



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2025-592

To : Health and Nutrition Unit
Public Schools District Administrators
Senior High School and Junior High School Administrators
Elementary School Administrators
School Clinic Coordinators
All Others Concerned

Subject : **SCHOOL MENTAL HEALTH PROGRAM ACTIVITIES**

Date : September 17, 2025

1. School Mental Health Program is one of the flagships programs of the Oplan Kalusugan Sa DepEd (OKD) under the Republic Act. No.11036 or the Mental Health Act of 2018 mandates DepEd to provide guidelines to schools in the development and implementation of health policy/program for the well-being of school learners.
2. The objectives of this program is to promote mental health/raise awareness on mental health issues; identify and provide support and services for individuals at risk; and facilitate access, including referral mechanism of individuals with mental health conditions to treatment and psychosocial support.
3. In connection to the objectives of the School Mental Health program and in fostering the National Suicide prevention Month Awareness Campaign, all public elementary schools and secondary schools are hereby informed of the following activities :

Date/Time	Activities	Participants/Person responsible	Venue
SDO September 22, 2025	Updating on C.L.O.U.D.S.	49 - school clinic coordinators 1-IT SDO- officer	RMCES- SBFP Center



📍 Roxas Street corner Lopez Jaena Street, Zone II, Digos City (8002)
☎ (082) 553-8375; (082) 553-8396
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(1pm-4pm)		4 – Information technology Non-teaching personnel 10-HNU 2-YFP 1-SDO Guidance Counselor	
September 23, 2025 (1pm-5pm)	Chit lead (Podcast)Activity on the Topic of the 3 C's Suicide Prevention (Connection, Collaboration and Choice)	2- SDO-YFP 1- DICNHS Guidance Counselor 1-SDO Guidance Counselor 5-Identified SSG students HNU- 4 HNU personnel	DICNHS Teen Center
October 06, 2025 (1pm-5pm)	Adaptation of CLOUDS at the School level	49 - school clinic coordinators 1-IT SDO- officer 4 – Information technology Non-teaching personnel 10-HNU 2-YFP 1-SDO Guidance Counselor	RMCES-SBFP Center
School level September (22-29,2025)	Conduct Mental Health activities at the School level of the following activities:		



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	<ul style="list-style-type: none">a. Display of IEC materials such as brochures, Posters and tarps to visible spots in the workplace/schoolb. Psychosocial support activities that raise awareness on suicide prevention.c. Viewing and listening to video and audio clips related to Suicide;d. individual and group activities like counselling, talks and forums that promote interaction among participants; or may create initiatives related to the observance apart from the suggested activities mentioned.		
	Submit Accomplishment Report on October 06,2025		



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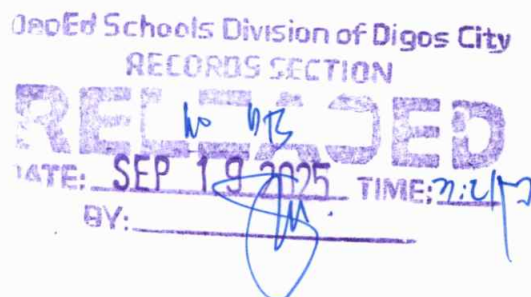
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	At the Schools Division Office Health and Nutrition Unit (HNU)		
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4. For information and strict compliance.

Melanie P. Estacio
MELANIE P. ESTACIO, Ph.D. CESO VI
Schools Division Superintendent

9/1/25



SGOD/HNU/Djps



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