



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

SGOD-2025-644

To : **HEALTH AND NUTRITION UNIT**

Subject : **PARTICIPATION IN THE TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

Date : October 9, 2025

1. Attached is the Regional Memorandum ESSD-2025-282 regarding the Training of Facilitators on Community-Based Mental Health Program on **October 14-16, 2025** at the **Sarangani Highlands Garden Resort, General Santos City**.
2. In this connection, **Dhelmie Christine S. Peñas, RN** (Mental Health Program Focal Person) is hereby directed to attend and participate on the said training.
3. Travel and other incidental expenses shall be charged against downloaded funds subject to the usual accounting and auditing rules and regulations.
4. For strict compliance.

For and in the absence of the  
Schools Division Superintendent

**MARIA GENEVIEVE T. FRANCISQUETE, CESO VI**  
Assistant Schools Division Superintendent  
Officer-In-Charge

DepEd Schools Division of Digos City  
RECORDS SECTION

**RELEASED**  
DATE: OCT 13 2025 TIME: 9:42am  
BY: \_\_\_\_\_

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Republic of the Philippines  
**Department of Education**  
**BUREAU OF LEARNER SUPPORT SERVICES**

OFFICE OF THE DIRECTOR

**ADVISORY**

October 7, 2025

**VENUE AND DATES**

- This Office hereby announces that the conduct of **Training of Facilitators on Community-Based Mental Health Program - VisMin Cluster** will now be held at the **Sarangani Highlands Garden Resort**, from **October 13-16, 2025**.

**PARTICIPANT INFORMATION**

- The program management team does not allow substitution of coaches. Only the coaches who submitted their confirmation through the registration form will be allowed to join the activity.
- Strict attendance in all sessions is required. Certificate of Appearance and Certificate of Recognition as coach will be given at the end of the training after the accomplishment of the evaluation form.
- For the conduct of the aforementioned activities that will fall on weekends and holidays, the Regional Office and/or Schools Division Office is requested to provide Compensatory Time-Off (CTO) to the coaches to compensate for time rendered that is supposed to be for personal use and rest.

**LOGISTICS AND ACCOMMODATION**

- Standard check-in time will be at 1:00 PM on October 13, 2025. Check-out will be at 12:00 NN on **October 16, 2025**. Please check your flight schedule to avoid delays, cancellations, and inconvenience.
- Breakfast, lunch, AM/PM snacks and dinner during training will be provided. The program management team will provide additional information during the event on the exact venues/time where/when the meals and snacks will be served. For any dietary restrictions, please inform the program management team.
- Meals and accommodations are as follows:

MEALS	Day 0	Day 1	Day 2	Day 3
Breakfast	✓	✓	✓	✓
AM Snacks	✓	✓	✓	✓
Lunch	✓	✓	✓	✓
PM Snacks	✓	✓	✓	
Dinner	✓	✓	✓	

- This is a **4-day live-in training (Day 0: Refresher and preparatory work for all the coaches, Day 1-3: Training proper)**; all coaches are expected to

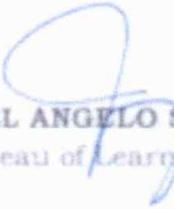
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attend and complete the whole activity. Coaches are expected to bring their clothes and other hygiene kits.

9. All coaches must be in **good health condition**. Do not forget to **bring your medicines** if you are under medication/treatment. You may also ask for assistance if you are not feeling well, so that the program management team can immediately take action.
10. Coaches are advised to bring their respective laptops or other writing devices for the activity. Bringing personal outlet extension is highly encouraged.

#### **CHARGING OF EXPENSES**

11. Those who will need to travel before and/or after October 13 may coordinate directly with Sarangani Highlands Garden Resort.
12. Transportation and other related expenses, including accommodation outside the training dates may be charged to the downloaded Program Support Funds for Learner Support Program (LSP-PSF) - School Mental Health Program (SMHP) of the respective Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.
13. Offices concerned are requested to augment funds should the allocation from LSP PSF prove insufficient.
14. For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph)

  
**DR. MIGUEL ANGELO S. MANTARING**  
Director IV, Bureau of Learner Support Services

Ready



Republic of the Philippines  
Department of Education  
DAVAO REGION



October 3, 2025

REGIONAL MEMORANDUM  
ESSD-2025-282

ATTENDANCE OF IDENTIFIED COACH AND PARTICIPANTS TO THE TRAINING  
OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM

To: Schools Division Superintendents  
Chief Education Supervisor, ESSD

1. Attached is a memorandum from the Office of the Undersecretary for Governance and Operations dated August 27, 2025, regarding the Training of Facilitators on Community-Based Mental Health Program on October 15-17, 2025, at General Santos City for VisMin Cluster and November 4-7, 2025, at Pampanga for Luzon Cluster.

2. The following are requested to attend the activity on October 15-17, 2025:

Names	Designation	Office
1. Mary Kristine C. Sagot	Nurse - II/Coach	SDO - Davao del Norte
2. Ma. Luisa F. Cuyos	Nurse - II	SDO - Davao del Norte
3. Priscillo Junior F. Acle	Nurse - II	SDO - Davao Occidental
4. Kamille Ayn M. Sa-ao	Nurse - II	SDO - Davao del Sur
5. Dhelmie Christine S. Peñas	Nurse - II	SDO - Digos City
6. Milabel C. Tolentino	Nurse - II	SDO - Davao City
7. John Carlo L. Ceniza	Nurse - II	SDO - Panabo City
8. Candice M. Campomanes	Nurse - II	SDO - Tagum City
9. Lester I. Enumerables	Nurse - II	SDO - IGACOS
10. Godfree L. Espero	Nurse - II	SDO - Davao de Oro
11. Kate G. Peña	Nurse - II	SDO - Mati City
12. Edmar Jay S. Rara	Nurse - II	SDO - Davao Oriental

3. Further, it is requested that Mary Kristine C. Sagot shall served as coach and required to attend all days of the training, including Day 0 specifically allocated for the refresher and pre-work activities of the coaches.

4. Travel and incidental expenses shall be charged against downloaded funds subject to the usual accounting and auditing rules and regulations.

5. Immediate and wide dissemination of this Memorandum is desired.

DEPARTMENT OF EDUCATION  
RECORDS SECTION  
RELEASED

ALLAN G. FARNAZO  
Director IV

Encl.: As stated  
ROE/smtc

By: [Signature]  
Date: Oct. 08, 2025



SEP 2025

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Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

**MEMORANDUM**  
**OM-OUGOPS-2025-08-05237**

**FOR** : **REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER**

**FROM** : **MALCOLM S. GARMA**  
Undersecretary for Governance and Operations

**SUBJECT** : **INVITATION FOR THE IDENTIFIED TRAINED PERSONNEL TO SERVE AS COACHES IN THE TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

**DATE** : August 27, 2025

Memo  
(Coaches)

The Department of Education is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region III and Region XII are set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out in two distinct clusters: the **VisMin Cluster**, which will be on **October 14-17, 2025, in General Santos City**, and the **Luzon Cluster**, **November 4-7, 2025, in Pampanga**. Attached for your reference are the List of Trained Coaches (Annex A) and the Indicative Program (Annex B).

In this regard, this Office requests the Regional Directors concerned and the BARMM Education Minister to:

1. Approve/endorse the participation of the **trained personnel**, as indicated in Annex A, as **coaches** in the said training; and
2. Advise the identified personnel to register through the link: <https://forms.office.com/r/FBStjwDmjX> on or before **September 12, 2025**.

The coaches are required to attend all days of the training, including Day 0 specifically allocated for the refresher and pre-work activities of the coaches. Furthermore, transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division through telephone number **(02) 8632-9935** or via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph).



Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

**MEMORANDUM**  
**OM-OUGOPS-2025-08-05237**

FOR : **REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER**

FROM : **MALCOLM S. GARMA** *[Signature]*  
Undersecretary for Governance and Operations

SUBJECT : **INVITATION FOR THE IDENTIFIED TRAINED PERSONNEL TO SERVE AS COACHES IN THE TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

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In this regard, this Office requests the Regional Directors concerned and the BARMM Education Minister to:

1. Approve/endorse the participation of the **trained personnel**, as indicated in Annex A, as **coaches** in the said training; and
2. Advise the identified personnel to register through the link: <https://forms.office.com/r/FBStjwDmjX> on or before **September 12, 2025**.

The coaches are required to attend all days of the training, including Day 0 specifically allocated for the refresher and pre-work activities of the coaches. Furthermore, transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division through telephone number **(02) 8632-9935** or via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph).

## Annex A

**LIST OF TRAINED PERSONNEL**

## Training of Facilitators on Community-Based Mental Health Program

No	Name	Position Designation	Region	Cluster
1	Ly Shema Neba Lasca	Technical Assistant II	CAR	Luzon
2	Raquel Benjamin	Technical Assistant I	Region 1	Luzon
3	Ryan Christopher Buccat	Medical Officer III	Region 2 - SDO Nueva Vizcaya	Luzon
4	Leah Barrameda	Nurse II	Region 4A - SDO Quezon	Luzon
5	Quennie Mae Salcedo	Medical Officer III	Region 5 - SDO Iriga City	Luzon
6	Victor Noell Langit	Medical Officer III	NCR - SDO Caloocan City	Luzon and VisMin
7	Micah Dianne Margret M. Padrinao	Nurse II	NCR - SDO Valenzuela	Luzon and VisMin
8	Jayson Soliman	Guidance Counselor II	Region 3 - SDO Tarlac Province	Luzon and VisMin
9	Pearl Oliveth Intia	Medical Office IV	Region 4A	Luzon and VisMin
10	Maria Anna Irene San	Medical Officer IV	MIMAROPA	Luzon and VisMin
11	Jeza Mae Cerbolles	Nurse II	Region 12 - SDO Cotabato	Luzon and VisMin
12	Lee Nemson Edillon	Technical Assistant II	Region 10	Luzon and VisMin
13	Ma. Katherine Jerdeleza	Nurse II	Region 6 - SDO Guimaras	VisMin
14	Shareal Joy Camacho	Guidance Counselor	Region 6 - SDO Iloilo City	VisMin
15	Lorimaine Macapobre	Nurse II	Region 7 - SDO Toledo	VisMin
16	Maria Theresa Cabañero	Nurse II	Region 7 - SDO Cebu Province	VisMin
17	Claudine Aujero	Nurse II	Region 8 - SDO Leyte	VisMin
18	Angelica Rodriguez	Medical Officer IV	Region 8	VisMin
19	Ahmad Ameenkar Wata III	Medical Officer IV	Region 9	VisMin
20	Mary Kristine C. Sagot	Nurse II	Region 11 - SDO Davao Del Norte	VisMin
21	Gil Ducena	Guidance Counselor III	CARAGA - SDO Agusan Del Norte	VisMin
22	Desiree Silmaro	Nurse II	CARAGA - SDO Agusan Del Norte	VisMin
23	Abdul Basser Mamahuba	Nurse II, Division Mental Health Focal	BARMM	VisMin

Annex B

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS  
FACILITATOR'S TRAINING  
October 14-17 and November 4-7, 2025  
General Santos City and Pampanga**

**SCHEDULE OF ACTIVITIES**

<b>Date / Time</b>	<b>Activity</b>	<b>Person Responsible</b>
<b>Day 0</b>		
9:00 AM – 12:00 PM	Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth	Program Management Team (PMT)
12:00 PM – 1:00 PM	Lunch	-
1:00 PM – 5:00 PM	Preparatory work and refresher for Coaches	RenewHealth
<b>Day 1</b>		
7:30 AM – 9:00 AM	Arrival of Participants Registration	Program Management Team (PMT)
9:00 AM – 9:30 AM	Opening Program <ul style="list-style-type: none"> <li>• Preliminaries</li> <li>• Welcome Remarks</li> <li>• Introduction to the training</li> <li>• Presentation of Indicative Program of Activities</li> <li>• Leveling of Expectations</li> </ul>	Program Management Team (PMT)
9:30 AM – 10:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
10:30 AM – 10:45 AM	Health Break	-
10:45 AM – 11:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
11:30 AM – 12:00 PM	Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 1:30 PM	Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse	Coaches
1:30 PM – 2:00 PM	Understanding Suicide - CSSRS	Coaches
2:00 PM – 3:00 PM	Mental Health First Aid - ALGEE	Coaches
3:00 PM – 3:15 PM	Health Break	-
3:15 PM – 4:15 PM	MHFA Simulation – Role Playing	Coaches
4:15 PM – 5:00 PM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
<b>Day 2</b>		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	Program Management Team (PMT)

8:30 AM - 9:00 AM	Introduction to Katatagan Plus-Program overview Presentation of Pilot Data	RenewHealth
9:00 AM - 10:00 AM	Katatagan Plus Module 1 - Simulation	Coaches
10:00 AM - 10:15 AM	Health Break	-
10:15 AM - 11:15 AM	Simulations of Module 2	Coaches
11:15 AM - 12:00 PM	Simulations of Module 3	Coaches
12:00 PM - 1:00 PM	Lunch Break	-
1:00 PM - 2:00 PM	Simulations of Module 4	Coaches
2:00 PM - 3:00 PM	Simulations of Module 5	Coaches
3:00 PM - 3:15 PM	Health Break	-
3:15 PM - 4:15 PM	Simulations of Module 6	Coaches
4:15 PM - 5:15 PM	Simulations of Module 7	Coaches
5:15 PM - 6:15 PM	Simulations of Module 8	Coaches
<b>Day 3</b>		
8:00 AM - 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	Program Management Team (PMT)
8:30 AM - 10:00 AM	Integration of Learnings - Katatagan Plus	Program Management Team (PMT)
10:00 AM - 10:30 AM	Self-Care	-
10:30 AM - 11:30 AM	Post Test/Evaluation	Program Management Team (PMT)
11:30 AM - 12:00 PM	Action Planning	Program Management Team (PMT)
12:00 PM	Closing Lunch/Recession	-



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**Department of Education**

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OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

**MEMORANDUM**  
**OM-OUGOPS-2025-08-05237**

FOR : **REGIONAL DIRECTORS**  
REGIONS VI, VII, VIII, IX, X, XI, CARAGA  
**BARMM EDUCATION MINISTER**

FROM : **MALCOLM S. GARMAN**  
Undersecretary for Governance and Operations

SUBJECT : **TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

The Department of Education (DepEd) is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region XII is set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out for the **VisMin Cluster** on **October 15-17, 2025, in General Santos City**. Attached are the following for your reference: List of Participants (Annex A), and Indicative Program (Annex B).

In this regard, this Office requests to:

1. Identify **participant/s per SDO**, as indicated in Annex A, to attend the said training, priority are the SMHP Coordinators; and
2. Advise the identified participant/s to register through the link: **<https://forms.office.com/r/Gxt8EWNNHN>** on or before **September 12, 2025**.

Participants are required to attend all days of the training. Transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at **blss.shd@deped.gov.ph**.

Annex A

**LIST OF PARTICIPANTS**  
Training of Facilitators on Community-Based Mental Health Program  
**VisMin Cluster**  
**October 15-17, 2025**  
**General Santos City**

	<b>REGION/OFFICE</b>	<b>NO. OF PAX</b>	<b>REMARKS</b>
Participants	Region XII	18	2 per SDO; 2 from RO
	Region VI	21	1 participant per SDO, priority are the SMHP Coordinator
	Region VII	20	
	Region VIII	13	
	Region IX	8	
	Region X	14	
	Region XI	11	
	CARAGA	12	
	BARMM	11	
	Central Office	1	
Program Management Team	Central Office	4	
	Region/SDO	6	
Resource Persons	RenewHealth	3	
Coaches	Various Regions	19	
<b>TOTAL</b>		<b>161</b>	

Annex B

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS  
FACILITATOR'S TRAINING  
October 14-17, 2025  
General Santos City**

**SCHEDULE OF ACTIVITIES**

<b>Date / Time</b>	<b>Activity</b>	<b>Person Responsible</b>
<b>Day 0 October 14, 2025</b>		
9:00 AM – 12:00 PM	Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth	Program Management Team (PMT)
12:00 PM – 1:00 PM	Lunch	-
1:00 PM – 5:00 PM	Preparatory work and refresher for Coaches	RenewHealth
<b>Day 1 October 15, 2025</b>		
7:30 AM – 9:00 AM	Arrival of Participants Registration	Program Management Team (PMT)
9:00 AM – 9:30 AM	Opening Program <ul style="list-style-type: none"> <li>• Preliminaries</li> <li>• Welcome Remarks</li> <li>• Introduction to the training</li> <li>• Presentation of Indicative Program of Activities</li> <li>• Leveling of Expectations</li> </ul>	Program Management Team (PMT)
9:30 AM – 10:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
10:30 AM – 10:45 AM	Health Break	-
10:45 AM – 11:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
11:30 AM – 12:00 PM	Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 1:30 PM	Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse	Coaches
1:30 PM – 2:00 PM	Understanding Suicide - CSSRS	Coaches
2:00 PM – 3:00 PM	Mental Health First Aid - ALGEE	Coaches
3:00 PM – 3:15 PM	Health Break	-
3:15 PM – 4:15 PM	MHFA Simulation – Role Playing	Coaches
4:15 PM – 5:00 PM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
<b>Day 2 October 16, 2025</b>		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> </ul>	Program Management Team (PMT)

	<ul style="list-style-type: none"> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	
8:30 AM - 9:00 AM	Introduction to Katatagan Plus-Program overview Presentation of Pilot Data	RenewHealth
9:00 AM - 10:00 AM	Katatagan Plus Module 1 - Simulation	Coaches
10:00 AM - 10:15 AM	Health Break	-
10:15 AM - 11:15 AM	Simulations of Module 2	Coaches
11:15 AM - 12:00 PM	Simulations of Module 3	Coaches
12:00 PM - 1:00 PM	Lunch Break	-
1:00 PM - 2:00 PM	Simulations of Module 4	Coaches
2:00 PM - 3:00 PM	Simulations of Module 5	Coaches
3:00 PM - 3:15 PM	Health Break	-
3:15 PM - 4:15 PM	Simulations of Module 6	Coaches
4:15 PM - 5:15 PM	Simulations of Module 7	Coaches
5:15 PM - 6:15 PM	Simulations of Module 8	Coaches
<b>Day 3</b>		
<b>October 17, 2025</b>		
8:00 AM - 8:30 AM	Management of Learning <ul style="list-style-type: none"> <li>• Leveling of Expectations</li> <li>• Program Objectives</li> <li>• Program Matrix</li> <li>• Session Norms</li> </ul>	Program Management Team (PMT)
8:30 AM - 10:00 AM	Integration of Learnings - Katatagan Plus	Program Management Team (PMT)
10:00 AM - 10:30 AM	Self-Care	-
10:30 AM - 11:30 AM	Post Test/Evaluation	Program Management Team (PMT)
11:30 AM - 12:00 PM	Action Planning	Program Management Team (PMT)
12:00 PM	Closing Lunch/Recession	-