



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2025- 744

To : **All Division Officer Personnel**

Subject : **2026 DIVISION OFFICE PERSONNEL SUBMISSION OF ANNUAL LABORATORY RESULTS**

Date : November 13, 2025

1. The Oplan Kalusugan sa DepEd (OK sa DepEd) program of the Department of Education reaffirms the Department's commitment to the health and well-being of every member of its community, not only learners and teachers, but also all Division Office personnel. Ensuring that our staff are physically sound, mentally resilient, and socially supported is essential to maintaining high-quality service delivery and sustaining a strong educational environment.
2. In line with this, please be informed that the Office requires the submission of **annual laboratory results**, together with **health cards signed by a licensed physician**, to the Health and Nutrition Unit from **January 5 to 16, 2025**. Laboratory results provide objective baseline data on the health status of personnel. This allows early detection of risk factors, informs preventive health measures, and supports wellness programs rather than only reactive care.
3. For personnel who do not currently have a designated physician, please note that a reading and evaluation of laboratory results with the SDO Medical Officer has been scheduled from **January 19 to January 23, 2025**. You may have the required examination and submit your laboratory results at the clinic arranged by the Office during this period. This initiative ensures that every staff member, even those without a regular doctor, can participate and receive professional health screening.
4. The laboratory tests include the following:
 - CBC with platelet
 - Urinalysis
 - Chest X-Ray
 - Serum Creatinine
 - Serum Uric Acid
 - Fasting Blood Sugar
 - Lipid Profile



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Combined, these tests give us a detailed look at several important areas of health: the hematologic system (via CBC with platelet count), kidney and metabolic functions (via creatinine, urinalysis, uric acid, fasting blood sugar), and cardiovascular/metabolic risk (via lipid profile and chest X-ray). By reviewing these together, we can better assess overall health status, identify early warning signs, and plan preventive or supportive measures accordingly.

5. For strict compliance.

For and in the absence of the
Schools Division Superintendent

MARJUN B. REBOSQUILLO
Senior Education Program Specialist
Officer-In-Charge

DepEd Schools Division of Digos City
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