



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

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**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

SGOD-2026-04

To : **Health and Nutrition Personnel**

Subject : **REGIONAL ROLL-OUT ON STRONG FAMILIES PROGRAM AND FAMILY UNITED**

Date : January 13-16, 2026

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1. This has reference to the Regional Memorandum of the Education Support Services re: Regional Roll-Out on Strong Families Program and Family United on January 13-16, 2026 at Megan's Function Hall, Corner Lim Bataan, Digos City. It is in this regional activity where Schools Division of Digos City hosts and accommodates 37 participants across 11 Schools Division Offices.
2. This activity aims to capacitate focal persons in assisting the parents and their children in practicing positive communication/relationship and eventually build trust among each other, in a way that this is beneficial for both parents and learners for parents to guide their children well in succeeding in life and for the children to learn to follow and obey their parents and be able to communicate with them openly and positively.
3. Enclosed is the identified participants and technical working group of the said activity.
4. Travel and incidental expenses shall be charged to Local funds, subject to the usual accounting and auditing rules and regulations.
5. For information and strict compliance.

DepEd Schools Division of Digos City  
RECORDS SECTION

DATE: 12 JAN 2026 TIME: 4:30 PM  
Sgdn/lnu/DUPS BY:

MELANIE P. ESTACIO, Ph.D. CESO VI  
Schools Division Superintendent

11/8/26



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

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**Office of the Schools Division Superintendent**

**SCHOOL HEALTH AND NUTRITION PERSONNEL**

January 08, 2026

NAME	DESIGNATION / TASK
MICAH A. FUENTES,MD	Medical Officer III/HNU-Head/Medic on duty
DAISSY JANE P. SANOV,RN	Division Nurse/Nurse II/Facilitator/TWG/Medic on duty
ANNA MARIE R. GONZALES	Technical Working Group/AS II
JOLINA S. GILBUENA	Technical Working Group/ TA I
JACQUELYN J. ALBITE	Technical Working Group/ TA I
GEMRO C. EBALLE, RN.	Occidental District Nurse/Technical Working Group/Medic on duty
DHELMIE CHRISTINE S. PENAS,RN	ARH Focal/Nurse II/Participants/Technical Working Group/Medic on duty



Republic of the Philippines  
**Department of Education**  
DAVAO REGION

January 7, 2026

REGIONAL MEMORANDUM  
ESSD-2026-004

**REGIONAL ROLL-OUT ON STRONG FAMILIES PROGRAM AND FAMILY UNITED**

To: Schools Division Superintendents  
Chief Education Supervisors of ESSD and QAD

1. This Office, through the Education Support Services Division (ESSD) will conduct a Regional Roll-out on Strong Families Program and Family United on January 13-16, 2026, at Megan Function Hall, Corner Lim Bataan, Digos City. First meal will be morning snacks on January 13, 2026, and last meal will be breakfast on January 16, 2026. This activity is hosted by SDO - Digos City.
2. Anent to this, it is requested that the Regional/SDO Focal Persons on Adolescent Reproductive Health (ARH), National Drug Education Program (NDEP), and School Mental Health Program (SMHP) listed in the enclosure shall attend and participate the activity.
3. The program aims to capacitate focal persons in assisting the parents and their children in practicing positive communication/relationship and eventually build trust among each other, in a way that this is beneficial for both parents and learners for parents to guide their children well in succeeding in life and for the children to learn to follow and obey their parents and be able to communicate with them openly and positively.
4. Travelling and other incidental expenses shall be charged against available local or program support funds while venue, meals and accommodation shall be covered by the Child and Adolescent Reproductive Health downloaded Program Support Funds to SDO - Digos City, subject to the usual accounting and auditing rules and regulations.
5. Immediate and wide dissemination of this Memorandum is desired.

**ALLAN G. FARNAZO**  
Director IV

Encl.: As stated

ROE/smtc



Address: F. Torres St., Davao City (8000)  
Telephone Nos.: (082) 291-0051  
Email Address: [region11@deped.gov.ph](mailto:region11@deped.gov.ph)  
Website: [www.depedroxi.ph](http://www.depedroxi.ph)





Republic of the Philippines  
Department of Education  
DAVAO REGION

Annex

**LIST OF PARTICIPANTS FOR THE REGIONAL ROLL-OUT ON STRONG FAMILIES PROGRAM AND FAMILY UNITED**

January 13 – 16, 2026

<b>Names</b>	<b>Designation</b>	<b>Office/SDOs</b>
1. Warlito E. Hua	Chief Education Supervisor	ESSD
2. Dr. Ritchelle S. Aresco	Medical Officer IV	ESSD
3. (to be identified by QAD CES)	EPS/QAME Associate	QAD
4. Stephen Mark T. Castres	Nurse – II	ESSD
5. Dr. Micah A. Fuentes	Medical Officer III / TWG	Digos City
6. Daissy Jane P. Sanoy	Nurse – II / TWG	Digos City
7. Dhelmie Christine S. Peñas	SMH/CARH Focal	Digos City
8. Milabel C. Tolentino	SMH Focal	Davao City
9. Kamille Ayn M. Sa-ao	SMH Focal	Davao del Sur
10. Priscillo Jr. F. Acle	SMH Focal	Davao Occidental
11. Mary Kristine C. Sagot	SMH Focal	Davao del Norte
12. Candice M. Campomanes	SMH Focal	Tagum City
13. John Carlo L. Ceniza	SMH Focal	Panabo City
14. Lester I. Enumerables	SMH Focal	IGACOS
15. Godfree L. Espero	SMH Focal	Davao de Oro
16. Edmar Jay S. Rara	SMH Focal	Davao Oriental
17. Kate G. Peña	SMH Focal	Mati City
18. Janice D. Intapaya	NDEP Focal	Davao del Sur
19. Kristin Marie Y. Bejarin	NDEP Focal	Digos City
20. Ronica Mae E. Loreto	NDEP Focal	IGACOS
21. Krystle Mae G. Alegado	NDEP Focal	Tagum City
22. Cris John M. Sumaya	NDEP Focal	Panabo City
23. Alrene C. Calotes	NDEP Focal	Davao del Norte
24. Mylene G. Cava	NDEP Focal	Davao de Oro
25. Irish Mate M. Arboleda	NDEP/CARH Focal	Davao Oriental
26. Fritzie A. Aparra	NDEP Focal	Mati City
27. Jenevieve A. Pongase	NDEP Focal	Davao Occidental
28. Raymond O. Baquial	NDEP Focal	Davao City
29. Jasmin S. Betinol	CARH Focal	Davao City
30. Arlene Joy C. Sandico	CARH Focal	Davao Occidental
31. Felmah Anina R. Elnar	CARH Focal	Davao del Sur
32. Desiree Loren L. Barabat	CARH Focal	Panabo City
33. Miriam B. Lilio	CARH Focal	Tagum City
34. Catherine P. Cantalejo	CARH Focal	Davao del Norte
35. Lynn M. Amit	CARH Focal	IGACOS
36. Crystal Crest A. Dawal	CARH Focal	Davao de Oro
37. Peter Jourdan G. Reyes	LRP/CARH Focal	Mati City

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**EXHIBIT D. MEMORANDUM**  
**10/20/2005-2006-07**

**POSTPONEMENT ON THE CONDUCT OF REGIONAL ROLL-OUT OF THE STRENGTHENING FAMILIES PROGRAMME AND FAMILY UNITED**

To: Schools Division Superintendents  
Chief Education Supervisors  
KESD and QMD

1. This Office informs all concerned, that the conduct of the Regional Meeting on Strong Families Programme and Family United on December 10 - 12, 2009 at Megam Function Hall, Corner Lim Batton, Digos City will be moved to a later date due to unforeseen circumstances.
2. Further details will be communicated in a separate memorandum.
3. Immediate and wide dissemination of this Memorandum is desired.

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### **Excel: Aspirated**

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**RELEASED**

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10 Dec. 10, 2014

12-25-120364

Address: 11, Corazon St., Paranaque City (1600)  
Telephone Number: (02) 291-0551  
Email Address: [pmo@deped.gov.ph](mailto:pmo@deped.gov.ph)  
Fax Number: (02) 291-0551



**Republic of the Philippines**  
**Department of Education**  
**DAVAO REGION**

**ACTIVITY MATRIX**

**Regional Roll-out Training on Strong Families Program and Family United**

Venue: Hotel within Digos City

Address: Digos City

Month day, year: January 2026

**Day 1**

TIME	ACTIVITY	PERSON IN-CHARGE
7:00 am – 8:00 am	<ul style="list-style-type: none"> <li>• Arrival and Billeting</li> <li>• Registration</li> </ul>	Jolina Rose Gilbuena Daissy Jane Sanoy
8:00 am – 8:45 am	<p>Preliminaries</p> <ul style="list-style-type: none"> <li>• Philippine National Anthem</li> <li>• Invocation</li> <li>• Regional Hymn</li> <li>• Digos City Hymn</li> <li>• DepEd Quality Policy Statement</li> </ul> <ul style="list-style-type: none"> <li>• Welcome Message</li> <li>• Inspirational Message</li> <li>• Acknowledgment of Participants – Getting to Know Each Other Activity</li> <li>• House Rules</li> <li>• Expectations Check</li> </ul>	<p>AVP</p> <p><b>Maria Genevieve T. Francisquete, CESO VI</b> Assistant Schools Division Superintendent</p> <p><b>Melanie P. Estacio, PhD, CESO VI</b> Schools Division Superintendent</p> <p><b>Sollie B. Oliver, JD, MATE</b> Chief Education Supervisor, SGOD</p> <p>TWG</p>
8:45 am – 9:00 am	Pre - Test	
9:00 am – 10:00 am	History of Strong Families Program (Purpose and Philosophy) and Overview of SFP in the Philippines	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI
10:00 am – 10:30 am	<ul style="list-style-type: none"> <li>• Agenda and Training Process</li> <li>• Intake Sheet</li> <li>• Criteria</li> <li>• Navigating the Manual</li> <li>• Extra Session Materials</li> </ul>	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI
10:30 am – 10:45 am	AM Snacks	
10:45 am – 11:30 am	<ul style="list-style-type: none"> <li>• Qualities of Good Facilitators</li> <li>• Qualifications of Facilitators</li> <li>• Planning for the First Session</li> </ul>	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI



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**DAVAO REGION**

	<ul style="list-style-type: none"> <li>• Age range of participating children</li> <li>• Important instructions for Facilitators</li> </ul>	
11:30 am – 1:00 pm		LUNCH
1:00 pm – 2:00 pm	<b>CAREGIVER PRE-SESSION</b> Question and Answer (Pre-Caregiver Session)	<b>Fritzie A. Aparra</b> Nurse II, SDO – Mati City
2:00 pm – 2:15 pm		PM Snacks
2:15 pm – 3:15 pm	<b>CHILD SESSION 1</b> Question and Answer (Child Session 1)	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI
3:15 pm – 4:15 pm	<b>CAREGIVER SESSION 1</b> Question and Answer (Caregiver Session 1)	<b>Fritzie A. Aparra</b> Nurse II, SDO – Mati City
4:15 pm – 5:15 pm	<b>FAMILY SESSION 1</b> Question and Answer (Family Session 1)	<b>Fritzie A. Aparra</b> Nurse II, SDO – Mati City

**Day 2**

TIME	ACTIVITY	PERSON IN-CHARGE
8:30 am – 9:00 am	Preliminaries/ Management of Learning	Assigned Group
9:00 am – 10:00 am	<b>CAREGIVER SESSION 2</b> Question and Answer (Caregiver Session 2)	<b>Fritzie A. Aparra</b> Nurse II, SDO – Mati City
10:00 am – 10:30 am		AM Snacks
10:30 am – 12:00 nn	<b>CHILD SESSION 2</b> Question and Answer (Child Session 2)	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI
12:00 nn – 1:00 pm		LUNCH
1:00 pm – 2:00 pm	<b>FAMILY SESSION 2</b> Question and Answer (Family Session 2)	<b>Fritzie A. Aparra</b> Nurse II, SDO – Mati City
2:00 pm – 3:00 pm	Extra Session Material: Peer Pressure	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI
3:00 pm – 3:15 pm		PM Snacks
3:15 pm – 4:15 pm	Extra Session Material: Family United	<b>Fritzie A. Aparra</b> Nurse II, SDO – Mati City
4:15 pm – 5:00 pm	Assignment of Teach Back Topics to the Participants	<b>Stephen Mark T. Castres</b> Nurse II, DepEd XI

**Day 3**



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TIME	ACTIVITY	PERSON IN-CHARGE
8:30 am – 9:00 am	Preliminaries/ Management of Learning	Assigned Group/Participants
9:00 am – 10:30 am	<b>CAREGIVER SESSION 3 (Teach Back)</b> Question and Answer	Assigned Group/Participants
10:30 am – 10:45 am	AM Snacks	
10:45 am – 12:00 am	<b>CHILD SESSION 3 (Teach Back)</b> Question and Answer	Assigned Group/Participants
12:00 nn – 1:00 pm	LUNCH	
1:00 pm – 2:30 pm	<b>FAMILY SESSION 3 (Teach Back)</b> Question and Answer	Daissy Jane Sanoy
2:30 pm – 3:00 pm	PM Snacks	
3:00 pm – 4:00 pm	Facilitation Skills Review and Post Test	Daissy Jane Sanoy
4:00 pm – 5:00 pm	Closing Remarks	Micah A. Fuentes, MD

**Day 4 – August 23, 2025**

TIME	ACTIVITY	PERSON IN-CHARGE
7:00 am – 9:00 am	Breakfast	
12:00 nn	Check-out	

Emcee:

Dhelmie Christine Penas  
 Anna Marie Gonzales



Republic of the Philippines  
DEPARTMENT OF EDUCATION  
Region XI  
Davao City



DEPARTMENT OF EDUCATION

**SUB-ALLOTMENT RELEASE ORDER**

PROGRAM PROJECT/ACTIVITY:	REFERENCE:	SUB ALLOTMENT RELEASE ORDER NO
200000100006000 CONTINUING APPROPRIATIONS Learners Support Program (PPA229)	Sub-ARO No. OSEC-11-24-2943 dated April 26, 2024	ROP-11-25-1665
LEGAL BASIS		DATE: August 5, 2025
FUND CODE: 01102101	ORGANIZATIONAL CODE: 070010300011	FISCAL YEAR FY 2025

PURPOSE:

Transfer of Program Support Fund (PSF) to cover expenses to be incurred during the Regional Roll-out Training on Strong Families Programme and Family United, and for reproduction of resource materials.

To: The Schools Division Superintendent  
Schools Division of Digos City

PARTICULARS	ALLOTMENT CLASS/ ACCOUNT CODE	AMOUNT AUTHORIZED
Subsidy to Operating Units	MOOE 5021408000	295,000.00

AMOUNT IN WORDS: Two Hundred Ninety Five Thousand Pesos Only \*\*\* Total 295,000.00

NOTES: The MOOE or CO allotment herein sub-allotted is valid for obligation until December 31, 2025.

The above sub-allotments have been made available for expenditures for the Division Schools. It is your primary responsibility to keep expenditures within the limits of the amount sub-allotted. Pursuant to Section 41, Book VI of Executive Order No. 292, the incurrence of overdrafts is prohibited. Parties responsible for the incurrence of overdrafts shall be held personally liable therefor. It is understood that the allotments herein authorized shall be used solely for the purposes indicated and disbursements therefrom shall be made in accordance with existing budgeting, accounting and auditing rules and regulations.

Certified Correct

Recommending Approval

Approved

KATHERINE C. DATOY  
Supervising Administrative Officer  
Finance Division

LORADEL L. BARICAUA  
Chief Administrative Officer  
Finance Division

ALLAN G. FARNAZO  
Director IV

**REGIONAL ROLL-OUT ON STRONG FAMILIES PROGRAMME AND FAMILY  
UNITED**

DIVISION	Sub-Acc #	Date	Amount
Division of Digos City	ROP-11-25-1665	August 5, 2025	295,000.00
<b>TOTAL</b>			<b>295,000.00</b>

BLF 04



Republic of the Philippines  
Department of Education  
DAVAO REGION

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August 4, 2025

**ALLAN G. FARNAZO**

Director IV

Department of Education Regional Office XI  
F. Torres Street, Davao City

Attention: **Loradel L. Baricaua**

Chief Administrative Officer, Finance Division



Dear **RD Farnazo**:

Requesting the downloading of budget allocation amounting to Two Hundred Ninety-Five Thousand Pesos (P 295, 000.00) with SARO No. OSEC-11-24-2943 to SDO - Digos City for procurement of training venue with meals and accommodation for 40 participants in **Regional Roll-out Training on Strong Families Programme and Family United** on September 16-18, 2025, and for reproduction of resource materials.

May this noble request merit your most favorable and kind approval.

Very truly yours,

**STEPHEN MARK T. CASTRES**

Nurse - II/NDEP Focal Person

Noted:

**WARLITO E. HUA**

Chief Education Support Services Division

Approved:

**ALLAN G. FARNAZO**

Director IV

ROE/smte



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

## **Office of the Schools Division Superintendent**

December 12, 2025

MELANIE P. ESTACIO, PhD, CESO VI

Schools Division Superintendent  
Digos City

Madam:

Greetings!

The Health and Nutrition Unit personnel will be hosting the Regional Roll-Out on Strong Families Programme and Family United originally scheduled on December 10-15, 2025 at Megan's Function Hall, unfortunately the said activity is re-scheduled due to the unforeseen circumstances as stipulated in the Regional Memorandum ESSD-2025-377.

In connection to the above activity, the undersigned request of a re-schedule of the activity as advised by the Regional Office CARH Focal. Enclosed is the Regional Memorandum as basis for the postponement of the activity.

Hoping for your favorable response on this matter.

Thank you for your unwavering support to the Health and Nutrition programs and activities.

God Bless and More power.

Very truly yours,

*Spencer*  
DAISSY JANE P. S.  
Division Nurse

**Noted:**

Grace B. Oliver 12/21/75  
SOLLIE B.OLIVER, JD.MATE  
Chief ES-SGOD

Approved:

for: *James & Ch. 12/2014*  
MELANIE P. ESTACIO, PhD, CESO VI  
Schools Division Superintendent



Republic of the Philippines

**Department of Education**

REGION XI

**SCHOOLS DIVISION OF DIGOS CITY**

**OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT**

**PROJECT PROPOSAL**

	<b>Child and Adolescent Reproductive Health (CARH)</b>			
<b>Title</b>	Regional Roll-out Training on Strong Families Programme and Family United			
<b>Objectives</b>	To ensure the safety and sound health of the school populace while they are in school premises.			
<b>Proposed Dates</b>	December 10-13, 2025 check-out December 13, 2026 (12:00pm)			
<b>Amount</b>	<b>Php-295, 000.00</b>			
<b>Source of Funds</b>	Learners Support Program (ROP-11-25-1665)			
<b>Expenditures</b>	<b>No. of days/ participants</b>	<b>Unit Cost</b>	<b>Total cost</b>	<b>Source of Funds</b>
	CARH Training December (10-13, 2025) (Lease of venue and property meals	40x3x2,000.00	240,00.00	Learners Support Program (ROP-11-25-1665) downloaded by the Regional Office

		40 participants			
		Reproductio n of ring binder/loose leaf binder  40 pcs. (3 ring binder copies  December 10,2025)	40 x 1,375.00	55,000.00	
<b>Total</b>					<b>Php- 295.000.00</b>
<b>Rationale</b>	<p>The Strong Families Programme (SFP) is designed to help families deal with challenges that may arise in association with life in low resource areas. Both adults and children often deal with the effects of high unemployment and overcrowding as well as a lack of safe housing and conflict in the family and neighbourhood. Sometimes, lack of adequate money makes it difficult to provide even basic food survival. The added stress for caregivers (parents) and their children can cause anxiety, depression, trouble sleeping, and increased irritation or anger, thus leading the children to lose focus on their studies.</p> <p>This programme helps caregivers appreciate the strengths they have developed to deal with difficulties and to build new skills to handle daily stress and the challenges of raising children. Further, at the same time, children are learning that stress is normal and that it is good to be able to talk with their caregivers and other adults about what they are experiencing. The Department of Education ensures the safety and sound health of the school populace while they are in school as much as possible, thus, establishment of a functional Learner Support Center (LSC)/School-Based Teen Center is very essential. However, with the growing threats, stressors, illegal substances present in the environment and the advent of social media, it is inevitable that one's good and sound health will be destroyed in terms of judgment, ability to handle emotions and cope, capability to resist peer pressures, and skills in resiliency. With that the implementation of various activities related to Child and Adolescent Reproductive Health (CARH) Program and its relevant PPAs is timely and essential.</p> <p>The desired result of this activity/project is to lower incidences of school drop outs and absenteeism due to unresolved psychosocial risks, issues, and concerns affecting the health and wellness of the learners.</p> <p>Moreover, the programme aims that the caregivers and their children can practice positive communication/relationship and eventually build trust among each other. This programme is beneficial for both parents and learners. For parents, it aims to guide their children well in succeeding in life. For the children it seeks to learn to encourage them to follow and obey their parents and be able to communicate with them openly and positively.</p>				

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**SCHOOLS DIVISION OF DIGOS CITY**  
**Digos City**



**SCHEDULE OF ACTIVITIES PER DAY**

Time	Activity / Description	Expected Outcomes	Topic / Content	Media/Equipment	Person Responsible	Remarks	
7:00 AM – 8:00 AM	Registration and Attendance					Attendance Sheet	
8:00 AM – 8:30 AM	Preliminaries			AVP	TWG	Venue, Laptop, LCD, Projector, Sound System	
8:30 AM – 10:30 AM	To comprehend the underlying principles and goals of the Strong Families Program in the Philippines, familiarize oneself with the program's key elements, such as family counseling, parenting education, and community engagement and to recognize the potential benefits of the Strong Families Program for families, communities, and society as a whole.	Participants have a deeper understanding of the purpose, philosophy, and objectives of the Strong Families Program. Be able to identify and explain the key components and principles of the program and will be more aware of the importance of family strengthening and its impact on individual and community well-being.	History of Strong Families Program (Purpose and Philosophy) and Overview of SFP in the Philippines. Agenda and Training Process and Navigating the Manual.	History of Strong Families Program (Purpose and Philosophy) and Overview of SFP in the Philippines. Agenda and Training Process and Navigating the Manual.	Lecture and Discussion	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System
10:30 AM- 12:00AM	To create an environment where participants can work together harmoniously and collaboratively , maximizing collective potential.	Participants clearly understand what a facilitator does, including their role in guiding discussions, managing group dynamics, and achieving objectives.	Qualities, Qualifications of Good Facilitators and Important instructions for facilitators.	Qualities, Qualifications of Good Facilitators and Important instructions for facilitators.	Lecture and Discussion	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System
12:00 NN – 1:00 PM		LUNCH					
	To help the participants feel	Caregiver Pre-Session	Participants reflect on and articulate their	Caregiver Pre-			Venue, Laptop,

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**Digos City**

	<b>their strengths and stresses and to introduce skills on how to handle stress</b>		stressors and gain practical tools for managing stress, including specific techniques they can use in daily life.				
3:30 PM – 4:30 PM	To make the participants help the children learn things that help them deal with challenges and difficulties in their lives.	Child Session 1	Participants developed tailored action plans to assist individual children based on their unique challenges.	Child Session 1	Lecture and workshop	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System
4:30 PM – 5:10 PM	To strengthen family relationship and foster a supportive environment	Family Session 1	Participants acquired the skills on how to improved communication and relationships among family members and increased sense of support and nurturing environment.	Family Session 1	Lecture and workshop	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System

Time (DAY 2)	Session Objectives	Activity/ Session	Expected Outputs	Topic/ Content	Methodology	Person Responsible	Comments
8:00 AM - 8:30 AM		Attendance				TWG	Attendance Sheet
8:30 AM - 9:30 AM	To officially open the activity, establish expectations, and introduce facilitators who will guide the sessions.	Preliminaries and Presentation of Facilitators	Participants are oriented about the objectives, flow, and rules of the program, and become familiar with the facilitators leading the process.	Preliminaries and Presentation of Facilitators	AVP	TWG	Venue, Laptop, LCD, Projector, Sound System
9:30 AM - 10:30 NN	To teach ways of being clear about what the children are supposed to do	Caregiver Session 2	Participants will be equipped with the skills and knowledge to effectively guide the children's behavior and promote positive development	Caregiver Session 2	Lecture and workshop	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System
	To make the children		Creation of supportive				Venue Laptop

**SCHOOLS DIVISION OF DIGOS CITY**  
**Digos City**

	appreciate caregivers		thrive and caregivers feel valued				
12:00 NN - 1:30 PM		LUNCH					
1:30 PM - 2:30 PM	To support values and dreams	Family Session 2	Participants will recognize their role on influencing and supporting each other's values and dreams in the family	Family Session 2	Lecture and workshop	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System
2:30 PM - 4:30 PM	To help the participants make the adolescents develop their skills and to navigate peer pressure situations	Extra Session Material: Peer Pressure	Participants will have a better understanding of adolescents' challenges with peer pressure and acquire the ability to guide adolescents through role-playing and scenario-based learning to improve decision-making and communication skills in peer pressure situations.	Extra Session Material: Peer Pressure	Lecture and workshop	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System
4:30 PM - 5:30 PM	To help the participants be guided with the topics	Assignment of Teach Back Topics to the Participants	Participants will have an increase knowledge and understanding with the topics	Assignment of Teach Back Topics to the Participants	Lecture	Resource Speaker	Venue, Laptop, LCD, Projector, Sound System

Time (Start & End)	Learning Objectives	Activity/ Session	Expected Outputs	Topic/ Content	Methodology	Evaluation Techniques	Resources Required
8:00 AM - 8:30 AM		Attendance and Preliminaries			AVP	TWG	Attendance Sheet
8:30 AM - 11:30 AM	To apply the learning from the training and demonstrate its effective use in practical setting	Caregiver Session 3 & Children Session 3 (Teach Back)	Participants will demonstrate their ability to apply the skills and knowledge.	Caregiver Session 3 & Children Session 3 (Teach Back)			Breakout Room, Laptop, LCD, Projector, Sound System
12:00 NN - 1:30 PM		LUNCH					
1:30 PM - 3:30 PM	To apply the learning from	Family Session 3 (Teach Back)	Participants will demonstrate	Family Session 3 (Teach Back)	Workshop	Facilitator	Breakout Room, Laptop, LCD,

**Region XI**  
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**Digos City**

	the training and demonstrate its effective use in practical setting		their ability to apply the skills and knowledge.				Projector, Sound System
3:30 PM - 4:30 PM	To evaluate the participants' understanding and competence in the key skills covered during the training.	Skills Review	Participants will demonstrate a clear understanding and proficiency in the key skills taught during the training.	Skills Review	Workshop	Facilitator	Breakout Room, Laptop, LCD, Projector, Sound System
4:30 PM - 5:30 PM		CLOSING PROGRAM				TWG	

Time (DAY 4)	Session Objectives	Activity/ Session	Expected Outputs	Topic/ Content	Methodology	Person Responsible	Equipment Required
7:30 AM – 9:00 AM		BREAKFAST					
12:00 NN		Check-Out					

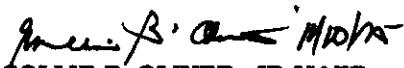
	Ensuring this activity and procuring the reproduction of materials this would help spread public health messaging to our male and female Adolescent School Learners and help support the overarching behavior change strategy developed to respond to a public health problem.
<b>General Methodology</b>	Preparation of the Activity, Proposal, PR, WFP and PPMP as to procurement of supplies and materials. Submission of documents to the Bids an Awards Committee (BAC) for the procurement process. Delivery of materials to the Schools Division Office Supply Unit.
<b>Facilitator /In- Charge</b>	The CARH Technical Working Group
<b>Beneficiaries / Receiver</b>	All Public school learners of Region XI

Prepared by:

  
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Reviewed by:

  
**SOLLIE B. OLIVER, JD.MATE**  
 Chief ES - School Governance and Operation Division  
 Date: \_\_\_\_\_

Funds Available:

  
**GISELLE D. GONZALES**  
 OIC-Budget Officer  
 Date: \_\_\_\_\_

Approved by:

  
**MELANIE P. ESTACIO, PhD, CESO VI**  
 Schools Division Superintendent