



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2026-074

To : Public Schools District Supervisors
Public Elementary School Heads
Public Secondary School Heads
School WINS Coordinators
School Clinic In-Charge

Subject : **PARTICIPATION TO THE 2026 NATIONAL TOOTHBRUSHING DAY AND SIMULTANEOUS ORAL HEALTH DRILL GUIDELINES**

Date : February 5, 2026

In reference to the RM ESSD-2026-027 dated January 30, 2026, this office encourages schools to support the conduct of the simultaneous toothbrushing activity to all public schools in observance of the 2026 National Toothbrushing Day.

The activity is part of the 22nd National Dental Health Month with the theme "Dentistay Kaagapay sa Ngiting Walang Humpay".

Schools are encouraged to join the nationwide livestream of the National Kick off Ceremony which will be held at Mabini Central Elementary School, Mabini, Batangas.

Standard infection, prevention and control protocols must be observed in the conduct of the activity. Necessary guidance and coordination may be provided to facilitate meaningful participation in this national oral health promotion initiative.

Immediate and wide dissemination of this memorandum is desired.

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MELANIE P. ESTACIO, PhD. CESO VI
Schools Division Superintendent

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DepEd Schools Division of Digos City

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Republic of the Philippines
Department of Education
DAVAO REGION



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January 30, 2026

REGIONAL MEMORANDUM
ESSD-2026-027

PARTICIPATION TO THE 2026 NATIONAL TOOTHBRUSHING DAY
AND SIMULTANEOUS ORAL HEALTH DRILLS GUIDELINES

To: Schools Division Superintendents

1. In reference to DM-OUPS-2026-01-08-08371 dated January 22, 2026, this Office encourages Schools Division Offices to support the conduct of the simultaneous toothbrushing activity in public elementary schools in observance of the 2026 National Toothbrushing Day.
2. The activity is part of the 22nd National Dental Health Month with the theme "Dentistay Kaagapay Sa Ngiting Walang Tagumpay".
3. Schools are encouraged to join the nationwide livestream of the National Kick-off Ceremony which will be held at Mabini Central Elementary School, Mabini, Batangas.
4. Standard infection, prevention and control protocols must be observed in the conduct of the activity. Necessary guidance and coordination may be provided to facilitate meaningful participation in this national oral health promotion initiative.
5. Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. MARNAZO
Director IV

Enclosed: As stated
ROE5/sjbs

RELEASED
By: *[Signature]* Date: *02/01/23* Time: *10:15 AM*
120083



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Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR SCHOOL HEALTH AND NUTRITION

MEMORANDUM

DM-OUGOPS-2026-08771

FOR : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
PRINCIPALS/SCHOOL HEADS/TEACHERS-IN-CHARGE
SCHOOL HEALTH PERSONNEL
ALL OTHERS CONCERNED

FROM : 
MALCOLM S. GARMA
Undersecretary

SUBJECT : ENDORSEMENT OF THE 2026 NATIONAL TOOTHBRUSHING
DAY (NTD) AND SIMULTANEOUS ORAL HEALTH DRILLS
GUIDELINES

DATE : January 22, 2026

The Department of Education (DepEd), through the School Health Division, formally endorses the **2026 National Toothbrushing Day** (NTD) organized by the Philippine Dental Association (PDA), Inc. This initiative is a centerpiece of the **22nd National Dental Health Month** (NDHM) under the theme "*Dentista'y Kaagapay sa Ngiting Walang Humpay*," which aims to influence the community to prioritize oral health care in response to high dental caries prevalence rates. Pursuant to Presidential Proclamation No. 559 s. of 2004 declaring February of every year as the National Dental Health Month, all DepEd Regional Offices, Schools Division Offices, and School Heads are **encouraged to facilitate and participate in the nationwide simultaneous drills** scheduled for **February 2, 2026**. For the detailed technical requirements and procedures of this event, please refer to the guidelines attached herein as **Annex A**.

The **national kick-off ceremony** will be held at **Mabini Central School, Brgy. Pulong Niogan, Mabini, Batangas**, and will be **streamed via Facebook Live and Zoom** platforms to ensure wide participation. All elementary schools are encouraged to **conduct simultaneous toothbrushing drills at exactly 8:00 AM** on the said date, employing either dry or wet toothbrushing techniques while strictly observing standard infection control protocols. To assist in the proper execution of the drill, school health personnel may utilize the official instructional video provided by the PDA.

For further queries, please contact the Bureau of Learner Support Services-School Health Division (BLSS-SHD) at telephone number (02) 8632-9935 or via email at blss-shd@deped.gov.ph.