



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2025-49

To : Health and Nutrition Personnel
Public Schools District Supervisors
Secondary and Senior School Administrators
Elementary School Administrators
All Others Concerned

Subject : **2025 NUTRITION MONTH CELEBRATION**

Date : July 14, 2025

1. In Support of the Government's commitment to address hunger and malnutrition. The Department of Education (DepEd) calls on all learners, teaching and non-teaching personnel, school officials, parents and stakeholders to actively participate in the 2025 Nutrition Month Celebration this July, for this years' Nutrition Month theme "Sa PPAN: Sama Sama sa Nutrisyong Sapat Para sa Lahat!" with subtheme. "Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!" emphasizes that food and nutrition security is not a privilege but a fundamental human right enshrined in the Philippine Constitution and supported by global commitments. The theme highlights the need for sustained inclusive and collaborative efforts to ensure access to nutritious, affordable, and safe for all Filipinos.
2. The campaigns aims to:
 - a. Raise awareness on the vital role of nutrition in reducing all forms of malnutrition and hunger;
 - b. Reinforce the call for healthy diets and food security as pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023-2028 and the Philippine Development Plan (PDP) 2023-2028;



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- c. Promote inclusive, sustainable, and climate-resilient food systems;
 - d. Mobilize multi-sectoral support among agencies, LGUs, NGOs, civil society, private sector and communities.
3. For this year's Nutrition Month campaign, the use of the "SAPAT" strategy is encouraged to reach a broader audience, as follows:
- S-Strengthen food policies;
 - A-Amplify public awareness;
 - P-Promote sustainable food systems;
 - A-Activate partnerships without conflicts of interest; and
 - T-Transform food systems.
4. The Schools are highly encouraged to actively conduct following activities for the Nutrition Month Celebration:
- a. Launching Nutrition Month through ceremonies and flag-raising programs featuring the official theme" Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!", hanging of tarpaulins and streamers.
 - b. Conducting Nutrition Education sessions, forums and webinars on healthy diets and food security;
 - c. Holding poster-making, slogan-writing and essay writing contest;
 - d. Activities that highlight school gardening initiatives under the Gulayan sa Paaralan Program (GPP);
 - e. Organizing "Buy Local weeks to promote climate-resilient, locally sourced food;
 - f. Hosting Cooking demonstrations that emphasize food safety, nutrition, and affordability;
 - g. Launching social media campaigns to highlight local nutrition initiatives;



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- h. Holding webinars on climate-smart agriculture in partnership with local agricultural offices and other relevant stakeholders; and
 - i. Conducting Nutrition Month quiz bees focusing on school gardening, food systems and nutrition.
5. Materials related to the activity may be accessed through the official website of the National Nutrition Council (NNC) at www.nnc.gov.ph.
6. Accomplishment Report will be submitted on the clinic coordinator District Group Chat on August 04, 2025.
7. For information and strict compliance.

Melanie P. Estacio
MELANIE P. ESTACIO, Ph.D. CESO VI JUL 21 2025
Schools Division Superintendent *[Signature]*

DepEd Schools Division of Digos City

RECORDS SECTION

RELEASED

DATE: JUL 21 2025 TIME: 3:09 PM

BY: *[Signature]*



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THE DEPARTMENT OF EDUCATION - SCHOOLS DIVISION OF DIGOS CITY
CELEBRATES THE 51st NATIONAL NUTRITION MONTH 2025

WITH THE THEME:



SA PPAN
SAMA-SAMA SA
NUTRISYONG SAPAT
PARA SA LAHAT!

FOOD AT NUTRITION SECURITY, MAGING PRIORITY!
SAPAT NA PAGKAIN, KARAPATAN NATIN!



JULY 2025

