



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

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**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

SGOD-2026-170

To : Health and Nutrition Unit Personnel  
Secondary Public School District Supervisors  
Digos City National High School Administrator  
Other Concerned

Subject : **RE-ECHO TRAINING ON UNIVERSAL PREVENTION  
CURRICULUM FOR SUBSTANCE USE: CURRICULUM 7-  
ENVIRONMENT- BASED PREVENTION INTERVENTIONS**

Date : March 31,2026

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1. This has reference to the Regional Memorandum ESSD-2026-088 of the training titled re: Re-Echo Training on Universal Prevention Curriculum (UPC) for Substance Use: Curriculum 7- Environment- Based Prevention Interventions on April 06-10,2026 at Hotel de Crisbelle, 26 Asian Highway, Digos City. This activity is hosted by Schools Division Office of Davao Del Sur.
2. The program aims to address the need of knowledgeable and competent professionals that will be working in the prevention field at the grassroots level.

The following are the achievements/accomplishment of participants after completing the course;

- a. Describe how the macro- and micro-level environments affects behaviour and how environment- based interventions (EI's) can prevent substance use;
- b. Review and discuss evidence- based environmental policies in schools and the workplace;
- c. Describe evidence-based environmental strategies, more specifically, tobacco and alcohol policy interventions at the community level; and



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🌐 [depeddigoscity.org](http://depeddigoscity.org)



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DIGOS CITY DIVISION

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- d. Draft Community Environmental Prevention Plans (CEPP) using community – wide EI's-e.g. policies, regulations, and laws – to address substance use in youth.
3. In line with this the identified list of participants are hereby directed to join the said event. Please see attached file (Annex A).
4. The participants will have a one day Compensatory Time- Off on April 09, 2026 as per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 02, s.2024 on non monetary remuneration for Overtime service rendered.
5. Travel and incidental expenses shall be charged to Local funds, first meal will be served on April 06, 2026 morning snacks and last meal will be breakfast on April 10, 2026 charge to UPC/NDEP downloaded program Support Funds to SDO-Davao del Sur subject to the usual accounting and auditing rules and regulations.
6. For information and strict compliance.

*Melanie P. Estacio*  
MELANIE P. ESTACIO, Ph.D. CESO VI.  
Schools Division Superintendent

*3/31/26*

DepEd Schools Division of Digos City  
RECORDS SECTION  
**RELEASED**  
DATE: 06 APR 2026 TIME: 2:00 PM  
BY: *[Signature]*

Sgod/HNU/DJPS



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Annex A  
March 30, 2026

LIST OF PARTICIPANTS FOR THE RE-ECHO TRAINING ON UNIVERSAL PREVENTION CURRICULUM FOR SUBSTANCE USE: CURRICULUM 7- ENVIRONMENT – BASED PREVENTION INTERVENTIONS

Name	Designation	Remarks
MICAH A. FUENTES, MD.	Medical Officer III/HNU-Head	
DAISSY JANE P. SANROY, RN	Division Nurse/Tobacco Control Program Focal Alternate	Replacement of Tobacco Control Program Focal who is on leave from April 6-10, 2026
DHELMIE CHRISTINE S. PENAS, RN	South District Nurse/SMHP/ARH Focal	
KRISTIN MARIE Y. BEJARIN, RN	SHS District Nurse/ NDEP Focal	
Divina Orge	Registered Guidance Counselor (RGC)	
Nothing follows:		

Prepared by:

DAISSY JANE P. SANROY, RN.  
Division Nurse/Nurse II

Noted:

SOLLIE B. OLIVER, JD. MATE  
Chief- ES-SGOD





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March 23, 2026

REGIONAL MEMORANDUM  
ESSD-2026-088

RE-ECHO TRAINING ON UNIVERSAL PREVENTION CURRICULUM FOR  
SUBSTANCE USE: CURRICULUM 7 – ENVIRONMENT-BASED  
PREVENTION INTERVENTIONS

To: Schools Division Superintendents  
Chief Education Supervisors of ESSD and QAD

1. This Office, through the Education Support Services Division (ESSD) will conduct a Re-Echo Training on Universal Prevention Curriculum (UPC) for Substance Use: Curriculum 7 – Environment-Based Prevention Interventions on April 6 – 10, 2026 at Hotel de Crisbelle, 26 Asian Highway, Digos City. First meal will be morning snacks on April 6, 2026, and last meal will be breakfast on April 10, 2026. This activity is hosted by SDO – Davao del Sur and granted with 18.5 CPD units by the Professional Regulation Commission.
2. Anent to this, it is requested that the Regional/SDO Focal Persons on Adolescent Reproductive Health (ARH), National Drug Education Program (NDEP), and School Mental Health Program (SMHP) together with their respective Medical Officers and Registered Guidance Counselors previously trained in UPC as listed in the enclosure shall attend and participate the activity. No proxy allowed as the activity is a continuation of the training held last November 18 – 22, 2024 at YKG Hotel, Dahican, Mati City and participants are required to undergo UPC 1: Introduction to Prevention Science.
3. The program aims to address the need for knowledgeable and competent professionals that will be working in the prevention field at the grassroots level. Specifically, participants who will complete the course will be able to:
  - a. Describe how the macro- and micro-level environments affects behavior and how environment-based interventions (EI's) can prevent substance use;
  - b. Review and discuss evidence-based environmental policies in schools and the workplace;
  - c. Describe evidence-based environmental strategies, more specifically, tobacco and alcohol policy interventions at the community level; and
  - d. Draft Community Environmental Prevention Plans (CEPP) using community-wide EI's – e.g., policies, regulations, and laws – to address substance use in youth.
4. Further, identified participants and members of the working committee shall be entitled to Compensatory Time-Off (CTO) on April 9, 2026, as it falls on a holiday, per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2, s. 2024 on Non-Monetary Remuneration for Overtime Service Rendered.



Republic of the Philippines  
**Department of Education**  
DAVAO REGION

5. Travelling and other incidental expenses shall be charged against available local funds while venue, meals and accommodation shall be covered by the Universal Prevention Curriculum/National Drug Education Program downloaded Program Support Funds to SDO – Davao del Sur, subject to the usual accounting and auditing rules and regulations.

6. Immediate and wide dissemination of this Memorandum is desired.

**ALLAN G. FARNAZO**  
Director IV

Encl.: As stated

ROE/smtc

DEPARTMENT OF EDUCATION ROA  
RECORDS SECTION  
**RELEASED**

By: \_\_\_\_\_  
Date: \_\_\_\_\_  
Time: MARCH 26, 2014  
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**Annex**

**LIST OF PARTICIPANTS FOR THE RE-ECHO TRAINING ON UNIVERSAL  
PREVENTION CURRICULUM FOR SUBSTANCE USE: CURRICULUM 7 -  
ENVIRONMENT-BASED PREVENTION INTERVENTIONS**

April 6 - 10, 2026

<b>Names</b>	<b>Designation</b>	<b>Office/SDOs</b>
1. Warlito E. Hua	Chief Education Supervisor	ESSD
2. Dr. Ritchelle S. Aresco	Medical Officer IV/ Medical Team Leader	ESSD
3. Dr. Sara Jane B. Santos	Dentist III/TWG/ Medical Team Member	ESSD
4. (to be identified by QAD CES)	EPS/QAME Associate	QAD
5. Reissa T. Silda	ND - II/TWG/Medical Team Member	ESSD
6. Stephen Mark T. Castres	Regional NDEP/TCP Co-Focal/UPC Focal/National Trainer on UPC	ESSD
7. Gabrielle Marie C. Alcoba	TA II - School Health	ESSD
8. Rhea Amor P. Lara	TA I - School Health	ESSD
9. Fritzie A. Aparra	NDEP Focal/National Trainer on UPC	Mati City
10. Dr. Rachelle Jean S. Lacurom	MO III	Davao City
11. Raymond O. Baquial	NDEP	Davao City
12. Jasmin S. Betinol	ARH Focal	Davao City
13. Milabel C. Tolentino	SMHP Focal	Davao City
14. Rhea U. Luib	RGC	Davao City
15. Grace C. Dacanay	Nurse - II	Davao Occidental
16. Jenevive A. Pongase	NDEP/TCP Focal	Davao Occidental
17. Priscillo Junior T. Acle	SMHP Focal	Davao Occidental
18. Arlene Joy C. Sandico	ARH Focal	Davao Occidental
19. Dr. Michelle V. Macasayon	MO III	Davao del Sur
20. Rhea S. Larcena	TCP Focal	Davao del Sur
21. Felmah Anina B. Elnar	ARH Focal	Davao del Sur
22. Janice D. Intapaya	NDEP Focal	Davao del Sur
23. Kamille Ayn M. Sa-ao	SMHP Focal	Davao del Sur
24. Chinnereth Joy Mejorada	SMHP Co-Focal	Davao del Sur
25. Dr. Micah A. Fuentes	MO III	Digos City
26. Kristin Marie Y. Bejarin	NDEP Focal	Digos City



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DAVAO REGION

27. Frances Millicent P. Durano	TCP Focal	Digos City
28. Dhelmie Christine S. Peñas	SMHP/ARH Focal	Digos City
29. Divina Orge	RGC	Digos City
30. Desiree Loren L. Barabat	ARH Focal/Reg'l UPC Trainer	Panabo City
31. Cris John M. Sumaya	NDEP/TCP Focal	Panabo City
32. Moolien Jane Estimada	NDEP/TCP Co-Focal	Panabo City
33. John Carlo L. Ceniza	SMHP Focal	Panabo City
34. Sharon Rose Cuizon	RGC	Panabo City
35. Dr. Dasbir C. Sohal	MO III	Tagum City
36. Krystle Mae G. Alegado	NDEP Focal	Tagum City
37. Sonnet Averia-Joves	TCP Focal	Tagum City
38. Candice M. Campomanes	SMHP Focal	Tagum City
39. Carmencita S. Pintac	Trained RGC in UPC Course 1	Tagum City
40. Miriam B. Lilio	ARH Focal	Tagum City
41. Dr. Mercedita C. Pag-ong	MO III	Davao del Norte
42. Alrene C. Calotes	NDEP Focal	Davao del Norte
43. Hazel Calotes	TCP Focal	Davao del Norte
44. Mary Kristine C. Sagot	SMHP Focal	Davao del Norte
45. Young Sil D. Capoy	RGC	Davao del Norte
46. Catherine P. Cantalejo	ARH Focal	Davao del Norte
47. Lynn M. Amit	ARH Focal	IGACOS
48. Ronica Mae E. Loreto	NDEP/TCP Focal	IGACOS
49. Eunice M. Antalan	NDEP/TCP Co-Focal	IGACOS
50. Lester I. Enumerables	SMHP Focal	IGACOS
51. Dr. Gringo John F. Pelaez	MO III	Davao de Oro
52. Magdalena B. Galimba	Nurse - II	Davao de Oro
53. Godfree L. Espero	SMHP Focal	Davao de Oro
54. Crystal Crest A. Dawal	ARH Focal	Davao de Oro
55. Gay Ann C. Claros	RGC	Davao de Oro
56. Endera L. Villapaz	UPC Alumni/TWG	Davao de Oro
57. Peter Jourdan G. Reyes	ARH Focal	Mati City
58. Kate G. Peña	SMHP Focal	Mati City
59. Tanya Amelia M. Castellones	TCP Focal/NDEP Co-Focal	Mati City
60. Dominique P. Awa-ao	RGC	Mati City
61. Niñolito N. Ocon	BTI Focal	Mati City
62. Luerlind D. Cuta	Nurse II	Davao Oriental
63. Jan Oneille Y. Valles	Nurse - II	Davao Oriental



Republic of the Philippines  
**Department of Education**  
DAVAO REGION

64. Edmar Jay S. Rara	SMHP Focal	Davao Oriental
65. Irish Mate M. Arboleda	ARH/NDEP/TCP Focal	Davao Oriental
66. Rynne Marriez T. Olea	Psychometrician	Davao Oriental
67. Jessie S. Sajol	EPS	Davao del Sur
68. Marivic C. Alcoba	Nurse II/NIC	Davao del Sur
69. Niña Joyle C. Amandoron	Nurse II/ NDEP Alternate Focal	Davao del sur
70. Robelyn D. Macasaet	Nurse II	Davao del sur
71. Norgaly S. Onutan	LRP Focal	Davao del sur
72. Ivy Gladys P. Tabanao	RGC	Davao Del Sur

**-NOTHING FOLLOWS-**