



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2025-397

To : **Public Secondary School Heads
Guidance Counselors/Designates
Division Adolescent Reproductive Health Focal
Gender and Development Focal
Selected Peer Helpers**

Subject : **Participation in the Peer Helpers Congress cum Peer Summit on
December 03, 2025**

Date : December 01, 2025

1. The Schools Division Office of Digos City hereby informs all public and private secondary schools within the Division of the upcoming **Peer Helpers Congress cum Peer Summit** scheduled on **December 03, 2025**, at the **Davao del Sur Provincial Coliseum, Mati, Digos City**, with the theme: **"Empowering Peer Helpers for Mental Health and Positive Youth Development."**
2. This initiative supports the implementation of the **Adolescent Health and Youth Development Program (AHYDP)** and aligns with the Department of Education's thrust to strengthen mental health, learner protection, and youth empowerment.
3. The activity specifically aims to:
 - a. Strengthen the capacity of peer helpers and guidance counselors/designates in implementing peer education and mental health programs under the AHYDP framework;
 - b. Foster collaboration, knowledge exchange, and sharing of best practices through **Breakaway Sessions on Mental Health**; and
 - c. Recognize **Model Schools with Zero Teenage Pregnancy Cases** for exemplary efforts in promoting adolescent health and responsible behavior among learners.
4. In line with this, **Division Adolescent Reproductive Health Focal, School Head, Guidance Counselor/Designate, Gender and Development Focal and selected Peer Helpers** are directed to participate in the activity.
5. Furthermore, **selected Peer Helpers will not be permitted to participate in the activity without a duly signed Parent/Guardian Consent Form.**


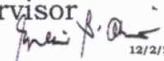


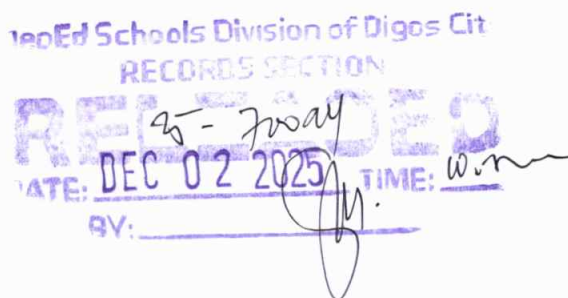
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6. Attached is **Annex A – List and Numbers of Participants** for reference.
7. Expenses related to transportation, meals, and other incidental costs shall be charged to local funds, school MOOE, or other available sources, subject to existing accounting and auditing rules and regulations.
8. For the information and guidance of all concerned.

For and in the absence of the Schools Division Superintendent:


NEIL D. BONGCAYAO
Public Schools District Supervisor
Officer-In-Charge  12/2/2025



Sgod/hnu/dcsp



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Annex A

**LIST OF PARTICIPANTS FOR THE PEER HELPERS CONGRESS CUM PEER SUMMIT
ON DECEMBER 03, 2025**

NAME OF SCHOOLS/ DIVISION	Numbers
1. SDO- DIGOS CITY DHELMIE CHRISTINE S. PEÑAS- (ARH FOCAL)	1
2. IGPIT NHS School Head (1) Guidance Counselor (1)	2
3. San Roque NHS School Head (1) Guidance Counselor (1)	2
4. SOONG NHS School Head (1) Guidance Counselor (1) Peer Helpers (11)	13
5. GOMA NHS School Head (1) Guidance Counselor (1) Peer Helpers (11)	13
6. Ruparan NHS School Head (1) Guidance Counselor (1) Peer Helpers (10)	12
7. Balabag NHS School Head (1) Guidance Counselor (1) GAD Focal (1) Peer Helpers (9)	12
8. DiCNHS-Aplaya Ext. High School School Head (1) Guidance Counselor (1) Peer Helpers (10)	12
9. MATTI NHS School Head (1) Guidance Counselor (1) Peer Helpers (10)	12
10. DAWIS NHS School Head (1) Guidance Counselor (1) Peer Helpers (10)	12
Total:	91