



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DIGOS CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2025- 590

To : Assistant Schools Division Superintendent
SGOD & CID Chiefs
Education Program Supervisors
Public Schools District Supervisors
Public and Private Elementary and Secondary School Heads
Teaching and Non-Teaching Personnel
All Others Concerned

Subject : **38th MIDYEAR NATIONAL CONFERENCE OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

Date : September 15, 2025

This has reference to the attached letter from the IOTA Phi Counseling and Professional Honor Society, Inc., the Philippine Chapter of Chi Sigma IOTA Counseling Academic and Professional Honor Society International informing the field that they will hold the 38th Midyear National Conference with the theme, Care, Connect, Collaborate: Navigating Pathways to Mental Well-being, Part II to be held at the University of Southeastern Philippines Social Hall, Davao City on October 16-17, 2025.

Participation of learners and teachers from public and private schools shall be **purely voluntary** and will not hamper instructional time in compliance with the provisions of DepEd Order (DO) No. 9 s. 2005 titled Instituting Measures to increase Engaged Time-on-Task and Ensuring Compliance Therewith and the policy on off-campus activities stated in DO 66, s. 2017.

This is also subject to the no-collection policy as stated in Section 3 of Republic Act No. 5546 also known as An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Project or Purpose from Students and Teachers of Public and Private Schools, Colleges and Universities (Ganzon Law), issued in DO 19, s. 2008, and reiterated in DepEd Memorandum No. 041, s. 2024.

Relevant details and other information are found in the enclosures.

For information.

Melanie P. Estacio
MELANIE P. ESTACIO, PhD, CESO VI
Schools Division Superintendent

DepEd Schools Division of Digos City
RECORDS SECTION

RELEASED
25-70449
DATE: SEP 19 2025 TIME: 5:17 PM
BY: *[Signature]*

Enclosed: As stated.
SGOD/cab



Address: Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)
Telephone Nos.: (082) 553-8375; (082) 553-8396



IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

**Philippine Chapter of
CHI SIGMA IOTA**

Counseling Academic and Professional Honor Society International

Email address: iotaphi.counseling@gmail.com/

Contact nos. 09674817648 / 09165535548 / 09175078195 / 09127794477

Office Address : Holy Child Colleges of Butuan, 2nd St., Guingona Subdivision, Butuan City, Philippines



August 25, 2025

DR. MELANIE P. ESTACIO.

Schools Division Superintendent
Department of Education
Division of Digos City
Digos City

Dear Madam,

Warmest Greetings from the IOTA PHI Board!

We are pleased to inform you that **IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**, the Philippine Chapter of **CHI SIGMA IOTA COUNSELING ACADEMIC AND PROFESSIONAL HONOR SOCIETY INTERNATIONAL** based in North Carolina, USA, and duly registered with the Securities and Exchange Commission, will hold its 38th Midyear National Conference on October 16-17, 2025 , at the University of Southeastern Philippines (USEP) Social Hall, Davao City, Philippines, with the theme, **“CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Well-being, Part II.”**

The Conference is designed for guidance counselors, educators, school leaders, psychologists, social workers, and other mental health advocates to enhance their knowledge and skills in addressing mental health challenges and promoting well-being and aims to achieve the following objectives:

1. **Provide** a holistic understanding of mental health by emphasizing the interrelatedness of self-care, social connections, and collaboration;
2. **Equip** participants with practical strategies for personal well-being and creating supportive environments;
3. **Enhance** participants' skills in addressing mental health concerns in school and community settings
4. **Challenge** participants to create a healthier and more resilient community of professionals;
5. **Open opportunities** for participants' engagement in mental health activities, networking, and collaboration with other mental health professionals.

In this regard, we respectfully seek your **endorsement of this program** within your Division and your kind consideration to allow participants to attend the said Conference on **official business**, if possible.

Your support will greatly inspire and motivate your guidance counselors, teachers, and other mental health advocates in their pursuit of continuous growth and service.

Attached for your reference are:

- The Conference Program and list of topics to be facilitated by experts in the field of counseling and mental health, and
- A copy of **DepEd Advisory No. 142 s. 2025**.

To cover expenses for venue rental, speakers' honoraria, conference materials, meals, and other operational costs, a registration fee of **Php 4,500.00 per participant** will be charged. Payments may be made through the following accounts:

Payment Options:

- | | |
|---|---------------------------|
| 1. You may pay at any branch of CHINABANK | 2. You may pay thru GCash |
| ACCOUNT NAME: | ACCOUNT NAME: |
| IOTA PHI Counseling and Professional Honor Society, Inc | Maria Emma T. Daga |
| ACCOUNT NO. 108900006458 | Gcash No; 09956632545 |
| Branch of Acct: 1089 Butuan City | |

Interested participants may register online via this link: <https://bit.ly/IOTA38>

For further inquiries or reservations, they may contact the IOTA PHI Secretariat through: email at iotaphi.counseling@gmail.com , or via mobile phone nos. 09674817648 / 09165535548 / 09175078195 / 09127794477

We look forward to your favorable response and continued support.

Respectfully yours,



ROSENDA A. DE GRACIA, Ed. D., Ph.D., RGC, LPT
President, IOTA PHI

EXECUTIVE BOARD OFFICERS: *President*, Dr. Rosenda A. De Gracia, RGC, LPT; *President Elect*, Dr. Felomino A. Gargar, RGC, RPm, Diplomate IABMCP, Fellow PCHA; *Secretary*, Maria Emma T. Daga, MEd, RGC, LPT; *Faculty Adviser Treasurer*, Dr. Rodolfo P. Esteves, RGC, RPm, Diplomate IABMCP, Fellow PCHA; *Auditor*, Oscar M. Gomez, MEd, RGC; *Public Relations Officer*, Dr. Wilfredo II Francis F. Mina, RGC, Rpm; *Founding President*, Dr. Lily Rosqueta-Rosales, RGC; **SPECIAL APPOINTMENTS:** *Assistant Secretary*, Myrna R. Batino, Ph.D.Ed., RGC, RPm, LPT; *Assistant Treasurer*, Dr. Ricardo Guanzon, MD, Ed.D., Ph.D. FPAFP, RGC; *Chair, Advocacy & Prof. Dev. Committee*, Annabelle M. Sangalang, MEd, RGC



IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

38th MIDYEAR NATIONAL CONFERENCE
UNIVERSITY OF SOUTHEASTERN PHILIPPINES
DAVAO CITY
October 16-17, 2025

Theme:

CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Well-being, PART II

CONFERENCE PROGRAMME

Day 1

A.M.

- 7:00 - 8:00 REGISTRATION
- 8:00 - 8:30 OPENING CEREMONIES
- 8:30 - 9:30 KEYNOTE ADDRESS AND LECTURE

Topic: **“ School -based Mental Health Initiatives , RA 12080 and RA 11036 and Relevant UN Sustainable Development Goals (SDGs)**

- 9:30-10:30 Topic 1
Developing Inclusive Guidance and Counseling Services to Foster Mental Health and Resilience

- 10:30-10:45 HEALTH BREAK

- 10:45-11:45 Topic 2
“Navigating the Digital Landscape: Integrating Technology to Enhance Counseling Effectiveness”

- 11:45 -12:0 INTERACTIVE SESSION

LUNCH BREAK

P.M.

- 1:30-2:30 Topic 3
“From Burn Out to Balance: Designing Digital Detox Protocols for Counseling and Therapeutic Practice”

- 2:30- 3:30 Topic 4
“ Cultural Sensitivity in Counseling: Integrating Indigenous Approaches to Mental Health and Wellness

- 3:30- 3:45 HEALTH BREAK

- 3:45-4:45 Topic 5
“Bridging the Gap between Neuroscience, Nutrition and Neuropathic Mental Health”

- 4:45 -5:45 INTERACTIVE SESSION

Day 2

A.M.

- 7:45 - 8:00 “Let’s Get Physical “ : Morning Exercises for Physical Fitness
- 8:00-9:00 Topic 1
 “Bending without Breaking: Cultivating Flexibility Through Acceptance and Commitment Therapy”
- 9:00-10:00 Topic 2
 “ Client Caseload Management: Strategies in Managing Unmanageable Workload and Prioritizing Client Needs”
- 10:10:15: HEALTH BREAK
- 10:15-11:15 Topic 3
 ”Counseling Supervision: Case-Related Issues and Ethical Considerations”
- 11:15-12:00 INTERACTIVE SESSION

LUNCH BREAK

P.M.

- 1:00-2:00 Topic 4
 ”Using Dialectic and Relational Approaches in Addressing Challenges and Conflicts in the Workplace”
- 2:00-3:00 Topic 5
 “Developing Networking Skills and Effective Collaboration among Mental Health Professionals”
- 3:00- 3:15 HEALTH BREAK
- 3:15 - 4:15 INTERACTIVE SESSION
- 4:15- 5:00 CLOSING CEREMONIES

Advisory No. **142**, s. 2025

August 13, 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

**38th MIDYEAR NATIONAL CONFERENCE OF THE IOTA PHI COUNSELING
AND PROFESSIONAL HONOR SOCIETY INC.**

The IOTA PHI Counseling and Professional Honor Society Inc., through the Philippine Chapter of Chi Sigma IOTA Counseling Academic and Professional Honor Society International, will hold its 38th Midyear National Conference with the theme, Care, Connect, Collaborate: Navigating Pathways to Mental Well-being, Part II, to be held at the University of Southeastern Philippines Social Hall, Davao City, on October 16–17, 2025.

The Conference aims to enable participants to

1. provide a holistic understanding of mental health by emphasizing the interrelatedness of self-care, social connections, and collaboration;
2. equip themselves with practical strategies for personal well-being and for creating supportive environments;
3. enhance their skills in addressing mental health concerns in school and community settings;
4. challenge them to help create a healthier and more resilient community of professionals; and
5. open opportunities for their engagement in mental health activities, networking, and collaboration with other mental health professionals.

The Conference is specifically designed to address the needs of guidance counselors/guidance advocates, counselor educators, school heads, supervisors, psychologists, psychometricians, social workers, and other mental health professionals by enhancing their knowledge and skills in addressing mental health issues and challenges, as well as fostering well-being.

Interested participants may register through the link at <https://bit.ly/IOTA38>.

Participation of learners and teachers from public and private schools shall be purely voluntary and will not hamper instructional time in compliance with the provisions of DepEd Order (DO) No. 012, s. 2025, titled Multi-Year Implementing Guidelines on the School Calendar and Activities and DO 9, s. 2005 titled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith and the policy on off-campus activities stated in DO 66, s. 2017.

This is also subject to the no-collection policy as stated in Section 3 of Republic Act No. 5546 also known as An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Project or Purpose from Students and Teachers of Public and Private Schools, Colleges and Universities (Ganzon Law), issued in DO 19, s. 2008, and reiterated in DepEd Memorandum No. 041, s. 2024.

For more information, please contact

IOTA Secretariat

IOTA PHI Counseling and Professional Honor Society Inc.

Mobile Phone Numbers: 0967-481-7648; 0916-553-5548; 0917-507-8195;
and 0912-77904477

Email Address: iotaphi.counseling@gmail.com