promote Health and Wellness"

3:00-3:15 HEALTH BREAK

3:15-4:15 Topic 6
"Wellness Assessment Tools"

4:15-5:00 OPEN FORUM

5:00-5:30 Closing Ceremonies