



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2025- 574

To :

Health and Nutrition Unit
Public Schools District Administrators
Senior High School and Junior High School Administrators
Elementary School Administrators
School Canteen In-Charge/Coordinators
All Others Concerned

Subject : **School Canteen Policy and Guidelines in Public Elementary and Secondary Schools**

Date : September 04, 2025

1. The Department of Education promotes and develop healthy eating habits among youth and DepEd employees by making available healthy, nutritious, and affordable menu choices, and for setting food standards based on DepEd Order No.13, s. 2017.
2. The Policy and Guidelines aim to, provide guidelines, evaluating categorizing foods in selling and marketing foods and drinks and making food available and healthier for our public school learners.
3. In relation to the above objective the Health and Nutrition Unit informs the field of the new implementing Policy and Guidelines of the School Canteen Consignees and the Healthy Food Beverages Choices to be sold in the School Canteen.
4. These are the following requirements of the School Canteen Consignees:
 - a. Yearly renewal of Health Cards/Certificate from City Health Office (CHO)
 - b. Attendance to Yearly Updating/Orientation of Canteen Consignees with the Health and Nutrition Unit (HNU).



📍 Roxas Street corner Lopez Jaena Street, Zone II, Digos City (8002)
☎ (082) 553-8375; (082) 553-8396
📘 DepEd Digos City
🌐 depeddigoscity.org

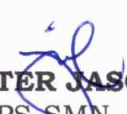


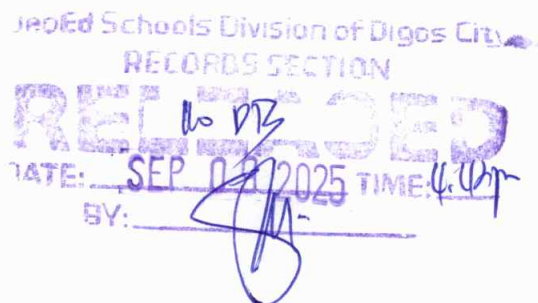
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5. The School Canteen consignees must follow the above requirement, if they cannot submit/comply the said requirement and submitted to the School Canteen Coordinator they are not allowed to sell food beverages inside the School Canteen.
6. Enclosed is the list of the Identified School Canteen Consignees and the list if Food to be sold in the School Canteen.
7. For information and strict compliance.

For and in the absence of the Schools Division Superintendent:


PETER JASON C. SENARILLOS
SEPS-SMN
Officer -In Charge 



SGOD/HNU/Djps



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Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

CANTEEN ORIENTATION ATTENDANCE SHEET

Venue: RAMON MAGSAYSAY CENTRAL ELEMENTARY SCHOOL

Date/Time: AUG. 05, 2025 / 1-4PM

NAME OF CANTEEN CONSIGNEE/S	SCHOOL
1. NELY L. CALESA	APLAYA
2. MARIA NELSA CAILONO	APLAYA
3. VIVIAN RAGANAS	APLAYA
4. JENNY ROSE REGIDOR	APLAYA
5. BIEBELLA L. FRANCISCO	DAWIS
6. ROSE L. HIWASA	DAWIS NATIONAL HIGH SCHOOL
7. CAROLINA K. LABNONON	DAWIS NATIONAL HIGH SCHOOL
8. BIENVENIDA S. DRILON	DAWIS ELEMENTARY SCHOOL
9. LOVE JOY S. LLAGAS	DAWIS ELEMENTARY SCHOOL
10. FE A. AMBOS	DAWIS ELEMENTARY SCHOOL
11. NIDA D. RAYMUNDA	I. ABALAYAN ELEMENTARY SCHOOL
12. IRISH SITON	P. GARCIA ELEMENTARY SCHOOL
13. GEMMA MARQUEZ	P. GARCIA ELEMENTARY SCHOOL
14. MARILUN LOPEZ	P. GARCIA ELEMENTARY SCHOOL
15. HONEVILETH CAMANYAG	P. GARCIA ELEMENTARY SCHOOL
16. JULIETTA PANDIAN	P. GARCIA ELEMENTARY SCHOOL
17. JEANNE PEARL NEPUELA	P. GARCIA ELEMENTARY SCHOOL
18. JANNAH SANGCOPAN	P. GARCIA ELEMENTARY SCHOOL
19. EDLUN BRIONES	P. GARCIA ELEMENTARY SCHOOL
20. MARY GRACE M. CAMPAÑA	R. MAGSAYSAY ELEMENTARY SCHOOL
21. MA. CECILIA TEJADA	R. MAGSAYSAY ELEMENTARY SCHOOL
22. GLORIA T. SANCHEZ	R. MAGSAYSAY ELEMENTARY SCHOOL
23. JUNALYN D. EMBODO	R. MAGSAYSAY ELEMENTARY SCHOOL
24. RAFFY T. SALVADOR	R. MAGSAYSAY ELEMENTARY SCHOOL
25. CONCORDIA S. CELLAN	P. GARCIA ELEMENTARY SCHOOL
26. AMELIA ORLANEL	P. GARCIA ELEMENTARY SCHOOL
27. ELEONOR SANCHEZ	P. GARCIA ELEMENTARY SCHOOL
28. ROWENA NEBRES	APLAYA NATIONAL HIGH SCHOOL
29. JEANETH O. MONTENEGRO	KIBANBAN ELEMENTARY SCHOOL
30. CECIL S. SAMPITO	R. MAGSAYSAY ELEMENTARY SCHOOL
31. MA. CORAZON R. GIMANG	R. MAGSAYSAY ELEMENTARY SCHOOL
32. JAYSON A. ESTANCIA	COGON ELEMENTARY SCHOOL
33. MYRNA B. MENDOZA	R. MAGSAYSAY ELEMENTARY SCHOOL
34. GLENDEL BOLO MODINA	R. MAGSAYSAY ELEMENTARY SCHOOL
35. MADELINI MAGHUYOP	R. MAGSAYSAY ELEMENTARY SCHOOL
36. MICHELLE MAGBUHOS	R. MAGSAYSAY ELEMENTARY SCHOOL



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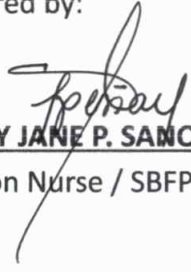
37. ROSALIE DE GUZMAN	R. MAGSAYSAY ELEMENTARY SCHOOL
38. CHERRIE MAR B. ESTANCIA	COGON ELEMENTARY SCHOOL
39. JUVELYN ROSALES	R. MAGSAYSAY ELEMENTARY SCHOOL
40. WEENA JEAN ROCACORBA	R. MAGSAYSAY ELEMENTARY SCHOOL
41. MARILYN CONSTANTINO	R. MAGSAYSAY ELEMENTARY SCHOOL
42. JOVIE ACROY	R. MAGSAYSAY ELEMENTARY SCHOOL
43. MAYMIE ANN CONSTANTINO	R. MAGSAYSAY ELEMENTARY SCHOOL
44. MARILOU SUMERA	R. MAGSAYSAY ELEMENTARY SCHOOL
45. JOEGIRLIE SUMERA	R. MAGSAYSAY ELEMENTARY SCHOOL
46. MARY JANE CABALDA	R. MAGSAYSAY ELEMENTARY SCHOOL
47. LEAH MAE ROQUE	R. MAGSAYSAY ELEMENTARY SCHOOL
48. GLORIA S. CARTAGENA	R. MAGSAYSAY ELEMENTARY SCHOOL
49. MARY JANE FERNANDEZ	R. MAGSAYSAY ELEMENTARY SCHOOL
50. ROSEMARIE MENDOZA	R. MAGSAYSAY ELEMENTARY SCHOOL
51. MICHELINE M. DIANO	R. MAGSAYSAY ELEMENTARY SCHOOL
52. CECILLE L. OLIVO	R. MAGSAYSAY ELEMENTARY SCHOOL
53. TERESITA L. ADORA	DAWIS NATIONAL HIGH SCHOOL
54. JOCELYN D. JERA	APLAYA
55. CATALINA SANCOVER	APLAYA
56. CECILLE I. MOGEH	P. GARCIA ELEMENTARY SCHOOL
57. SARA BROCA	BADIANG ELEMENTARY SCHOOL
58. MARCHELLE PLEÑOS	BADIANG ELEMENTARY SCHOOL
59. ELLENGAN AMARILLA	BADIANG ELEMENTARY SCHOOL
60. ERLINDA AVILA	BADIANG ELEMENTARY SCHOOL
61. ARGEN NIEVES	BADIANG ELEMENTARY SCHOOL
62. RAQUEL GUINALING	R. MAGSAYSAY ELEMENTARY SCHOOL
63. KELLY JOY S. LLAGAS	DAWIS ELEMENTARY SCHOOL
64. SHEILAMAE AMARILLA	BADIANG ELEMENTARY SCHOOL
65. ESTER BELLO	BADIANG ELEMENTARY SCHOOL
66. JOSIE V. YTING	
67. MYRA MORO	
68. MARILOU C. DAGOHOY	
69. JOMAR C. DADGOHOY	
70. JOCELYN B. MACARIMBANG	
71. GINA B. SUBRON	
72. ALFREDO P. CORPUZ	
73. LOLIT MERCADO	
74. FERNALYN V. CASAS	
75. EVELYN DELES	
76. RUTH HINGCO	
77. MARILOU RABI MEDICO	
78. ROBELYN MARCOS ALABADO	



Republic of the Philippines
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79. MOHAMAD RUDIN MABANG	
80. JEREMIE E. MABANG	
81. CHERRYMAE A. TORRES	
82. LEONOR P. PAYAR	
83. ROBelyn M. ALABADO	
84. ARTURO IAMPOLME	
85. RIZZA LYNN IAMPOLME	
86. JESSA DIAMONA	
87. JOSIE MANSIGUN	
88. ROXAN AYOg	
89. SOCRATES NEBRES	Aplaya National High School
90. FLORAMIE B. LATASA	Dawis National High School
91. JOCELYN ABALLE	Dawis National High School
92. DOLORES A. ENILA	Dawis National High School
93. NICA DINGDING	Kibanban Elementary School

Prepared by:


DAISSY JANE P. SANOY, RN
Division Nurse / SBFP Focal



Republic of the Philippines
Department of Education
Digos City Division

Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: **DCCES**

Date/Time: **8-6-25 / 11pm - 4pm**

	NAME	SCHOOL	SIGNATURE
1	Imelda M. Bando	PVDES	
2	Dionne T. Rye	PVDES	
3	Jessica C. Dalry	PVDES	
4	Honey Lin P. Climaco	DLUES	
5	Leonor C. Canete	DCCES	
6	Precy P. Laytan	DCCES	
7	Richabelle V. Castañeda	PVDES	
8	Guillerma Basalan	PVDES	
9	Jonaldyn B. Anotado	DCCES	
10	Jenelyn P. Cabigas	Damnas ES	

Prepared by:

DAISSY JANE P. SANAY, RN
NURSE II



Republic of the Philippines
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CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: **DCCES**

Date/Time: **8-6-2025 / 1pm - 4pm**

	NAME	SCHOOL	SIGNATURE
1	ALJE MAE M. ROSALES	BALABAG ELEM. SCH.	
2	Chrnelita T. Catubig	Luparan ES	
3	Marcellina L. Hibaya	Basalan ^{Tres de Mayo}	
4	Joan L. Cellan	Balabag Elem.S.	
5	Concepcion L. Revilla	Central Elem.S.	
6	DAISSY L. JAGUPIT	BALABAG ELEM-S.	
7	Eden C Laputan	Basalan ^{Tres de Mayo}	
8	Rey A. Escudeta	DCCES	
9	ROBERTO V. DELOS SANTOS JR.	BNHS	
10	ETING, DONALD	MAHAYAHAYE	

Prepared by:

DAISSY JANE P. SANOY, RN
NURSE II



Republic of the Philippines
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Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: **DCCCEV**
Date/Time: **8-6-25/1pm-4pm**

	NAME	SCHOOL	SIGNATURE
1	MICHELLE S. ESCUETA	DCCES	
2	Merlita S. Laguna	Ruparan Elem. Sch	
3	Jean B. Sibay	Ruparan Elem. Sch	
4	April May R. Aquino	Ruparan Elem. Sch	
5	Jerlita Villagonzalo	Ruparan " "	
6	Arlene R. Gomez	Central DCCES	
7	Genevieve P. Abad	Central DCCES	
8	Marie Grace A. Alba	Aplaya Elem. School	
9	Virginia A. Gonzales	Dannas Elem	
10	Esterlita S. Doromal	Basalan Elem.	

Prepared by:

DAISSY JANE P. SANAY, RN
NURSE II



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CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: **DCEE**

Date/Time: **8-0-25/1pm-4pm**

	NAME	SCHOOL	SIGNATURE
1	Ida R. Pedrera	Goma National High	Pedrera
2	Genie M. Paran	"	Paran
3	Jordan L. Tero	Federico J. Alferez	Tero
4	Meraplor L. Mendez	Aplaya Elem. School	Mendez
5	Marita L. Cabaya	Federico J. Alferez	Cabaya Marita
6	GRACE B. CONOSAN	F. ALFEREZ ES	GRACE -
7	Charity Gerolaya	DCEE	Gerolaya
8	Marish O. Rivas	Ruparan ES	Rivas
9	Justin Marie Torremia	Ruparan Elem.	Torremia
10	Josephine M. Paraiso	Ruparan High School	Paraiso

Prepared by:

DAISSY JANE P. SANJOY, RN
NURSE II



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CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: *DOCE's gym*
Date/Time: *8/20/2018 / 1pm - 4pm*

	NAME	SCHOOL	SIGNATURE
1	GILDA A. CORDOVA	JOLENIO R. ALBERCA Elem. Sch.	<i>[Signature]</i>
2	Kimberly T. Adam.	Tulangan Elem. Sch.	<i>[Signature]</i>
3	Sonnet E. Bero	Ruparan E.S.	<i>[Signature]</i>
4	Ronaldo R. Bero	Ruparan ES.	<i>[Signature]</i>
5	Marianne P. Traña	Damas E.S (Cont)	<i>[Signature]</i>
6	Linda C. Penta	Damas E.S	<i>[Signature]</i>
7	Eddelyn B. GMAZES	GNHS Comm. NHE	<i>[Signature]</i>
8	Jhencer Alba	RNHS	<i>[Signature]</i>
9	Nurhaida Bairulca	RNHS	<i>[Signature]</i>
10	Cynthia P. Tobilla	GNHS	<i>[Signature]</i>

Prepared by:

[Signature]
DAISSY JANE P. SANJOY, RN
NURSE II



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DIGOS CITY DIVISION

Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: **DCCES**
Date/Time: **8-6-25 / 1pm - 4pm**

	NAME	SCHOOL	SIGNATURE
1	Christian Dave P. Tobilla	GNHS.	
2	Annabella S. Sanico	DCCES	
3	Catherine E. Balingit	DCCES	
4	RHEA GERLIE D. MOLDE	DCCES	
5	Teresita B. Legaspi	DCCES	
6	Jenie Mae C. Labrador	DCCES	
7	Maegan C. Labrador	DCCES	
8	Annabelle D. Florentino	DCCES	
9	TURIP B. RLOS	DCCES	
10	Krystine Marie C. Comite	DCCES	

Prepared by:

DAISSY JANE P. SANOSY, RN
NURSE II



Republic of the Philippines
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Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: Rizal CES
Date/Time: 8/17/20- 1pm-4pm

	NAME	SCHOOL	SIGNATURE
1	Miriamia L. Montane	Manarua	
2	Margie Lou S. Dalapo	RCES	
3	EDWIN Dalapo	RCES	
4	Frida P. Delos Reyes	RCES	
5	Jennifer L. Moreda	RCES	
6	Jabe Kimberly Iligan	RCES	
7	Maria Lita Aguilar	RCES	
8	Margilina Sepitan	RCES	
9	Ramos, JONJON	RCES	
10	Mary Derogre	Manarua	

Prepared by:

DAISSY JANE P. SANAY, RN
NURSE II

Rizal CES
8/7/25

1. Marissa V. Eyas
2. Anna Seno
3. Jaycar Sasmeña
4. Lourdes R. ESMALDE
5. Merafe M. Pangay
6. Shiela L. Maca
7. Yhelen Banzuelo

Soong ES

Soong ES

Soong ES

Kapatagan NITS

Kapatagan NITS

Rizal CES

KNITS

Carl.
ANNA

~~Soong~~
Pangay

~~Shiela~~
Macan
Banzuelo



Republic of the Philippines
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CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: *Rizal CES*
Date/Time: *8/7/25 - 1pm-4pm*

	NAME	SCHOOL	SIGNATURE
1	Kenlie E. Palacio	Palan National H/s	<i>Kenlie</i>
2	Sarmina Parangai	KNHS	<i>Sarmina</i>
3	Pendlyn Lanson	KNHS	<i>Pendlyn</i>
4	Aydee m Labanon	KNHS	<i>Aydee</i>
5	Jennifer Dechusa	KNHS	<i>Jennifer</i>
6	Princess Villanueva	Palan NHS	<i>Princess</i>
7	Villanueva Rita	Palan "	<i>Rita</i>
8	Charis Selorio	KNHS	<i>Charis</i>
9	Dianne V. Tico	SOONG ES	<i>Dianne</i>
10	MICHELLE C. DINGDING	SOONG ES	<i>Michelle</i>

Prepared by:

DAISSY JANE P. SANOY, RN
NURSE II



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CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: Rizal CES
Date/Time: 8/21/25 - 1pm - 4pm

	NAME	SCHOOL	SIGNATURE
1	Melinda H. Cabmuncan	GRCES	
2	Charrilyn S. Cartagena	GRCES	
3	JENNIFER D. PINO	RCES/KRHS	
4	Mary Jane Landas	Biraton. Elem.	
5	Cecil Avila Reponte	GRCES	
6	CINDY ADALOS	Apolandia Elem	
7	Rosana C. Pacio	Matti Elem-	
8	Nestle J. Sosmeña	Sooner Elem.	
9	MARIFE PATORLA	NECENCIO Elem	
10	LUCIA UMALAY	NECENCIO Elem	

Prepared by:

DAISSY JANE P. SANÓY, RN
NURSE II



Roxas Street corner Lopez Jaena Street, Zone II, Digos City (8002)
(082) 553-8375; (082) 553-8396
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Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue: *Rizal CES*
Date/Time: *8/7/15 - 1pm - 4pm*

	NAME	SCHOOL	SIGNATURE
1	Genelyn R. Raza	Necencio Isidro Elem. School	<i>[Signature]</i>
2	LOURDES N. SUPERANO	Necencio Isidro elem. School	<i>[Signature]</i>
3	EDMAR M. OTIC	KNHS	<i>[Signature]</i>
4	ERWIN D. TESORO	RCEs	<i>Citesoro</i>
5	Marie Joy M. Movida	RCEs	<i>Gajmovida</i>
6	Irene P. Tiad	RCEs	<i>Irene Tiad</i>
7	Nicole N. Sildora	RCEs	<i>[Signature]</i>
8	PRINCESS J. RAMOS	RCEs	<i>[Signature]</i>
9	Marijess S. Estayco	RCEs	<i>[Signature]</i>
10	Gina Cariaga	KNHS	<i>gbcariaga</i>

Prepared by:

[Signature]
DAISSY JANE P. SANDOY, RN
NURSE II



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Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue:

Date/Time:

R. Sapdala e/s

8/8/18 - 1-4pm

	NAME	SCHOOL	SIGNATURE
1	Melliver A. Traya	Igpit NHS	
2	Alfe Grace, T Fuentes	Igpit NHS	
3	Gloria S. Natan	Igpit NHS	
4	Anna Liza Sucayre	Colorado ES	
5	Jacelyn Quizon	Abanag ES	
6	Jeralyn Quizon	Abanag ES	
7	Angelina Rabanes	Abanag E.S.	
8	Gino R. Cometa	Abanag E.S.	
9	YOYEN JOY OMALDE	SAN MIGUEL	
10	Maria Benna D. Palma	San Miguel	

Prepared by:

DAISSY JANE P. SANOS, RN
NURSE II



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue:
Date/Time:

R. Sapalala e/s
8/8/15 - 1-4pm

	NAME	SCHOOL	SIGNATURE
1	DELA CRUZ, KARA KYREL V.	COLORADO E/S	
2	DELA CRUZ, VILMA V.	COLORADO E/S	
3	MACARIO, REY E.	COLORADO E/S	
4	HARK, CERACE LABAJO	SAN E/S	
5	ARLYN V. MARAJOS	SME	
6	ANA LUZ E. YONTING	SAN MISUEL E/S	
7	Geraldine D. Arinas	Arcaplor Maniapo E/S	
8	ARZA MI. ALAB	Lungag E/S	
9	Loji Ann D. Honol	MINHS	
10	Ruel Filipino	MINHS	

Prepared by:

DAISSY JANE P. SANOY, RN
NURSE II



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue:
Date/Time:

R. Sapdala 2/f
8/8/15 1-4pm

	NAME	SCHOOL	SIGNATURE
1	Ruth U. Mola	Arcaflor Mariapao	
2	Lenny B. Dayardon	Arcaflor Mariapao	
3	Julia Zandra G. Villarcal	Matti NHS	
4	IRENE L. MENDOZA	COLORADO	
5	DECELDSE L. MENDOZA	COLORADO	MENDOZA
6	JOYCE L. DEOCAMPO	COLORADO	
7	Joalyn L. Potestas	Bagumbuhay	
8	Sherly Mae Dicparine	Tigpit Glen	
9	JESSICA AMANTE	BARABAG NHS	
10	LEA E. EMPIERTO	COLORADO	

Prepared by:

DAISSY JANE P. SANOY, RN
NURSE II



Republic of the Philippines
Department of Education
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CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue:

p. Sapalala 2/s

Date/Time:

8/8/15 - 1-4pm

	NAME	SCHOOL	SIGNATURE
1	IVY N. CANETE	IBPIT Elementary	<i>Shug.</i>
2	<i>Julita B Castro</i>	<i>Agpil ES</i>	<i>Julita</i>
3	MELVIN A. PAMBANBAN	IBPIT NATIONAL A.S.	<i>[Signature]</i>
4	Jucilyn C. Ilerin	bagumbuhay E/S	<i>[Signature]</i>
5	Wilma Panagagan	bagumbuhay E/S	<i>[Signature]</i>
6	Janet Cagang	RNSES	<i>[Signature]</i>
7	Wennie A. Vicho	RNES	<i>[Signature]</i>
8	Rhealyn Cabat	RNSEC	<i>[Signature]</i>
9	Maribel O. Repayo	CBNES	<i>[Signature]</i>
10	Maricel M. Otina	CBNES	<i>[Signature]</i>

Prepared by:

[Signature]
DAISSY JANE P. SANJOY, RN
NURSE II



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

CANTEEN ORIENTATION FOR CONSIGNEE/S

Venue:

Date/Time:

R. Saplalan c/s
8/8/18 - 1-4pm

	NAME	SCHOOL	SIGNATURE
1	May E. Pilapil (TEACHER)	MNHS	
2	Anahie S. Luna	SMES	
3	Ligaya S. Natar	MNHS IGPIT National	
4	Arman Ommandam	IGPIT NHSI	
5	Romeo Palma	San Miguel	
6	Nothing follows:		
7			
8			
9			
10			

Prepared by:

DAISSY JANE P. SANOSY, RN
NURSE II



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

CANTEEN ORIENTATION ATTENDANCE SHEET

Venue: Digos City National High School

Date: August 12, 2025

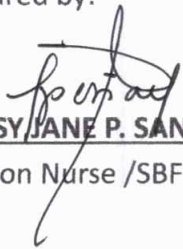
NAME OF CANTEEN CONSIGNEE/S	SCHOOL
1. JHYCKE G. PALMA	DIGOS CITY NATIONAL HIGH SCHOOL
2. NORMA ANTEPUESTO	DIGOS CITY NATIONAL HIGH SCHOOL
3. JENDEL G. SANDOVAL	SOONG NATIONAL HIGH SCHOOL
4. ALMA MARTINAY	SOONG NATIONAL HIGH SCHOOL
5. ALEX ARCILLAS	DIGOS CITY NATIONAL HIGH SCHOOL
6. JAY-AR PIAÑAR BARNUEVO	DIGOS CITY NATIONAL HIGH SCHOOL
7. VANESSA REQUINA	DIGOS CITY NATIONAL HIGH SCHOOL
8. CAFÉ N. CANDIDO, JR.	DIGOS CITY NATIONAL HIGH SCHOOL
9. LEONNIE C. RUBIN	DIGOS CITY NATIONAL HIGH SCHOOL
10. YEZIEL VEE LAPUT	DIGOS CITY NATIONAL HIGH SCHOOL
11. JONALYN RUTO	DIGOS CITY NATIONAL HIGH SCHOOL
12. ANTONIA NACION	MATTI NATIONAL HIGH SCHOOL
13. CHRISTOPHER CAÑETE	IGPIT ELEMENTARY SCHOOL
14. NELSON CASTRO	IGPIT ELEMENTARY SCHOOL
15. KAYLA PERLA	DIGOS CITY NATIONAL HIGH SCHOOL
16. ELVY S. PELLEJO	DIGOS CITY NATIONAL HIGH SCHOOL
17. MARVIN A. BONGCAYAO	IGPIT NATIONAL HIGH SCHOOL
18. RUEL C. BRIONES	DIGOS CITY NATIONAL HIGH SCHOOL
19. VANESSA M. TANDUY	DIGOS CITY NATIONAL HIGH SCHOOL
20. ANADHEL JANE ONTOY	DIGOS CITY NATIONAL HIGH SCHOOL
21. DELIA T. ONTOY	DIGOS CITY NATIONAL HIGH SCHOOL
22. ZENAIDA ARELLANO	DIGOS CITY NATIONAL HIGH SCHOOL
23. KRISTINE PEREZ	DIGOS CITY NATIONAL HIGH SCHOOL
24. SUSAN RODA	DIGOS CITY NATIONAL HIGH SCHOOL
25. INDIE ALMEREZ	DIGOS CITY NATIONAL HIGH SCHOOL
26. ANA MARIE ORTIZ	MATTI NATIONAL HIGH SCHOOL
27. NERISSA VELASCO	DIGOS CITY NATIONAL HIGH SCHOOL
28. MANNE JAMES ORTIZ	MATTI NATIONAL HIGH SCHOOL
29. NECITAS M. ATNEGENU	DIGOS CITY NATIONAL HIGH SCHOOL
30. LORENA V. LAGRADA	DIGOS CITY NATIONAL HIGH SCHOOL
31. HONEY ROSE T. CASTARDO	DIGOS CITY NATIONAL HIGH SCHOOL
32. ROBERTO NOLASCO JR.	DIGOS CITY NATIONAL HIGH SCHOOL
33. EDEN D. AUMADA	DIGOS CITY NATIONAL HIGH SCHOOL
34. LEONOR PADILLA	DIGOS CITY NATIONAL HIGH SCHOOL
35. ELEANOR PAGALAN	DIGOS CITY NATIONAL HIGH SCHOOL
36. CRISTINA MELLEJOR	DIGOS CITY NATIONAL HIGH SCHOOL



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37. JERNESIA GIANGAN	DIGOS CITY NATIONAL HIGH SCHOOL
38. NELLIE CANOUG	DIGOS CITY NATIONAL HIGH SCHOOL
39. JELIAN ALMAZAN	DIGOS CITY NATIONAL HIGH SCHOOL
40. PETER EMMANUEL ALAMAZAN	DIGOS CITY NATIONAL HIGH SCHOOL

Prepared by:


DAISSY JANE P. SANOY, RN
Division Nurse /SBFP Focal

Cut-off Points for Packaged Food and Drinks with available Nutrition Label/ Nutrition Facts under the *GREEN CATEGORY*

General Description:

- Contains wide range of nutrients
- Saturated fat is less than 3 grams (approximately equivalent to more than half a teaspoon of fat) per serving
- No trans fat
- Added sugar is less than 10 grams (or 2 teaspoons) per serving
- Sodium is less than 120 mg (equivalent to 300 mg of salt or 1/20 teaspoons salt) per serving

Cut-off Points for Packaged Food and Drinks with available Nutrition Label/Nutrition Facts under the *YELLOW CATEGORY*

General Description:

May contain some nutrients but at the same time contains

- Saturated fat is more than 3 to 5 grams (approximately equivalent to more than half a teaspoon to 1 teaspoon of fat) per serving; or
- No Trans fat;
- Added sugar is more than 10 grams but less than 20 grams (equivalent to 2 to 4 teaspoons) per serving; or
- Sodium is more than 120 mg to 200 mg (equivalent to 300 to 500 mg of salt of 1/20 to 1/10 teaspoon salt) per serving

Cut-off Points for Packaged Food and Drinks with available Nutrition Label/Nutrition Facts under the *RED CATEGORY*

General Description:

- Saturated fat is more than 5 grams (equivalent to more than 1 teaspoon) per serving; or
- Contains trans fat no matter how insignificant the amount is
- Added sugar or total carbohydrates (in the absence of dietary fiber) is more than 20 grams (equivalent to more than 4 teaspoons) per serving; or
- Sodium is more than 200 mg (equivalent to 500 mg or 1/10 teaspoon salt) per serving

All manufactured food products with Nutrition Facts to be sold in school canteens must be evaluated by the Health and Nutrition Unit using the Nutrition Facts Assessment Table shown below:

Product:

Serving Size:

Number of Servings:

Nutrients	Amount	Green	Yellow	Red
1. Saturated Fat		Less than 3 grams	3 to 5 grams	More than 3 grams
2. Trans Fat		0	0	0
3. Sugar or Total Carbohydrates (if there is no dietary fiber)		Less than 10 grams	10 to 20 grams	More than 10 grams
4. Sodium		Less than 120 mg	120 to 200 mg	More than 120 mg

List of Foods and Drinks under the GREEN CATEGORY (served everyday)

Food	Examples
Drinks	Milk (unsweetened) fresh milk within the standard nutrition facts/nutritional guidelines Safe and clean water (nothing added) Fresh Buko Water (unsweetened)
Energy-giving (Go)	Milled Rice Brown Rice or Iron-fortified Rice Corn Oatmeal Whole wheat bread Cassava (kamotengkahoy) Boiled Saging nasab-a Corn, Binatog Boiled peanuts Suman Puto
Body-building (Grow)	Fishes Shellfish Small shrimps Lean meats Chicken without skin Nuts Egg
Body-regulating (Glow)	Fresh fruits, preferably those in season Green, leafy, and yellow vegetables

List of Foods and Drinks under the YELLOW CATEGORY (served Tuesday and Thursday only)

Food	Examples
Drinks	100% Fresh fruit juices, Magnolia, grapes flavour ,C2(yellow), Dutch milk, milo Note: we are not patronizing but the nutrition facts of the said products is in line with the standard nutrition facts/nutritional guidelines
Energy-giving (Go)	Fried Rice Bread (using white refined flour) Biscuits(preferable butter flavor) Banana Cue, Camote Cue, Turon, Maruya Pancakes Waffles Champorado Pancit Arroz Caldo Sandwiches (cheese, egg, chicken filling, etc.) Butter, Margarine, Mayonnaise (use sparingly)
Body-building (Grow)	Processed foods such as meats/fish, hotdogs, sausage, burger patties, chicken nuggets, tocino, tapa, etc. (still subject to evaluation of saturated or trans fat and sodium as reflected in their Nutrition Facts)
Body-regulating (Glow)	Stir-fried Vegetables

List of Foods and Drinks under the RED CATEGORY (not to be sold in School Canteen)

Food	Examples
Drinks	Soft drinks, alcoholic drinks, sports waters, sports drinks, flavoured mineral water, energy drinks, sweetened waters, powdered juice drinks Any product containing caffeine (for school canteens) Any processed fruit/vegetable juice with added sugar of more than 20 grams or 4 teaspoons per serving
Energy-giving (Go)	Any jelly, ice crushes, and slushies Any ice cream/ ice drops/ice candies

	Cakes and slices, donuts, sweet biscuits and pastries, and other sweet bakery products All types including chocolates, hard/chewy candies, chewing gums, marshmallows, lollipops, yema, etc. French fries, bicho-bicho, etc. Instant noodles All types of heavily salted snack such as chips or chichiria
Body-building (Grow)	Chicharon Chicken skin Bacon Deep-fried foods including fish balls, kikiams, etc.
Body-regulating (Glow)	Fruits canned in heavy syrup Sweetened fruits or vegetables or deep-fried

Note: Health Certificate must be posted in the School Canteen



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Office of the Schools Division Superintendent

Beverages in Schools and in DepEd Offices

GREEN CATEGORY	YELLOW CATEGORY	RED CATEGORY
Masustansya Mababa sa taba, asukal at asin	Mga Pagkaing nagtataglay ng kaunting Taba, Asukal at Asin	Mga Pagkaing may pinaka-kaunting nutrients pero Mataas sa Taba, Asukal at Asin
Dapat na PALAGIANG mayroon sa School	Ihahain lamang tuwing MARTES at HUIWRES	IPINAGBABAWAL na ibenta sa mga School