



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD - 2025- 478

To : Public Schools District Supervisors
Health and Nutrition Section
All Elementary and Secondary School Administrators
All Others Concerned

Subject : **REITERATION ON PROMOTING ORAL HEALTH IN PUBLIC SCHOOLS**

Date : August 11, 2025

This is in reference to the DepED Order No 73, s 2007 on Promoting Oral Health in Public Elementary Schools, and the DM No. 2023-289 or Promoting Oral Health in the Public Schools. In response to this perennial health problem, the Schools Division of Digos City shall pursue activities that enhance the development of oral habits through daily toothbrushing.

In line with this, all learners in all public elementary schools should actively participate in the **daily toothbrushing activities/ drills** in schools **after recess time** to create greater awareness on the importance of daily toothbrushing with fluoridated toothpaste. The principals/school heads shall ensure the availability of toothbrush, toothbrushing paraphernalia, handwashing/water facilities and shall provide administrative support for an effective and sustainable toothbrushing activity. Similarly, the secondary schools are required to comply with the above-mentioned call.

Furthermore, the schools are also encouraged to initiate a **school hydration activity** inside the classroom. This serves as a strategy for the learners and personnel to intake the required daily eight (8) glasses of water to help learners and personnel increase their daily water intake, maintain normal body temperature and prevent dehydration due to hot weather condition.

Division Dentists together with the Health and Nutrition Unit will conduct school monitoring to all schools for the active participation of both elementary and secondary school learners in the daily toothbrushing drills and water activity. **All**



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WINS Coordinators are required to submit a narrative report with documentation of the said activities **quarterly**.

For information and compliance.

Melanie P. Estacio
MELANIE P. ESTACIO PhD, CESO VI
Schools Division Superintendent **AUG 11 2025**
8/11/25

DepEd Schools Division of Digos City
RECORDS SECTION

RELEASED
W. P. S.
DATE: **AUG 12 2025** TIME: **8:46 am**
BY: *[Signature]*

Enclosed: As stated.
SGOD/HNU/jaa



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