



Republic of the Philippines  
**Department of Education**  
DIGOS CITY DIVISION

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**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

SGOD-2026-281

To : School Health and Nutrition  
Public Schools District Supervisor  
Elementary School Heads  
Secondary and Senior High School Administrators  
School Canteen Coordinators  
All Others Concerned

Subject : **REITERATION OF THE SCHOOL POLICY AND GUIDELINES ON  
HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN  
DEPED OFFICES**

Date : June 16, 2026

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1. The School Canteen is an essential on-campus facility providing a healthy learning environment for our school learners, promoting and developing healthy eating habits among youth and DepEd employees by making available healthy, nutritious, and affordable menu choices, and setting food standards (DO No. 13, s. 2017).
2. The Policy and Guidelines aims to:
  - a. Make available healthier food and beverage choices among learners, DepEd personnel, and their stakeholders;
  - b. Introduce a system of categorized locally available foods and drinks in accordance with geographical, cultural, and religious considerations;
  - c. Enhance food security among learners and school communities;
  - d. Provide guidance in evaluating and categorizing locally available foods and drinks; and
  - e. Provide guidance in the selling and marketing of foods and beverages in schools and DepEd offices, including the purchasing of foods for the School-Based Feeding Program.

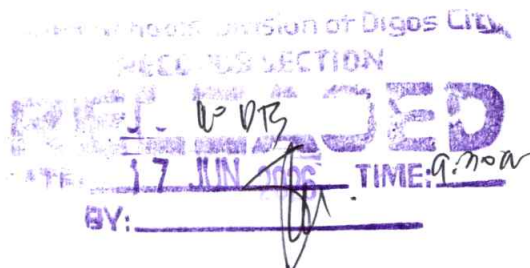


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3. Enclosed is the updated Composition of the Technical Working Group (TWG) of the School Canteen and the schedule of the activity titled: *Orientation on School Canteen Implementing Guidelines for the School Canteen Operator*, for ready reference.
4. Schools are reminded to obtain a sanitary permit from the City Health Office if they have a functional School Canteen. Canteen operators are advised to secure a health certificate from the City Health Office. If they do not have a health certificate, they are not allowed to sell food in the School Canteen, and they must follow DepEd Order No. 13, s. 2017, for the promotion of healthy, nutritious, and affordable menu choices. In case that there are foods in the canteen supplied on a consignment basis, there should be a written agreement between the concessionaires and the School Head.
5. The identified school venues are advised to prepare the venue, set up tables, chairs, and audio-visual equipment (microphone, projectors, and speakers) for easy and smooth facilitation of the activity.
6. For information and strict compliance.

*Melanie P. Estacio*  
**MELANIE P. ESTACIO, PhD, CESO VI**  
Schools Division Superintendent



SGOD/HNU/DJPS





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**SCHOOLS DIVISION OFFICE SCHOOL CANTEEN TECHNICAL WORKING GROUP  
(TWG)**

June 16, 2026

<b>Name</b>	<b>Designation</b>
Micah A. Fuentes,MD	Medical Officer III-HNU Head
Joel B. Gomito	School Canteen Focal-Mt.Apo District Nurse
Daissy Jane P. Sanoy	Division Nurse-School Canteen Focal Alternate
Dheltmie Christine S.Penas	South District Nurse
Gemro C. Eballe	Occidental District Nurse
Russel Kevin T.Maurin	Oriental District Nurse-School Canteen Focal Alternate
Frances Millicent R. Durano	Senior High School and Secondary District Nurse
Kristine Marie Y. Bejarin	Senior High School and Secondary District Nurse
Cherrie Anne B. Bohol	EPS-II- Financial Division Auditor for School Canteen Operations
Ma. Florinel Gallardo	Division Accountant III
Note: The district nurse/s and other Technical Working Group are directed to monitor the implementation of the School Canteen at the School level, provide technical assistance to the school level and conduct annual Orientation to all School Canteen Operators.	





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**SCHOOL CANTEEN ORIENTATION SCHEDULE**

JUNE 15, 2026

<b>DISTRICT</b>	<b>DATE/TIME</b>	<b>VENUE</b>
OCCIDENTAL DISTRICT	June 22, 2026 -2:00PM	PEDRO V.BASALAN E/S
ORIENTAL DISTRICT	June 23, 2024-2:00 PM	DMMES
DIGOS SOUTH DISTRICT	June 24, 2026 -2:00PM	REMEDIOS N. SAPLALA E/S
MT. APO DISTRICT	June 25, 2024-9:00AM	RIZAL CES
COR JESU COLLEGE	June 25,2026 -1:00-5:00 PM	EDTECH HALL
SECONDARY AND SENIOR HIGH SCHOOLS	June 29, 2026 -2:00PM	DICNHS TEMPUCO
SECONDARY AND SENIOR HIGH SCHOOLS	June 30, 2024- 2:00PM	MATTI NATIONAL HIGH SCHOOL



📍 RoxasStreet corner Lopez Jaena Street, Zone II, Digos City (8002)  
☎ (082) 553-8375; (082) 553-8396  
📘 DepEd Digos City  
🌐 [depeddigosity.org](http://depeddigosity.org)

- i. The GREEN category includes foods and drinks that should ALWAYS be available in the canteen. These foods and drinks are the best choices for a healthy school canteen as they contain a wide range of nutrients and are generally low in saturated and trans fat, sugar, and salt. This includes, but is not limited to the following foods and drinks:

**Table 4. List of Foods and Drinks under the GREEN category**

<b>Food</b>	<b>Examples</b>
Drinks	Milk (unsweetened) Safe and clean water (nothing added) Fresh Buko Water (unsweetened)
Energy-giving (Go)	Milled Rice Brown Rice or Iron-fortified Rice Corn Oatmeal Whole wheat bread Cassava (kamoteng kahoy) Boiled Sweet potato (kamote) Boiled Saging na saba Corn, Binatog Boiled peanuts Suman Puto
Body-building (Grow)	Fishes Shellfish Small shrimps Lean meats Chicken without skin Nuts Egg
Body-regulating	Fresh fruits, preferably those in season

- i. The YELLOW category includes foods and drinks that should be served carefully. These foods and drinks contain some nutrients but at the same time also contain large amounts of saturated or trans fats and/or sugar and/or salt. If eaten in large amounts, these foods and drinks may contribute to excess calories. These may be served once or twice a week only (Tuesdays and Thursdays), in smaller servings, and should be less prominent in the canteen menu. Every opportunity shall be taken to make these foods healthier by following the instructions enumerated under Section V.A.1.k.iii. This includes, but is not limited to the following foods and drinks:

**Table 5.** List of Foods and Drinks under the YELLOW category

<b>Food</b>	<b>Examples</b>
Drinks	100% Fresh fruit juices
Energy-giving (Go)	Fried rice Bread (using white refined flour) Biscuits Banana cue, Camote Cue, Turon, Maruya Pancakes Waffles Champorado Pancit Arroz caldo Sandwiches (cheese, egg, chicken filling, etc.) Butter, Margarine, Mayonnaise (use sparingly)
Body-building (Grow)	Processed foods such as meats/fish, hotdogs, sausage, burger patties, chicken nuggets, tocino, tapa, etc. (still subject to evaluation of saturated or trans fat and sodium as reflected in their Nutrition Facts)
Body-regulating (Glow)	Stir-fried Vegetables

**Table 6. List of Food and Drinks under the RED category**

<b>Food</b>	<b>Examples</b>
Drinks	<p>Soft drinks, alcoholic drinks, sports waters, sports drinks, flavoured mineral water, energy drinks, sweetened waters, powdered juice drinks</p> <p>Any product containing caffeine (for school canteens)</p> <p>Any processed fruit/vegetable juice with added sugar of more than 20 grams or 4 teaspoons per serving</p>
Energy-giving (Go)	<p>Any jelly, ice crushes, and slushies</p> <p>Any Ice cream/ Ice drops/ Ice candies</p> <p>Cakes and slices, donuts, sweet biscuits and pastries, and other sweet bakery products</p> <p>All types including chocolates, hard/chewy candies, chewing gums, marshmallows, lollipops, yema, etc.</p> <p>French fries, <i>bicho-bicho</i>, etc.</p> <p>Instant noodles</p> <p>All types of heavily salted snacks such as chips or <i>chichiria</i></p>
Body-building (Grow)	<p><i>Chicharon</i></p> <p>Chicken skin</p> <p>Bacon</p> <p>Deep-fried foods including fish balls, kikiams, etc.</p>
Body-regulating (Glow)	<p>Fruits canned in heavy syrup</p> <p>Sweetened fruits or vegetables or deep-fried</p>